## 6 facts about watermelons

Watermelons provide cooling, juicy refreshment during the warm days of summer. But while they're most associated with summer, watermelons can typically be found in grocery stores year-round. Watermelons are members of the cucurbitaceae family, which includes other gourds, such as pumpkin, squash and cucumber. Watermelons can be considered a fruit or a vegetable. In some areas of the world, watermelons are considered a fruit used primarily in snacks and desserts. In Russia, watermelon rind is pickled, while some Asian countries stir-fry or stew watermelons. To quench one's curiosity about watermelons, the following are six facts about this beloved food, courtesy of The Watermelon Board.

1. Washing watermelons before cutting into them will help prevent the transfer of any dirt or bacteria into the fleshy center.

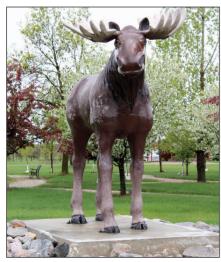
2. An average 15- to 20-pound watermelon offers 90 6-ounce servings.

3. Watermelons grow in warm climates and are harvested from Florida to Guatemala. Residents of the United States who want to enjoy domestically grown watermelons should look for them in June, July and August.

4. Seedless watermelons contain small, white "seeds." These are actually seed coats that didn't fully form. Crossing watermelons that are a diploid plant (having two sets of chromosomes) with a tetraploid plant (having four sets of chromosomes) will form a fruit with a triploid seed three sets of chromosomes). It's the triploid that produces seedless watermelons.

5. Whole watermelons do not necessarily need to be refrigerated. But once cut, any remaining pieces should be refrigerated.

6. Watermelons are 92 percent water, and they're the perfect carrying case for beverages. Early explorers even used watermelons as canteens.



Karlstad Moosefest Aug. 10 - 13

# 128th Annual Free Gate KITTSON COUNTY Wednesday, July 5 - Sunday, July 9, 2017

#### Wednesday, July 5

10 a.m. - 7 p.m. ..... Open Class Registration and Sheep Display Entry
6:30 p.m. Open Class Games Horse Show

**6:30 p.m. ....Open Class Games Horse Show**Adult and Classic Divisions ONLY

#### Thursday, July 6

9:00 a.mOpen Class Exhibit Judging
11:00 a.m4-H Food Stand Opens
12:15 - 4:00 p.m
4:00 p.m
4:30 p.m4-H Rocket Launch
5:00 p.mMuck-n-Fun Registration
Under the Grandstand
5:00 p.m Arena Food Stand Opens
<b>5:30 p.m.</b> 4- <b>H</b> Pet Show • Free Stage
6:30 p.m Llama Show • Free Stage
7:00 p.m3K Muck-n-Fun Obstacle Race
NEW - Little Muckers - Kid's Race
Grandstand Infield

### Friday, July 7

8:30 a.m. ......4-H Beef & Dairy Judging

Followed by Open Class
9:30 a.m 4-H Rabbit, Poultry & Exotic Animals
Judging, Followed by Open Class
10:00 a.m 12:30 p.m
CANDY Donald Dagen Hall
10:30 a.m 4-H Goat, Sheep & Swine Judging,
Followed by Open Class
1:00 p.m
1:00 p.m
1:00 - 4:00 p.mScavenger Hunt for Kids
Sponsored by MN Farm Bureau ~ Donald Dagen Hall
2:00 p.mCow Pie Bingo • Cattle Barn
3:00 pm
<b>3:00 p.m.</b> Open Class Horse Show ~ Games
5:00 p.m
<b>7:00 - 10:00 p.m.</b>
7:00 p.m Baja Racing in The Grandstand
9:00 p.m 1:00 a.m
Sponsored by Hallock Co-op Elevator

#### Saturday, July 8

8:00 a.m4-H & Open Class Horse Show
11:00 a.m
12:00 p.mRegistration for Kids Pedal Pull
North End of Grandstand
1:00 p.mKids Pedal Pull in the Grandstand
$1\hbox{:}00~p.m.$ $\ldots$ Homemade Wine and Beer Contest
Donald Dagen Hall
1:00 p.m
2:00 - 10 p.mBingo in the Bingo Hall
2:30 pm Kid's Ag Day South of Centennial Building
3:00 p.m
3:30 p.m Drill Teams Exhibition $\sim$ Arena
4:00 p.mLumberjack Show &
Hot Dog Eating Contest
5:00 p.mFire Dept. Training Demo • Free Stage
7:00 p.mRetro Saturday Night
featuring Elvis and other Local Talent
in The Grandstand
9:00 p.m 1:00 a.mDANCE "Boomtown"

#### Sunday, July 9

8:00 a.mMiniature Horse & English Show
10:00 a.m Non-Denominational Church Service
12:30 p.m4-H Livestock Ribbon Auction
Cattle Barn
1:00 p.m Chuck Gust & Sharon Myron • Free Stage
1:00 p.m
1:30 p.m
2:00 - 10 p.mBingo in the Bingo Hall
3:00 p.m Spear W Designs • Free Stage
5:00 p.m Chuck Gust & Sharon Myron • Free Stage
6:00 p.m

#### Every Day at the Fair enjoy...

XTREMEBALL • Silly Miss Tilly • Sheep Display Apron Display in the Centennial Building

CRESCENT CITY AMUSEMENT/AMUSEMENT ATTRACTIONS

Mega bands \$50 in advance, \$60 on site.
4-hour is \$15 in advance, \$20 on site.
\$1 per ticket or 50 for \$45.
Operating hours are: Thurs 5-10, wristbands 6-10;

Fri: 2-10, wristbands 6-10; Sat noon-10, wristbands 1-5; Sun 1-7, wristbands 1-5 Pre-sale tickets will be available at Farmers Store and United Valley Bank, Hallock; Family Foods, Lancaster; Cenex, Lake Bronson; KodaBank, Kennedy & Karlstad Korner, Karlstad.

Grandstand Entertainment Admission Prices: 5 and under FREE • Ages  $6-12 \sim \$5$  • Ages 13 and up  $\sim \$10$