

DURANT NEWS

by Rowena Hill

Prayers continue for Mrs. Pete Snell. She hasn't been well for several weeks. We at First Baptist Church miss seeing and being with her and pray for a full and fast recovery.

Mr. Douglas Ward welcomed family who spent time with him during the weekend.

We are thankful that Bobby Ellis has been released from a Jackson hospital after weeks of care. He is now a resident of Woodlands Rehab Center in Clinton.

Mrs. Stacey Hathcock Jones and children of Yazoo City spent time during the weekend with her parents, Ed and Judy Hathcock.

Durant friends of the Collins Family regret very much that Dr. Joe Collins recently passed away after years of dental practice in Jackson. He will be missed. Prayers are for the family.

The many friends who love and appreciate Mrs. R.E. (Ann) Irby, Jr. are thankful she is feeling some better after undergoing surgery some time ago in Jackson.

Shirley, Sammy and Jay Higginbotham of Clinton spent time during the weekend with Joey, Jackie, Mark and me. Jay stayed

over for a visit of several weeks.

Prayers are for the many people who lost so much during the recent storms. May God bless and encourage all who lost family and/or belongings. We were certainly blessed here in Mississippi, and thank God for his care and blessings.

Prayers are for those of our community, residents and non-residents, who aren't well. to name a few: Mary Sue Burrell, Bobby Joe Parks, Bobby Ellis, Mickey Kuykendall, Jimmy Loftis, Mary Ellis Miller, Becky Wilson Jones, Inez Dickerson, Jan Umphers, Betty Laura Streetman Williamson and Saranell Martin.

Things are looking good at the First Baptist Church in preparation for the homecoming on October 22. We look forward to seeing and being with a lot of friends and former residents again. So many have moved away.

It was good to see Mrs. Eddie Ruth Boatman in church again Sunday following a recent accident. Thankfully she is feeling better and can get about pretty well again.

We, at First Baptist Church are very thankful Mrs. Gale



The Lexington Rotary Club continued in its yearly dedication and advocacy to promoting literacy in schools by donating student dictionaries to Krystal Thomas' (pictured far right) third grade class at William Dean Jr. Elementary School on Friday, September 22. The reference books are provided by a grant to Lexington Rotary Club through The Dictionary Project. Pictured above is Thomas' class receiving the dictionaries along with (back row from left) William Dean Jr. Elementary Assistant Principal Torrie Jackson, Rotarians Leroy Riley and Ellis Harris, who delivered the books. (Photo submitted)

Sheppard is feeling better and recently received a good report from her doctor.

Prayers continue for Plez White as healing continues after several weeks of being home bound. We, at First Baptist sure miss him and pray for a complete recovery. He is a friend to all who know him. Hurry back Plez. We miss seeing and being with you.

Intended for the Sept. 21 edition

Mr. Bobby Ellis has been released from a Jackson hospital where he underwent a number of surgical procedures. He isn't home but went to a medical place for, hopefully, a time of recovery. We miss seeing and being with him in town, and pray he will be feeling much better real soon.

The many friends of Buck and Nell Burrell regret that she was re-admitted to the Kosciusko hospital last Friday. Prayers are with her and the family during these trying times. May God heal each of the sick.

of dogs? You're taking her on a walk anyway. She doesn't want to go outside because of wind? She's going anyway. She is afraid to go to bed because she thinks she's going to die in her sleep (one of my daughter's fears, around age 10)? She's going to bed anyway. And by the way, sometimes crying is a necessary purgative and needs to be allowed (if contained in the child's room) until it's run its

Love and best wishes are for Mrs. Katherine Cagle. She has been pretty much home bound for many weeks. Prayers continue for her healing. We miss her in Sunday school and church.

Mrs. Eddie Ruth Boatman remains pretty much home bound after suffering a recent fall that keeps her pretty much "home bound."

Mark and I attended a birthday celebration Friday afternoon in Clinton for my great granddaughter Abeline. She is the daughter of Sonja and James David Wells, and granddaughter of Shirley and Sammy Higginbotham.

There are lots of residents and/or former residents of our town who aren't well. Pray for healing for each.

Joey and Jackie Hill went with their children and grandchildren on a short vacation last week. They enjoyed being together again.

We missed our pastor and wife at church Sunday while they attended homecoming at

course.

A child who has become caught up in and carried away by the sort of randomness that often characterizes a child's thinking and feelings needs parents who will act quickly to keep her grounded, who will continue to steer a straight course in the face of the emotional tempest.


Family psychologist John Rosemond: johnrosemond.com, parentguru.com.

Oregon Memorial Church in Lexington. Matthew Breazeale, deacon chairman, made the announcements and led in prayer.

The town looks much better following a recent storm but there are many of our residents who still seem to think that the streets are for their personal garbage. Also, so many lawn are still uncut. Please cut your

grass and keep the debris off the streets. Let's make an effort to do what we can to make a good impression to visitors and outsiders.

The homecoming set at First Baptist is October 22, beginning with Sunday School. We look forward to seeing and being with many of you. Lunch will follow the morning service.



Living With Children

By John Rosemond
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Q: Over the past year, our 4-year-old has developed several fears that have become quite disruptive. It started with a fear of dogs, which is inconvenient given that there are lots of dogs in our neighborhood. Since then she's become afraid of noises at night, wind (she thinks a hurricane is coming), and dying in her sleep. Needless to say, she is anxious a lot of the time. We've talked to her, reassured her, and so on, but nothing has worked. She's becoming a wreck, and so am I. Should I take her to a counselor? If not, then do you have any advice?

A: With very selective exceptions, I generally recommend against having children – especially young children – talk to mental health professionals. First, there is no research-based body of evidence that would verify the general efficacy of any form of child therapy. Second, over the course of my now 40-plus year career, I've collected a significant body of anecdotal evidence to the effect that exposing a child to psychological counseling often (perhaps more often than not) makes matters worse. Having said that, I must add that my point of view on child therapy is not widely approved of by my colleagues, so if you'd feel better having your daughter see a therapist, then do so.

The problem is that almost invariably, therapists talk to children about fears, anxieties, and persistent thoughts as if they represent something meaningful – as in, deep-seated issues that the child is incapable of expressing otherwise. Example: A child's inability to tell her parents that they haven't been giving her enough attention since a baby brother arrived in the family is expressed in frequent tantrums (an actual account recently related to me by the parent of a 5-year-old). This is what these

folks were educated and trained to do; so was I.

The fact is that a child's thinking and emotions need as much if not discipline than her behavior. The more adults talk to a child about irrational fears and persistent thoughts, the worse they are likely to become. One such conversation is enough, and it needs to contain the message that the fears/thoughts in question do not represent reality and are not going to alter, much less dictate, parental decisions or parental behavior. In situations of this sort, I encourage parents not to "explore" the child's fears/thoughts, not to ask lots of questions about them, but to simply tell the child, authoritatively but lovingly, that fears are common during childhood, they do not represent things that are likely, and that life will go on as usual in the family.

Your daughter doesn't want to take a walk through the neighborhood because she's afraid



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September 30, 2017
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