MVSU Alumni Chapter award two \$1K scholarships



The Holmes County Alumni Chapter of Mississippi Valley State University awarded two local students \$1,000 scholarships each to attend MVSU. The scholarship applicants were required to write and submit and essay. Pictured above (from left), Holmes County Alumni Chapter President Leroy Riley, Daylisha Washington, scholarship recipient, and Dr. Elizabeth D. Evans, interim vice-president for Academic Affairs at MVSU. (Photo submitted)



The homeless: hard to track and aid Problems such as tobacco use linger without cessation, education

Sharon Nettles MS Tobacco Free Coalition

Tobacco use is an alarming problem among the homeless. According to the Public Health Law Center, estimates of the homeless in the U.S. range from approximately 2.3 to 2.5 million people in any given year. At least 70 percent of homeless individuals smoke, which is four times that of the general population.



January 3 -Marcy Gibson, Lee Arthur Cox, John Adams, Gayle Bell, Ashley Self, Brandy Hester, Michael Smith, Kaylon Cotton, Derek Walker

January 4 - Bobby Williamson, Myrtis Powell, Lynne Ellison Smithhart, Lisa T. Bethany, Teresha Fields

January 5 - Karmen Smith, Patrick Bond, Stacie Allen, Lauren M. Ellison, Ronnie Ables, Alandria Ross, Skylar Payton

January 6 - Allen Wyche Standrod, Robert Davis, Edmond Clark, Coretha Smith, Peggy Ables, Helen Roy, Louis Scott

January 7 - Torrence Nickerson, Susan Chamblee, Jean Golden Branch, Randy Matthews

January 8 - Pearce Edwards, Charles Loflin, Ja'Kiya Ja'Liyah Watson, Jarmeze Huntley, Christi Thornton Ramage, Tracy Hathcock, Hunter Burns

January 9 - Doyle Gilmore, Jr., Jeremy Hobson, Cody Holland



The disadvantages faced by this group of people are having an address or phone problems. number, lack of transportaport and treatment.

group and give them the increase the risk of heart discessation service and educa- ease and other detrimental tion that they need because health issues." they are so hard to track and keep up with," said Sharon information on the health Nettles, Director of the Mis- dangers of tobacco prodsissippi Tobacco-Free Co- ucts, visit www.quitlinems. alition of Madison, Yazoo, com, or call the Missisand Holmes Counties. "In sippi Tobacco Quitline at the meantime, they're going 1-800-QUIT-NOW. without proper care and are continuing to use tobacco at a disturbing rate."

The Public Health Law Center also reported that approximately 20 to 30 percent of homeless adults have a serious mental illness along with a 68 to 80 percent prevalence of cigarette smoking. Due to lack of resources, this highly populated group uses tobacco in unconventional ways that raise the likelihood of ingesting infectious agents and toxins. An example of this would be sniping. Sniping is when someone unravels several discarded cigarettes, removes the remaining tobacco and uses it

to reroll a new, fuller cigarette.

"Such habits put them at a higher risk of getting gum disease, such as gingivitis and periodontitis," said Amy Winter, Director of the Office of Tobacco Control at the Mississippi State Department of Health (MSDH). "If these conditions go unhard to diagnose and remedy treated, it can lead to pain, due to many obstacles: not tooth loss and other health

Over age 65, only 20 pertion, and the list goes on. For cent of nonsmokers are these reasons, many of them toothless, but more than 41 go without healthcare, sup- percent of daily smokers are toothless. Tooth loss is "It's so hard to reach this a serious condition that can

For help with quitting, and

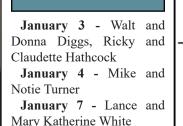


Holmes County NAACP ELECTION OF OFFICERS

The Holmes County Branch of the NAACP will be holding Elections for branch officers on January 12, 2019 at 11:00 at the Milton Olive Building, Highway 17 in Lexington. Any persons interested in holding an office of participating in the Elections are encouraged to come. For more information contact 662-834-6133.



Pictured above (at left), Holmes County Alumni Chapter President Leroy Riley presents scholarship recipient Eflora Williams her award. (Photo submitted)



To add your birthdays and anniversaries to our list, please send your information by mail to P.O. Box 60, Lexington, MS 39095; fax 662-834-1074; email hcherald@gmail.com; or stop by our office at 308 Court Square in Lexington. No phone calls, please.

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