

# Relay for Life—why you should participate

By Guest Columnist Tracy Morgan

I will be participating in my first Relay for Life this year. I'm sorry that it took a breast cancer diagnosis to spark my interest. I never really knew what Relay for Life was, so allow me to relay what you need to know.

- Relay for Life is a family oriented, community event. It is a time to come together to honor men and women who are cancer survivors, to encourage those in their battle, and to remember those we have lost.

- RFL is Friday, April 21, at Hinds Community College, Raymond, from 6 p.m. until midnight.

- A team is a group of individuals (families, coworkers, friends, church groups) who come together to raise money and host tents for the relay event. Anyone can be on a team! Visit the link, or contact us if you want to join a team or form a new team.

- This year, our theme is Kicking Cancer to the CuRB (Clinton, Ray-

mond, and Byram). Each team will come up with their own tent theme about Kicking Cancer.

- Bring friends, family, cash and lawn chairs as we gather for fun activities throughout the night. Ev-

at least one participant on the track at all times. This is symbolic of the on-going quest to find a cure. Team members take turns walking the track at a leisurely pace, enjoying the evening's activities.

affected by cancer. The track will be lined with lighted luminarias at dusk. You may purchase a luminaria in honor or in memory of someone for \$10 at the event.

**Relay for Life event website: [www.relayforlife.org/clintonms](http://www.relayforlife.org/clintonms)**

**Survivors Reception information:**

**DeLynn Davis 601-940-4918/ Cheri Hodges 601-573-4593**

**Information about forming a team: Megan McBeth, ACS, 601-321-5517, [megan.mcbeth@cancer.org](mailto:megan.mcbeth@cancer.org)**



everyone will be entertained by local bands, dance groups and other performances. Teams have on-site fundraising opportunities at their tents (raffles, games, baked goods and food). And of course, you can walk for a team or join friends for a lap around the track.

- Relay is NOT a race! This is a common misconception of RFL. Because cancer never sleeps, each team has

- It does not cost money to get in to the event, but it is a fundraiser. All contributions go to the American Cancer Society, which continues to educate, encourage preventative testing, support cancer patients and to continue ground breaking research to find a cure for all types of cancer.

- The Luminaria Ceremony is a special time in which we honor and remember loved ones who have been

- The survivor reception takes place before the opening ceremony. This casual event honors cancer survivors and their caregivers. We will share a light meal, door prizes, and our traditional celebratory cake! Each survivor receives a free Relay for Life t-shirt. Survivors, please contact us so we can add you to the invitation list.

Clinton Community Nature Center • 617 Dunton Rd. • Clinton, MS

## NATURE DAY

**APRIL 1 • 10AM - 1PM**

**Kids Fun Zone**  
Face Painting • Nature Crafts  
Outdoor Games  
Fun Characters • Live animals & More!

**Spring Plant Sale**  
8am - 1pm

• Guided Family Trail Walk  
• Hawk Flight Demo & Talk  
• Enviroscape Display & Talk  
• Loads of fun for the whole family!

• Treats for purchase from  
The Froghead Grill  
and Brick Street Pops  
(bring cash)

**Free Event**  
(Donations accepted!)

**Monarch Butterflies**  
• Enjoy Interactive Stories  
& Monarch Display Booths

Find us on Facebook for more info!  
[www.facebook.com/clintonnaturecenter](http://www.facebook.com/clintonnaturecenter)

Sponsored by  
**Fisher Fire Extinguisher Services**

[www.clintonnaturecenter.org](http://www.clintonnaturecenter.org)  
[edcoordinatorccnc@gmail.com](mailto:edcoordinatorccnc@gmail.com) • 601-926-1104

**FIND YOURSELF IN MISSISSIPPI!**  
[www.newsouthernview.com](http://www.newsouthernview.com)  
 MISSISSIPPI'S FIRST ONLINE MAGAZINE — EST. 2001

WHEN YOU, YOUR FAMILY, AND YOUR FRIENDS HAVE  
 FINISHED READING THIS ISSUE,  
**PLEASE RECYCLE IT.**  
 THE GOOD EARTH  
 WILL THANK YOU.