

Post Mastectomy Garments for Women

—About CherriCare and its Owner—
Cherri Lolley grew up in Africa where her parents were missionaries. She lived in Southeast Africa until she was 18 at which point she moved to the states “to go to school in America”. After college she worked as a nurse at Baptist Mount Claire in Birmingham, AL before moving to Owensboro to start a life. She was inspired to begin CherriCare after the birth of her daughter, Emily, who was born with multiple disabilities. As a nurse Cherri knew that her daughter needed more care and attention than what was being provided for her. Cherri quit her job to become a full-time care giver; this gave her the idea to start a company that provides care for people with disabilities and their families. Cherri resides at the same location she opened in the Thatch in October of 1997.

At CherriCare, we have a full service staff. Cherri Lolley is a certified mastectomy fitter, specializing in post mastectomy garments for women who have undergone breast surgery due to breast cancer. We also have 2 other trained fitters on staff. We work directly with three Hospice agencies providing their patients with home medical equipment needs. We have

Factors of Breast Cancer

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| <p>Major Risk Factors</p> <ul style="list-style-type: none"> • Family history • Starting menstrual period at a young age • Obesity • Radiation exposure • Race- Caucasian • Dense breasts • Inherited gene BRCA1 or BRCA 2 | <p>Other Risk factors</p> <ul style="list-style-type: none"> • Taking birth control pills • Smoking • Alcohol consumption |
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two in house billing specialists and delivery technicians who work around the clock to make sure all of our customers are taken care of.

CherriCare is recognized (recent best of Owensboro Recipient) as a local organization with a history of quality and the local professionals you have come to know and trust providing service that is second to none. CherriCare is always looking for new and innovative ways to meet the needs of our clients. At CherriCare we are pleased to offer the most advanced technologies, products and therapies available. As medical progress is being made, we bring it home to you.

CherriCare carries patient handling equipment, institutional and adaptive furniture and accessories, and more. If we don't have it in stock, we can custom and special order items you need to ensure a comfortable care at home.

We have recently made changes to what we bill to insurance and what insurances we provide to. With the recent drastic changes to health insurance plans, we have had to switch to a different model in order to continue providing the best services and products to our customers. We cash rent hospital beds, mobility items such as wheelchairs and transport chairs, and patient lifts. We will continue to bill post mastectomy items, non-invasive home ventilators, and electric breast pumps to most insurance. Call today to see what we have available for rent, purchase, and to bill.

At CherriCare, we know that every patient has, and deserves, the right to choose the company that provides their home medical equipment and supplies, and we hope you will consider our local professional staff for your healthcare equipment and service. We are locally owned and operated to better serve you, with convenient hours, and all of the products needed in your recovery. Contact us, or come in to the store, today to see our product lines and meet with a trained staff member to find out how we can best serve you!

Epidemiology and risk factors for breast cancer

✓In the US, breast cancer is the most common female cancer, the second most common cause of cancer death in women, and the main cause of death in women ages 40 to 59. About one-half of cases can be explained by known risk factors

Tips to Thrive

1. Quit smoking. Take this critical step to improve your health and combat aging. Smoking causes cancer, strokes and heart failure. It leads to erectile dysfunction in men and to excessive wrinkling by attacking skin elasticity. Many resources are available to help you quit.

2. Keep active. Do something you enjoy that maintains strength, balance and flexibility and promotes cardiovascular health. Physical activity helps you stay at a healthy weight, prevent or control illness, sleep better, reduce stress, avoid falls and look and feel better too.

3. Eat well. Combined with physical activity, eating nutritious foods in the right amounts can help keep you healthy. Many illnesses, such as heart disease, obesity, high blood pressure, type 2 diabetes, and osteoporosis, can be prevented or controlled with dietary changes and exercise. Calcium and vitamin D supplements can help women prevent osteoporosis.

4. Maintain a healthy weight. Extra weight increases your risk for heart disease, diabetes and high blood pressure. Use the BMI (body mass index) calculator to find out what you should weigh for your height.

5. Prevent falls. Prevent falls and injury by removing loose carpet or throw rugs. Keep paths clear of electrical cords and clutter, and use night-lights in hallways and bathrooms. Did you know that people who walk barefoot fall more frequently? Wear shoes with good support.

6. Stay up-to-date on immunizations and other health screenings. By age 50, women should begin mammography screening for breast cancer. Men can be checked for prostate cancer. Many preventive screenings are available. Those who are new to Medicare are entitled to a “Welcome to Medicare” visit and all Medicare members to an annual wellness visit.

7. Prevent skin cancer. As we age, our skin becomes thinner, drier and less elastic. Wrinkles appear, and cuts and bruises take longer to heal. Be sure to protect your skin from the sun.

8. Get regular dental, vision and hearing checkups. Your teeth and gums will last a lifetime if you care for them properly. That means daily brushing and flossing and getting regular dental checkups. By age 50, most people notice changes to their vision, including a gradual decline in the ability to see small print or focus on close objects. Common eye problems that can impair vision include cataracts and glaucoma.

9. Manage stress. Meditation or yoga is a good means of coping. Make time for friends and social contacts and fun. Successful coping can affect our health and how we feel. It will make a difference!

10. Fan the flame. When it comes to sexual intimacy, age is no reason to limit your sexual enjoyment. Learn about physical changes that come with aging and get suggestions to help you adjust to them.

CherriCare, Inc.

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