

Psychology at Sterling College adds new concentrations

August 17, 2016, Sterling, Kan. – Students at Sterling College will now choose between two concentrations within the psychology major: social services or research and clinical psychology. Social services will focus on careers in human services, while research and clinical psychology will prepare students for occupations that require graduate school.

“The two-track option provides an added dimension that will make our graduates more competitive, whether they choose to enter the job market directly or apply to master’s or doctoral programs. Because of the added rigor and higher level of competition for places in graduate schools, our new program allows students who see a higher degree and/or licensure in their future as an opportunity to challenge themselves academically and present a superior application to the school of their choice,” said Dr. Brian Mills, associate professor of psychology.

Both concentrations center on a core group of classes that includes much of the previous major, but adds new classes in counseling for

grief and loss and addictions. There are also new electives such as child psychology. Students who complete the social services concentration will be prepared for jobs such as case management, social work, court-ordered supervision, and work with children and teens in residential placement. These jobs often allow for recent graduates to start without graduate work or licensure requirements.

Students who complete the research and clinical psychology concentration will be prepared to enter graduate school, having covered

many, if not all, of the prerequisite classes for admission. They will also be qualified for entry-level positions in human services, but many will transition into programs for licensure as a clinical social worker, marriage and family therapist, professional counselor, clinical psychologist or school psychologist.

Both concentrations include the new senior capstone class Career Theory and Exploration. In this class, students fully research career options, understand

the necessary steps to obtaining that career, and talk about integrating their faith and servant leadership into their future profession.

“The Career Theory and Exploration class will provide students with an in-depth understanding of a variety of careers within the field of psychology. The class will have several guest speakers who represent various careers in psychology. Therefore, students will have the chance to network with various professionals.

In addition, the class will focus on incorporating servant leadership principles in the workplace. Students will be required to think critically about ways they can be a servant leader in their chosen profession,” said Dr. Jennifer Dyson, assistant professor of psychology.

Prospective students interested in more information can contact the Office of Admissions at 620-278-4275 or email admissions@sterling.edu.

Sterling College receives HLC reaffirmation of accreditation

July 12, 2016, Sterling, Kan. – Sterling College announced that the Higher Learning Commission reaffirmed the accreditation of Sterling College. This action is a result of years of reporting and analysis, which culminated in an accreditation visit from the HLC’s peer review team in April.

“I am delighted to announce Sterling College’s accreditation has been reaffirmed. For over 125 years our institution has produced creative and thoughtful leaders who understand a maturing Christian faith. To have the Higher Learning Commission see that we are successfully completing our

mission speaks volumes to the work of our faculty and staff. It takes each employee working as a team to fulfill our mission,” said Scott Rich, president.

The Higher Learning Commission peer review team found sufficient evidence that Sterling College met all criteria as required by the HLC and recommended the Institutional Actions Council approve and continue the accreditation of Sterling, which was confirmed on June 27.

Information on the Higher Learning Commission can be found at www.hlcommission.org or by calling 800-621-7440.

Sterling College announces Dr. Robert H. Thompson Endowed Scholarship

January 17, 2017, Sterling, Kan. – Sterling College has announced the establishment of the Dr. Robert H. Thompson Endowed Mathematics and Natural Science Scholarship. The endowed scholarship is made possible by a gift from Robert ’45 and the late Barbara “Barbie” (Dietz) ’47 Thompson.

“The Thompsons’ legacy continues to grow both at the College and in our community. These opportunities that Bob and Barbie have provided to our students profoundly shows their hearts for servant leadership,” said Scott Carter, vice president for institutional advancement and external relations.

The endowed scholarships will

benefit students who are interested in studying mathematics, physics or natural sciences at Sterling College.

Bob served as a math professor and department chair at Sterling College from 1947-66. Barbara gave piano lessons through the College and taught first grade at Sterling Grade School from 1955-67. The Thompsons impacted students’ lives through their service to the College and the Sterling community. Their impact continues through this scholarship as well as the Barbara Thompson Music Endowed Scholarship Fund that Bob established to honor his wife in December 2015.



