

My Hair Was Turning Gray

"I wish to testify to the merits of Ayer's Hair Vigor. My hair was falling out and turning gray very fast. But your Hair Vigor stopped the falling of the hair and restored it to its natural color."—Mrs. E. Z. Benomme, Cohoes, N.Y., April 21, 1899.

You Look Old

It's impossible for you not to, with the color of seventy years in your hair! Perhaps you are seventy, and you like your gray hair. And perhaps not!

Dark hair for youth and vigor; gray hair for old age and decline. If you will use Ayer's Hair Vigor, in less than a month there won't be a gray hair in your head.

It keeps the scalp free from dandruff, stops falling of the hair, and makes it grow thick and long.

\$1.00 a bottle. All druggists.

Write the Doctor

If you do not obtain all the benefits you desire from the use of the Vigor, write the Doctor about it. He will tell you just the right thing to do, and will send you his book on the Hair and Scalp if you request it. Address: Dr. J. C. Ayer, Lowell, Mass.

TRAVELERS TROUBLE

THE BUSY RODENT NOT LEAST OF THEM.

A Tourist's Queer Experience in an Alabama Tavern—An Obliging Landlord Offered the Services of a Ferret in Cleaning Them Out.

"Recently I had an experience with rats that I will not soon forget," said D. B. Purks of Fredericksburg, Va. "It happened in this way. I was traveling through Alabama, and landed in a small town, worn out after a day's overland travel in a broken down buggy, and sought the only tavern the town boasted. After I had been in bed about fifteen minutes I was startled to hear strange and curious noises—the most unnatural in sound I had ever heard. I immediately proceeded to investigate the cause of this midnight disturbance and lit the candle, the only illuminant procurable, and to my surprise beheld ten of the largest rats in my opinion ever seen. They ranged in size from an average squirrel to an ordinary dog. Not the least fear was manifested by these rats. They deliberately surveyed me and continued the work of eating my shoes. One large fellow, evidently master of ceremonies, was bold enough to attempt to bite me. This affront was more than I could stand. Jumping back into bed, I screamed for the landlord, who, after being awakened from a drunken sleep, slowly shuffled up to this chamber of horrors, dignified as a room, and contemptuously inquired the cause of the racket. After stating the nature of the trouble, he 'allowed' he would settle it in short order. In about ten minutes rats poured into the room in droves to the number of about one hundred and fifty, all sizes and conditions, large and small, lean and fat, all squeaking and apparently frightened. I thought something unusual must have transpired, when my suspicions were confirmed by the arrival of several ferrets whose eyes sparkled with glee at the slaughter they proceeded to institute. As soon as I collected myself after the execution I hastened out of the room, and made myself as comfortable as possible in a chair, waiting for day to break, that I should shake the town. Although I made my escape in carpet slippers, it was one of the happiest incidents of my life. The landlord evidently thought nothing of the occurrence. He said it happened very often, and he always kept a supply of ferrets to clean the rats out when they became unmanageable and too annoying to his guests."—Washington Post.

GREAT PEAT BOGS OF CANADA

Fuel Supply of the Dominion Is Practically Inexhaustible.

