

HOSPITAL DISTRICT No. 1 OF RICE COUNTY

The Family Birth Center at Rice County District Hospital provides personalized care, by skilled professionals through every stage of pregnancy



Family planning and pregnancy is a highly emotional and personal experience for families. Whether planning for your first child or expanding your family, Rice County District Hospital makes your journey a special priority.

The hospital's Family Birth Center suites are spacious, and accommodating with a private waiting area. Laboring moms can relax in the whirlpool tub in the privacy of each suite. Judy Hodgson, CNO, said that labor balls and peanuts are available to assist in progressing labor and attentive staff provides personalized support, based on the patient's preferences or birth plan. "Our suites offer a quiet comfortable place for labor and delivery, but it is our staff that creates the personal experience for every family," Hodgson said.

Doctors Kristina Darnauer, James Decker

and Stacy Dashiell and Roger Klein are devoted to family care in all life-stages, and offer obstetric services. "I enjoy getting to know my patients both on a medical and personal level," Klein said. "I listen to understand their thoughts and concerns and work with them to meet their health goals. I particularly enjoy taking care of families, from maternity and prenatal care through childhood, adolescence, and beyond," Klein continued.

To give expectant mothers more birth plan options, Melissa Conard is on staff to provide Certified Nurse Midwife services. Studies show that women who have the assistance of a midwife are less likely to require labor induction, pain medication or other interventions during delivery. Conard is dedicated to providing a natural approach to labor and delivery, supporting her patient's birth plan and ensuring the health

and safety of every patient throughout pregnancy. When more medical intervention is necessary, our physicians are prepared. While every effort is made to follow a patient's birth plan, our team will recognize any cause for concern and will act quickly and make the best informed medical decision for both the health and safety of the mother and child. They are highly skilled and experienced in performing cesarean sections, whether planned or unplanned.

Often times, after a patient has required a cesarean, it is assumed they will require C-section with subsequent deliveries. However, our team of physicians may agree that it would be safe to have a vaginal birth after cesarean (VBAC). George Stover, CEO said that Rice County District Hospital meets the specific criteria to offer VBAC, which may allow the patient to avoid major abdominal surgery and risks associated with it and requires a much shorter hospital stay for the new mom. "We are pleased to offer this option for women. Not all hospitals, especially in rural areas, offer VBAC. Our capabilities allow families to ex-

plore this option without having to switch doctors, and travel outside of our close-knit community," Stover said.

Lana Shartz-Brown, RN, RCDH Education Coordinator, offers childbirth education classes at the hospital that help mothers-to-be and their families understand the many facets of labor and delivery, as well as give them the confidence to care for their new baby. These classes can help families develop a birth plan through education on laboring options, fetal development, nutrition, signs and stages of labor, delivery, breastfeeding, and postpartum recovery. "We know that knowledge and support can reduce anxiety and create a more enjoyable experience for new moms and families," Shartz-Brown said.

For more information on the Family

Birth Center visit [www.ricecountyhospital.com](http://www.ricecountyhospital.com).

Welcome to Rice County

Dr. Roger Klein!

  
1311 S. Douglas Ave.  
Lyons, Kansas 67554  
620-257-5163



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Welcome to Rice County Dr. Roger Klein!

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"We're proud of your continued growth."



Welcome to Rice County Dr. Roger Klein!



RECENTLY REMODELED BIRTHING SUITES offer comfortable accommodations for Mom, her new baby and family.

Welcome Dr. Klein!


The Lyons State Bank is pleased to welcome Dr. Klein and his family to our community. Please join us in making them feel at home!



We're glad you're here!

Dr. David Liska D.C.

400 West Main • Lyons, KS  
620-257-2040



"Having a community hospital provides comfort and convenience ----- Thanks!!"

We Welcome Dr. Roger Klein to Rice County!



FAMILY BIRTH CENTER  
RICE COUNTY DISTRICT HOSPITAL


There is no manual for being a new mom.

The Family Birth Center provides postpartum support to encourage breastfeeding and help moms feel at ease as they transition from the hospital to home.

Our team of physicians, nurses and certified midwife are highly experienced with delivering babies and caring for mothers. The medical team has offices in Sterling for prenatal care and postpartum support, all deliveries are done at Rice County District Hospital.

Dr. Kristina Darnauer  
Dr. James Decker

Dr. Stacy Dashiell  
Dr. Roger Klein  
Melissa Conard, CNM, APRN



Prenatal Care | Labor & Delivery | Postpartum Support | Family Medicine Physicians  
To schedule an appointment with a physician or certified midwife, call  
Linessa Rexford, OB Coordinator, at 620-278-2123.  
[ricecountyhospital.com](http://ricecountyhospital.com)