Conservation Corner

by James Cummins **Executive Director** of Wildlife Mississippi

are learning ways to save montips, it will help our pocketbook but they can help. as well as our environment.

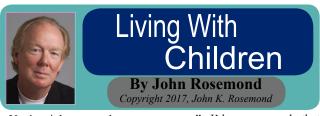
drive more slowly. (I need to work on this myself.) Gas mileage usually decreases rapidly when you drive above 60 mph. You should also avoid hardbraking and sudden stops. Using cruise control on the highway, interstate or long trips will cut fuel consumption because gasoline usage.

Proper engine maintenance can improve mileage by an average of 4 percent. Replace air

With today's high gasoline inside of your engine. Another and diesel prices, more people 3 percent improvement in mileage can be obtained by keeping ey while driving their vehicles. the tires properly inflated and If we practice the following aligned. These are small items,

Try to avoid using roof racks First and foremost, learn to and remove them from the vehicle when they are not in use. They decrease your fuel economy by up to 5 percent. Also, remove extra weight from the trunk. An extra 100 pounds can cut your fuel economy by 2 percent. Reduce the use of your air conditioner at low driving speeds. When driving over 40 the vehicle is maintaining a mph, using the air conditioner steady speed. Rapid accelera- uses less fuel than having the tion causes an increase in your windows open. However, operating the air conditioner on "max" can reduce your mpg by 5 to 25 percent.

When driving around town, and fuel filters regularly as in- you can combine errands to restructed by your vehicle's man- duce the number of trips. Sevual. This will not only improve eral short trips will use twice as your gas mileage, but will keep much fuel than a longer, multiimpurities from damaging the purpose trip. For any stop you



You're right, many drug tests are not reliable and teens have learned how to fool them. I searched "fooling over-thecounter drug tests" and discovered that doing so requires no special expertise or anything more difficult to obtain than lemon juice or vinegar. Apparently, concealing marijuana use from OTC tests is almost laughably easy. As one expert commented, drug testing has turned into a "cat-and-mouse

expect to last more than a minute, shut off the engine rather than let it idle. Park in the shade and/or leave windows slightly open to reduce the need for air conditioning. Also, carpool whenever possible.

Lastly, calculate your car's gasoline mileage periodically by dividing the total miles on a tank by the number of gallons needed for a fill-up. A decline in mileage can be an early indicator of mechanical problems

game." I'd recommend that you ask your son's physician how you can go about enrolling your son in a reliable, professionally-administered drugtesting program of the sort used by the airline industry and law enforcement agencies.

In the meantime, fulfill your responsibility to the community by taking away your son's driving privileges until he has passed at least one year of randomly-administered

or a need for servicing. You can also save money by not using mid-grade or premium grade gasoline unless specified for your vehicle.

James L. Cummins is executive director of Wildlife Mississippi, a non-profit, conservation organization founded to conserve, restore and enhance fish, wildlife and plant resources throughout Mississippi. Their web site is www. wildlifemiss.org.

accidents involving drivers who had recently smoked pot doubled after Washington state legalized the drug. The additional problem is that your son may be especially susceptible to marijuana's effects. It's been discovered that impairment levels vary widely from person to person. I can't emphasize enough: Get him off the road! Obviously, your son is run-

ning with a bunch of likeminded peers in which case you should apply appropriate restrictions to his social life. The message you send to him should be "find new friends or we are your new friends." Yes, he will probably be able to go around your restrictions to some extent, but restrictions in combination with random drug testing will be fairly effective.

take away his lifeline to his current peer group. I'm talking about his smart phone. As I've said many, many times in this column and on my weekly radio show (American Family Radio, Saturdays, 6:00 PM ET)

tests. Make no mistake about there is no rational justification it, marijuana and driving do for giving a teen a smart phone. not mix. In May, 2016, AAA They are anti-social devices reported that fatal automobile and researchers have discovered that they induce physiological effects that are similar to those induced by addictive

> Confiscate the current phone. Obtain a basic cell phone (believe it or not, most providers still carry them) that can't access the Internet and doesn't facilitate easy texting. Give it to him only on those occasions when you want to be able to get in touch with him or vice versa. That is all the phone any teenager needs anyway.

> As for counseling, I don't put much stock in it, especially when the patient is a teen who doesn't want to be counseled in the first place. Don't waste your-or your insurance plan's—money.

None of this is going to be easy, but the eventual payoff is Last but certainly not least, a child who is drug-free, whose friends are drug-free, and because of no smart phone, has greatly improved social skills. Hang in there!

Family psychologist John Rosemond: johnrosemond. com, parentguru.com.

Businesses and Services Directory

\$16/WEEK **Three Months Minimum**



NO BONES ABOUT IT!

THIS SPOT COULD **BE YOURS!**

Let us guide you through

the application process.

Call the Herald to find out how! 662-834-1151

Need help getting approved

for Long Term Care?

urant

Pop's Produce

327 Hwy 12 W., Kosciusko, MS 39090 "Across from the Hospital" Monday - Saturday 9:00 a.m. - 6:00 p.m. Fresh - Local - Delicious Shelled Peas & Butter Beans Watermelons & Cantelopes and Amish Cheese!

Diane

Tom

662-582-2450

Owners Kenny & Anita Horne 662-633-1839

LIST YOUR **BUSINESS HERE!** CALL MATTHEW OR JU-LIE AT 662-834-1151

Sam Sample

Cell: 601-668-5697

Fax: 601-898-8278

Office: 601-898-2772

601 Crescent Blvd. Suite 103

Ridgeland, MS 39157

www. TomSmithLand.com

Sam@TomSmithLand.com







Division Manager

309 Depot St.

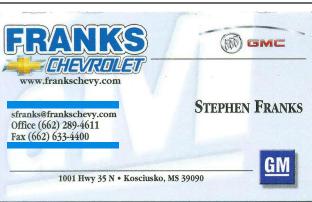
Lexington, MS 39095 Office: 662-834-1089 Fax: 662-834-6082 Cell: 662-299-7461 kioiner@scottpetroleuminc.com

Visit us in Tchula, Lexington, **Durant, Pickens and Canton.**



Healthcare, LLC











Commercial-Residential - "FREE ESTIMATES" Store Front / Canopies / Overhead & Garage Doors Store Front Hardware & Locks

DELTA GLASS & DOORS

JIMMY PHILLIPS

ALL TYPE OF GLASS & MIRROR CUT TO ORDER Windshield Installation & Repair

P.O. Box 1065 Phone: 662-746-1983 312 South Mound Street Yazoo City, MS 39194 Cell: 662-571-6064 Fax: 662-746-8864