The best authorities say there are 100,000 acres of undeveloped peat bog in Ontario, principally in the counties of Perth, Welland and Essex. The largest area lies in the county of Perth, eight miles north of the city of Stratford, on the Grand Trunk railway. Here is a swamp of 40,000 acres, with a depth of peat bog that varies from a foot to twenty feet. About a year ago the Canadian Peat Fuel company was organized and early in the summer active operations to put the fuel on the market began. The process of manufacture is as follows: The peat is cut and air-dried, after which it is pulverized by being passed through a picker, and automatically deposited in a hopper which feeds a steel tube about two inches in diameter and fifteen inches long. The pulverized peat is forced through this tube by pressure and formed into cylindrical blocks three inches in length and almost equal in density to anthracite coal. The fuel is nonflammable and weather-proof by reason of its solidity and the extreme glaze imparted to it by frictional contact with forming dies. The inherent moisture of the peat is reduced to 12 per cent of the mass. In weight it compares with coal as follows: Eighty-three pounds per cubic foot of peat equal seventy-three pounds of bituminous or ninety-three pounds of anthracite coal. It is claimed for peat that it is superior to coal in its absolute freedom from sulphur and the absence of smoke, soot, dust and clinkers during consumption. In a great measure this solves the problem of furnishing a cheap, clean, uniform and reliable fuel for all domestic purposes, as it is equally serviceable for grates, stoves, cooking ranges and furnaces, giving a long, bright flame and intense heat almost from the moment of ignition. It has been tested in locomotives with excellent results, showing that the thermal value of 100 pounds of peat is equal to 95.15 pounds of coal. It was also tried at the power-house of the Metropolitan street railway, Toronto, and gave great satisfaction. The heat produced was much greater than that of coal, but it was 3 per cent deficient in lasting power. It requires but little draught and burns in a shallow fire-box. The machinery used in manufacturing peat fuel is not expensive and requires but little attention when in operation. The company claims that when these works are fairly started it can produce compressed peat fuel for 60 cents a ton.—Buffalo Express.

HOW TO DRINK WATER.

To Get the Best Effects, It Must Be Slowly Sipped.

Professor Salkham says there are few people who thoroughly realize the value of water as a beverage, or who know how to obtain the greatest advantage from it. The effects produced by the drinking of water vary with the manner in which it is drunk. If, for instance, a pint of cold water be swallowed as a large draught, or if it be taken in two portions with a short interval between, certain definite results follow—effects which differ from those which would have followed if the same quantity were taken by sipping. Sipping is a powerful stimulant to the circulation, a thing which ordinary drinking is not. During the action of sipping, the action of the nerve which slows the beats of the heart is abolished, and, as a consequence, the organ contracts much more rapidly, the pulse beats more quickly, and the circulation in various parts of the body is increased. In addition to this, we find that the pressure under which the bile is secreted is raised by the sipping of fluid. And here is a point which might well be noted by our readers: A glass of cold water slowly sipped will produce a greater acceleration of the pulse for a time than will a glass of wine or spirits taken at a draught. In this connection it may not be out of place to mention that sipping cold water will often allay the craving for alcohol in those who have been in the habit of taking too much of it, and may be endeavoring to reform, the effect being probably due to the stimulant action of the sipping.—Hamilton Times.

PROFIT FROM A MISTAKE.

Wrong Grade of Iron Sent to Japan Comes Back and Makes Money Here

A curious illustration of the economy with which modern commerce and transportation is conducted, is given in a report of the "Foreign Markets" section of the department of agriculture. It is there stated that the farmers of Denmark find it profitable to buy American bacon and butter for their own consumption and send that which they produce themselves to the English markets, where, by reason of its long established reputation, it commands a higher price than the American product. Another example of similar sort, which also shows the phenomenal advance in iron prices which took place last year, was the experience of a prominent export house in New York city. In 1898 this firm shipped a lot of pig iron to Japan. The grade sent was found to be unsuited to the Japanese market, however. The demand there is said to be for a soft iron which can be readily broken up into small pieces for use in the primitive forges, and the American pigs proved difficult to fracture in the customary way. Most of the shipment was therefore returned to the New York export house. By the time it reached here, however, the price of iron had risen so much that, after paying the freight on the consignment half way round the world and back again, the exporters still made a profit on the transaction.—Engineering.

In an Apartment House.

Visitor—What's that racket? Innate—That's some fellow getting a tooth out down stairs in the dentist's office.

Visitor—Sounds more as if it came from above.

Innate—So it does. I guess it is Youngpopp's new baby getting a tooth in.—Philadelphia Press.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE \$3.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 291 Arch St., Philadelphia, Pa.

Wise. Hungry Higgins—Me friend, I have seen better days.

