## Hancock County Senior Services

Hancock County Senior Services has a lot of activities and services to offer older adults 60+ in the county.

Some of the main things that are offered are home delivered meals to those that meet the medical requirements to qualify we also have congregate meals that are served at two of our senior centers.

These meals are open to any older adult in the county 60+. There is a **suggested** donation of \$1.50 per meal and they are served at the Hancock County Senior Center Monday-Friday @ 11:30 and at the Lewiport Senior Center on Tuesday and Thursday @11:30.

There are always activities going on at each center. In Hawesville you can always find some playing Pinochle, working jigsaw puzzles, playing the card game Hand and Foot, taking advantage of the exercise room equipped with several treadmills and stationary bikes, may even find a pool game or two going on.

Hawesville also offers a computer room

that has five computers and internet capability.

At the Lewsiport Senior Center they too always have a jigsaw puzzle being worked and after lunch there may be games of Rummikub or Phase 10 being played.

At both locations you can also find people sitting around relaxing and socializing. Hancock County also has two other senior center that offer potluck meals, recreation and socialization. Dukes seniors meet the 2<sup>nd</sup> Wednesday of each month and South Hancock Seniors meet the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month.

Some of the planned activities/services that are offered at all of the senior centers are Bingo, seasonal parties, educational speakers and information on topics important to older adults, counseling services for Medicare Part D, exercise programs such as Matter of Balance, Walk w/Ease and Bingocize, outings are planned monthly, visits to other senior centers in the Gradd area are made, Hancock Senior Services

attends/participate in activities through the region such as: Senior Games in the Park, Senior Day Out at Mall, and Senior Celebration

A Health Fair is held annually in May to observe Older Americans month.

One of the new exciting things that Hancock County Seniors Services can now offer is transportation for seniors to medical appointments, the senior centers, the pharmacy, grocery and personal errands in that order of importance.

We will also travel to medical appointments outside of the county within a 50 mile radius. Transportation services will be available Monday thru Friday, from 8:00 am to 4:00 pm.

We ask, when possible, appointments be scheduled no later than 1:00 pm to allow ample time for the appointment and return home.

Clients will be allowed one adult escort to ride to doctor's appointments with them, if no escort goes with client then Hancock County Senior Services will provide door to door service, if needed.

Client's driveway needs to allow for safe access & adequate turn around area for the van. If these conditions are not met, other arrangements will need to be discussed with the van driver prior to arrival.

Clients that are shopping must limit their



purchases to two bags, if needed driver will assist client to the doors but will not take items into the home.

The donation for in-county transportation ticket is \$1.50 which includes two stops. The donation for out-of-county transportation ticket is \$20.00 which includes two stops. Clients are to call 270-927-8313 to make transportation arrangements. Please call at least 24 hours in advance for local transportation and 48 hours in advance for out of county transportation. This service was made possible by Owensboro Health and Hancock County Fiscal Court.

Hancock County Senior Services has a lot of different things to offer the older adults in our community from advocating for senior rights, to providing hot nutritious meals to home bound seniors and at two senior centers.

Hancock County Senior Services is available for older adults, who want to stay active, informed and involved with other people who are in the same stage of life.

and we'll give you a

card of batteries.

Must present this ad;

## HANCOCK COUNTY SENIOR SERVICES



Lona Kratzer, Director 270-927-8313

## Office Hours:

Monday-Friday 8:00a.m. 4:00 p.m.



## Making A Difference

Hancock County Senior Services provides many services and assistance for adults 60+

Services include:

- Nutrition Education
- Nutritious Meals for home delivered and congregates
- Recreation
- Health Promotion
- Outreach
- Counseling
- Transportation
- Friendly Visiting
- Telephone Reassurance

Congregate Meals are served at the following locations: Hawesville:

Monday-Friday11:30 a.m.

**Lewisport:** Tuesday-Thursday 11:30 a.m. **Dukes:** 

Monthly Potluck - 3rd Wednesday of each month 11:30a.m.

South Hancock:

Bi-monthly Potluck -1st & 3rd Wednesday of each month 11:30a.m.