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By GABRIELLE HOING
Services@Home Manager, Good Samaritan Society’s National Campus

Recently, my grandmother’s health declined. She had a stroke and is showing some signs of dementia. I often wonder to myself how we could have prepared better for this. I wish someone had given us a checklist that said, “Before your grandparent’s health declines, do the following.” Knowing what I know now, I think the place to start would have been with an advanced directive. An advanced directive would have allowed my grandmother to make her healthcare and financial wishes known while she was still able.

An advanced directive is a legal document that provides written instructions for the care of your health and finances in the event that you become permanently or temporarily incapable of making or communicating these decisions. Three types of advanced directives include: a living will, power of attorney for health care and power of attorney for property.

Living will
A living will is used

when you are unable to make decisions for yourself and are facing terminal illness. This document provides instructions for the healthcare provider regarding the extent to which you wish to receive medical treatment. This document will let the healthcare provider know if you wish to receive treatment such as dialysis, tube feeding or life support.

Power of attorney for healthcare
A power of attorney for healthcare allows you to name someone as your proxy or agent, and it gives this person the power to make healthcare decisions on your behalf if you become unable to do so yourself. In this document, you can state at what point in time you wish for the power of attorney to take affect.

Power of attorney for property
A power of attorney for property allows you to designate a person to make financial and business decisions on your behalf. Your power of attorney for property can access your bank accounts, pay your bills and sell your property.

Your power of attorney

for healthcare and property can be the same person. It is vital that you trust this person or these people to invest themselves in understanding your wishes. Make sure that you and your powers of attorney are comfortable with how your wishes are recorded in legal documentation.

There are additional documents that can be included with your advance directive, such as a “do not resuscitate” order, organ donation and primary physician selection. The more information you include in your advance directive, the easier it will be for your family to honor your wishes. This will also help lessen the stress on your family in time of crisis.

Every state has unique laws regarding advanced directives, so it’s wise to consult a lawyer who is familiar with these unique laws. There are Web sites that can assist you in creating an advanced directive such as agingwithdignity.org. Once an advanced directive is drafted, a copy should be added to your medical record and given to your agent or proxy, lawyer, and healthcare provider(s). Store the original in a safe place, and let your proxy or agent know where it is located.

Having an advance directive can give you peace of mind knowing that your wishes will be followed and that you have helped make decisions easier for your family. Don’t wait to create this important documentation.

If you would like more information about this topic or others relating to senior care, please contact Good Samaritan Society – Lyons at (620) 257-5163. The Evangelical Lutheran Good Samaritan Society owns and operates more than 240 long-term healthcare centers and senior living communities across the country, including Good Samaritan Society – Lyons. The Good Samaritan Society’s mission is to share God’s love in word and deed by providing shelter and supportive services to older persons and others in need, believing that “In Christ’s Love, Everyone Is Someone.”





Sterling College

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Faith. At Sterling College, you are surrounded by creative and thoughtful leaders in a world desperate for servant leadership. You have the opportunity to grow spiritually through exploring your faith, attending weekly chapel services, joining a Bible study with your peers, or traveling domestically or internationally through missions. Developing your identity in Christ is what we are all about.

Academics. Sterling College will challenge you academically in an environ-

ment that is enthusiastically Christian. Benefit from the personal relationships you will build with your professors, coaches and directors as you fill your resume and learn from their workplace experience.

Community. You can feel the difference in community as you interact on campus. This is a place where you can develop lifelong friendships in a Christ-centered environment. Get to know others by living in community with them, sharing life’s challenges and growing together in faith.

PERSONAL CAMPUS VISIT & PREVIEW WEEKENDS

Preview Sterling with a campus tour, experience chapel, eat in our cafeteria, visit a class, and meet with professors, directors and coaches. We would love to host you for a personal visit or preview weekend so that you receive the full Sterling experience.

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