



**YOUR BODY IS YOUR HOME.**

You live in it 24 hours a day, 7 days a week.

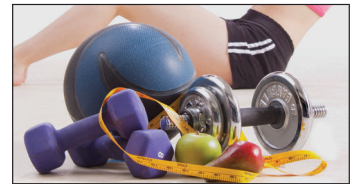
Are you living in your dream home?

If not, why not? Let us help you get started!

**NO LONG-TERM CONTRACTS!  
NO OUTRAGEOUS PRICING!  
NO RESTRICTIVE HOURS!**

**OPEN 24 HOURS  
A DAY EVERYDAY**

- Tanning
- 30 minute circuit training workouts
- Free weights
- Treadmills, Bikes, Steppers, & Ellipticals
- Locally Owned and Operated
- Fun, Friendly, & Supportive Atmosphere
- Safe and Secure Access
- Month to Month Memberships (no contracts required)



**Hair & Nail Salon**  
in Goldthwaite Location

**Membership Comes with Access to BOTH of Our Locations!**

**GOLDTHWAITE**  
1312 Fisher St.  
325-648-2319

**SAN SABA**  
302 Commerce St.  
325-451-4626

**HOMETOWN HEALTHCARE: Excellent Service, Exceptional Care**

- ★ 42-bed medical/surgical hospital
- ★ 24-hour emergency department
- ★ rural health clinics in Hamilton, Hico, and Goldthwaite
- ★ ambulance stations in Hamilton, Hico, and Goldthwaite
- ★ behavioral health clinic
- ★ wellness center



**HAMILTON  
HEALTHCARE  
SYSTEM**

400 North Brown Street ♦ Hamilton, Texas 76531 ♦ (254) 386-1600 ♦ www.hamiltonhospital.org

- Boasting some of Texas' brightest family practitioners and specialty services.*
- General Surgery
  - Cardiology
  - Dermatology
  - Orthopedics
  - Ophthalmology
  - Otolaryngology
  - OB/GYN
  - Psychiatry
  - Podiatry
  - Sleep Medicine
  - Urology

**SLEEP LAB**  
**Better Sleep.  
Better Health.  
Better Life.**

**Diabetes  
Self-Management  
Education Program**

AADE accredited program focusing on disease management and education led by certified diabetic educators.

**254-386-1651**

*A healthy plan for a healthier you!*

**Digital  
Mammography**

at HAMILTON GENERAL HOSPITAL

Call your physician to make an appointment today.

**254-386-1700**

or

**325-648-2850**

*Leading our families, friends and neighbors to a healthier tomorrow, by providing quality care today.*