Proudly Supporting All Area Teams! GO Eagles & GO Bulldogs

REMOVE

The blood vessels in the skin surface and muscle tissue constrict, forcing blood away from the peripheral tissues

- · 3 minutes at -240F
- Removes toxins
- Enhances inflammatory response
- Helps the body's natural filtration system

REPLENISH

Filtered blood flows back to the veins and muscles.

- Oxygenates blood
- Enriches skin and muscles
- Increases range of motion as muscles warm

RECOVER

- Restoration or return to a former and better state of condition
- Reduces pain
- Reduces inflammation
- Increases energy levels
- Improves and shortens recovery times





Whole Body Cryotherapy

Come experience for yourself how cryotherapy is revolutionizing the way we live and stay healthy in less than 3 minutes.

Discover our session packages that are right for you to achieve unprecedented results and performance you never thought possible.

Located Inside McMahan Pharmacy

1503 W. Front Street in Goldthwaite

325.648.3464