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# Advanced Rehab



By Payton McCormick

"It's really a much bigger deal than people might realize that we have this," Business development specialist Carrie Hawkins said. "There are 2,000 iN2L units in the state but when you consider how many nursing facilities there actually are, we are really fortunate to be able to utilize this equipment."

Vernon's Advanced Rehabilitation and Healthcare has access to a piece of technology that allows its residents and their families to connect or revisit the past and relive old memories.

"It's Never 2 Late", founded in 1999, is a dedicated to making technology and the internet accessible and enjoyable for older adults, regardless of physical or cognitive limitations. The company that developed the technology is located in Centennial, Colo.

"We have one resident who we just set up an email for who is now going to be able to contact her son.," CNA and Mentor Ray Bermudez said.

"We are even working to set up a Skype account for her so they can see each other again."

Hawkins explained that the system has external access that allows family members to use the residents' credentials to edit their account such as uploading family photos, updating their profile story and filling out biographical information.

The residents who use iN2L have access to many exclusive programs that aren't available anymore such as old television programs from when they were young.

Tracy Durham, a resident at Advanced Rehab, particularly enjoys reading her daily devotional and playing games on the iN2L equipment.

"I learn a lot and I always feel well taken care of," Durham said. "Where

I'm at is the best place in the world."

Other residents, like Drucy Boatman, enjoy playing old T.V. game shows or even matching games.

iN2L offers a wide variety of access and benefits to residents. It allows them to connect with family and friends through simplified email and Skype software; bring words and photos together, share history, and helps staff and residents get to know each other through "My Story"; entertainment through history, travel, movies, classic television, art and music; Therapy and fitness by riding a stationary bike on scenic routes, flying a virtual airplane, solving puzzles, participating in "Sit and be Fit"; Mental stimulation with activities like trivia, quizzes, games and puzzles; and finally, spiritual support through sermons, hymns, and inspirational videos.

Front Porch, one of southern California's largest non-profit providers of senior living communities and skilled nursing centers has implemented iN2L systems across its facilities.

Front Porch outcomes using iN2L include: overall increase in energy level for residents of 30%; staff-resident relationship improvement of 27%; staff-resident family improvement of 43%; and improved most recent family visits of 57%.

"iN2L's person-centered engagement technology has been used in communities throughout the U.S. for a number of years, but this is some of the most thorough documentation we've seen regarding its benefits," Tom Bang, iN2I CEO said. "Through their study Front Porch Center for Innovation and Wellbeing has validated the positive impact of iN2L on residents and staff."