Wickwire—No, you don't! You want me to say "So have I; we had better weather last June," and then you will laugh heartily and I will give you a quarter. Run along, now.—Indianapolis Press.

I shall recommend Piso's Cure for Consumption far and wide.—Mrs. Mulligan, Plumstead, Kent, England, Nov. 5, 1895.

To know how to grow old is the masterpiece of wisdom and one of the most difficult chapters in the great art of living.—Amiel.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

The happening of the unexpected never worries people who are not prepared for anything in particular.

The individual who frequently goes on a tear is seldom able to pay the rent.

THE GRIP CURE THAT DOES CURE. Laxative Bromo Quinine Tablets remove the cause that produces La Grippe. E. W. Grove's signature is on each box. 25c.

If marriage is sometimes a failure it is probably because so many people marry without experience.

Obedience is the mother of success, and is wedded to safety.—Aeschylus.

A Book of Choice Recipes. Sent free by Walter Baker & Co. Ltd., Dorchester, Mass. Mention this paper.

Time is valuable or pickpockets would not bother to steal watches.

The best play is not above the head of the gallery gods.

Luxuriant hair with its youthful color assured by using PARKER'S HAIR BALSAM. HENDERSONS, the best cure for corns. 12c.

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If you have painful periods, backaches or any of the more serious ills of women, write to Mrs. Pinkham; she has helped multitudes. Your letter will be sacredly confidential.

Lydia E. Pinkham's Vegetable Compound is known wherever the English language is spoken.

Nothing else can possibly be so sure to help suffering women. No other medicine has helped so many.

Remember this when something else is suggested.

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To Western Canada and particulars as to how to secure 100 acres of the best wheat-growing land on the continent can be secured on application to Super. J. W. McMillan, Ottawa, Canada, or the undersigned. Specially conducted excursions will leave St. Paul, Minn., on the first and third Tuesday in each month, and specially low rates on all lines of railway are quoted for excursions leaving St. Paul on March 28 and April 4 for Manitoba, Assiniboia, Saskatchewan and Alberta. Ben Davies, 184 1/2 E. Third St., St. Paul, Minn.

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As surely as the American Navy has conquered and will conquer all that opposes it, so will "5 DROPS" unfailingly conquer all diseases like Rheumatism, Sciatica, Neuralgia, Lumbago, Catarrh of all kinds, ASTHMA, Dyspepsia, Backache, Sleeplessness, Nervousness, Heart Weakness, Toothache, Earache, Creeping Numbness, Bronchitis, Liver and Kidney Troubles, etc., etc., or any disease for which we recommend it. "5 DROPS" is the name and the dose. "5 DROPS" is perfectly harmless. It does not contain Salicylate of Soda nor Opiates in any form. The Child can use it as well as the Adult.

Read carefully what Mr. J. R. Smith, of El Dorado Springs, Mo., writes us under date of Nov. 27, 1899, also Martan Bowers, of Carthagart, Ohio, NEURALGIA under date of Dec. 16th, 1899.

RHEUMATISM

Your "5 DROPS" came to hand on the 11th of last month and agonies. The first dose helped me out of my pain on short notice. Bless the name of God for it. It will do all you say it will and more too. I had severe pains all over my body, when night came I could not sleep. The worst pain was in my left leg. I could not put my foot to the floor without suffering great pain. I have used four different kinds of medicine for RHEUMATISM and got no relief until I got your "5 DROPS," which gave me immediate relief as above stated. MARTAN BOWERS, Box 88, Carthagart, Ohio, Dec. 16, 1899.

Write to enable sufferers to give "5 DROPS" at least a trial, we will send a sample bottle, prepaid by mail for 25c. A sample bottle will convince you. Also, large bottles (300 doses) \$1.00, 5 bottles for \$5. Sold by and agents. AGENTS WANTED in New Territory. Don't wait! Write now! SWANSON'S RHEUMATIC CURE CO., 100 to 104 Lake St., CHICAGO, ILL.

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