

# Whole Body Cryotherapy

#### **REMOVE**

The blood vessels in the skin surface and muscle tissue constrict, forcing blood away from the peripheral tissues

- · 3 minutes at -240F
- · Removes toxins
- Enhances inflammatory response
- · Helps the body's natural filtration system

#### **REPLENISH**

Filtered blood flows back to the veins and muscles.

- Oxygenates blood
- · Enriches skin and muscles
- Increases range of motion as muscles warm

### **RECOVER**

Restoration or return to a former and better state of condition

- · Reduces pain
- · Reduces inflammation
- · Increases energy levels
- Improves and shortens recovery times



Come experience for yourself how cryotherapy is revolutionizing the way we live and stay healthy in less than 3 minutes.

Discover our session packages that are right for you to achieve unprecedented results and performance you never thought possible.

**Located Inside** 

## McMahan Pharmacy

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