



**HOSPICE RETIREE** -- Frances Garrard, former Social Worker/Transitions/Grief In Schools Coordinator retires from Hospice.



**RETIREES FROM HOSPICE** -- Tonya Roland, Executive Director of Hospice and Home Care of Alexander County, left, presents a plaque of appreciation to recent retiree, Becky Deal, RN.

## Mt. Bethel UMC plans CROP Hunger Walk, fundraiser, more

Mt. Bethel United Methodist Church is planning a fundraiser, CROP Hunger Walk, and other events in coming days, as listed below:

- Saturday, Aug. 26 -- "Remi-Strong" Silent Auction & Movie Fundraiser at 5:30PM. This is for Mt Bethel's custodian (Natasha Ross') infant daughter (Remi) who was born with CDH. There will be a silent auction, face painting, a petty zoo, a bouncy house and an outdoor movie with pizza, popcorn and snow cones with all proceeds going to help pay medical bills for baby Remi.
- Wednesday, Aug. 30 -- CROP Hunger Walk Kick-Off and Team Captain Orientation Meeting at 6:00PM. Mt. Bethel will be sponsoring their 6th CROP Hunger Walk this year on October 22 at 2:30PM (registration at 2PM). Any organization or person wanting to sponsor a team

for the walk should have 1-2 people in attendance at this meeting. Registration and sponsorship forms will be given out. The church office can be contacted at 828-495-8941 with any questions.

- Wednesday, Sept. 13 -- Adult Bible Study, 6:30PM. This will be the first night of the Fall Bible Study and will be taught by Pastor Dale Bost.
- Monday, Sept. 18 -- American Red Cross Bloodmobile, 3:00-7:30PM sponsored by the UMM. Appointments can be pre-scheduled at redcross-blood.org. "Give A Pint - Save A Life!"

Mt. Bethel members invite everyone to join in. Worship schedules and upcoming events for all ages can be found on their website at [www.mtbethelumc.org](http://www.mtbethelumc.org). Mt. Bethel is located on Hwy. 127, 1/2 mile north of Lowe's Foods grocery in Bethlehem.

## Two Alex Hospice employees retire

Frances Garrard, who served as a Social Worker, Transitions Coordinator and Grief Counselor for Hospice and Home Care of Alexander County, recently retired after 15 years of service. When asked about her future plans, Frances replied that she was excited to spend more time with her three children and three grandchildren at their family's cabin. "I am just enjoying being able to say yes to activities that I couldn't say yes to when I was working. I'm honored to be able to help some friends who have health issues as well. It is kind of nice to be able to just take things as they come up." "While Frances will be missed by her friends at Hospice, our agency wishes her all the best in the future," stated Kim Corriher, Public Relations/Marketing Coordinator for Hospice & Home Care of Alexander County.

Becky Deal of the Sugar Loaf Community recently completed twenty years of service with Hospice and Home Care of Alexander County, where she worked both for the home care and hospice divisions. She also worked for hospice as an on-call nurse years ago along with her full-time position for Alexander County's hospital. "When I first started here, Ruth Taylor was the Administrator and Gary Jennings was the Social Worker." Becky's future plans include a September visit to a friend who moved to Pennsylvania. "It is also nice to do whatever I want to do, whenever I want to do it," she reported. "I am also focusing on my own health for a while. I enjoy water aerobics and activities at my church, Concord

Baptist Church." Becky found the people that she worked with to be the most memorable aspect of her tenure at hospice. She offers her wisdom to her fellow Alexandrians, "My advice for the families is: Don't let the doctor put you off so long when you have caring people here at hospice that can help. You and your family won't get the most benefit from our services if you wait until the last week of life to use hospice. Don't let the doctor steer you to a neighboring county's hospice when you can stay at home and be served by your friends and neighbors here at Hospice and Home Care of Alexander County. Also, be careful what you promise your family members. You might promise mama that you'd never let her go to a nursing facility but sometimes it is necessary and it is in their best interests. And for future patients, don't make your family feel bad if they have to put you in a nursing home because End-of-Life Care is very stressful for everyone involved."

Serving residents of Alexander and surrounding counties in North Carolina since 1985, Hospice & Home Care of Alexander County, Inc. specializes in easing the physical, emotional and spiritual discomforts that each patient and their family face as the end of life nears. Hospice & Home Care of Alexander County, Inc. is committed to helping both patients and their families live life to its fullest with optimal comfort and support. For more information, contact the office at 828-632-5026 or visit [www.hospiceand-homecarealexander.org](http://www.hospiceand-homecarealexander.org).

## Downtown Hickory Art Crawl issues Call for Artists

The Hickory Downtown Development Association is looking for artists to participate in the September 21 Art Crawl.

Artists will be able to display their works and demonstrations are encouraged. There is no charge to the artist for participation and no commissions are charged on items sold, but artists are required to personally pay all applicable NC taxes.

Artists selected to show will be placed in Downtown Businesses that are participating in the Art Crawl or on and around Downtown. Artists will need to bring all necessary display items, tables, easels and chairs. Failure by the participating artist to appear at the event will be considered during the application process for other downtown events.

The Art Crawl begins with a Kick-Off Party at

### Hickory High Class of '67 plans reunion

Hickory High School Class of 1967 will be celebrating their 50th year with a reunion at the Hickory Metro Convention Center on Saturday evening, September 23, beginning at 6 p.m. Pre-reunion events are also being held on Friday evening, September 22 and Saturday afternoon, September 23.

There are still some members of the class the committee has been unable to locate. Any class member who did not receive the letter that was mailed out in July, please contact Pam Drum Adams, committee chairperson, at 828-328-3192 or Sherry Roseman Craig at 828-256-7674 to receive one. All details will be sent to you. Please plan to join class members for a fun-filled evening of renewing old friendships

5:00 pm. The actual Crawl begins at 5:30 pm and ends at 8:00 pm. Artists must be set up by 4:30 pm and may not remove displays before 8:00 pm.

For an application, please contact Barbara at [blsclair1@bellsouth.net](mailto:blsclair1@bellsouth.net) or Connie at [info@downtownhickory.com](mailto:info@downtownhickory.com) or call 828-322-1121. Please follow the application process closely as incomplete applications will not be considered.

Applications are due by August 15 for the September 21, 2017, Art Crawl.

Hickory Downtown Development Association, Boyd & Hassell Industrial Commercial Real Estate, and the United Arts Council of Catawba County sponsor the bi-annual Downtown Hickory Art Crawls.

For more information on the HDDA, membership, businesses, other events and downtown Hickory, please call 828-322-1121 or email [info@downtownhickory.com](mailto:info@downtownhickory.com). Please visit the website, [www.downtownhickory.com](http://www.downtownhickory.com).

### Beth. Baptist Child Care has openings

Bethlehem Baptist Church Child Care currently has openings in the two, three, four, and Pre-K classes. Anyone interested in classes or to gain more information, call 828-303-0388. Please call between 12 noon and 6 pm any weekday.

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