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## April 11 date set for Seniors Health Fair

Special to The Clinton Courier

Area seniors can receive free blood pressure checks, eye tests and much more at an April 11 Health Fair at Wood Activity Center. The fair will run from 9 a.m. until noon, with entertainment beginning at 11 a.m. and lunch being served at 11:30 a.m.

Sponsored by the Clinton and Therapeutic Recreation Department and the Mississippi College School of Nursing, the event will include entertainment, door prizes, food and free health screenings.

Timely discussion topics dealing with nutrition, home safety, cancer and heart disease will be on the agenda that Tuesday for area seniors. The event's theme, "Say Howdy to Good Health," encourages those in attendance to take their health seriously by having annual preventative screenings done each

Free lunches will be provided for the first 100 individuals who preregister by April 3.

"MC nursing students are eager to participate in opportunities that

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provide access to health care information and resources for the local community," said Dr. Kimberly Sharp, Dean of the MC School of Nursing. "It is a special privilege to be able to give back and to develop connections with our older community members."

"The Wood Activity Center is a great place to have this event," said Chandra Fontenot, Director of Therapeutic Recreation. "It provides for ample vendor space and serves as a centralized location for the citizens of Clinton. It is also a great way to get seniors to the facility and encourage them to come out and get involved in the programs offered at the facility throughout the year.'

"We strive to provide the participants in our programs with resources that are relevant to them," continued Fontenot. "This event gives them the ability to stay informed about health-related topics, as well as community resources that are available to them, while also providing them with entertainment.'



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