

## A woman's life over the decades

A woman's busy life can make her feel as though she's caught up in turbulent waters, especially when she reaches another milestone birthday. From time to time she may feel the need to make sure she's still heading in the right direction and that her values and objectives are still in line with her life goals.

As she goes through her twenties, she's traveling a highway with no speed limit. Life's great projects are taking shape—finishing school, career plans, traveling, adventure, romantic encounters. This is the decade for discovering the world and taking the first steps toward independence. Everything is possible at the dawn of adult life.

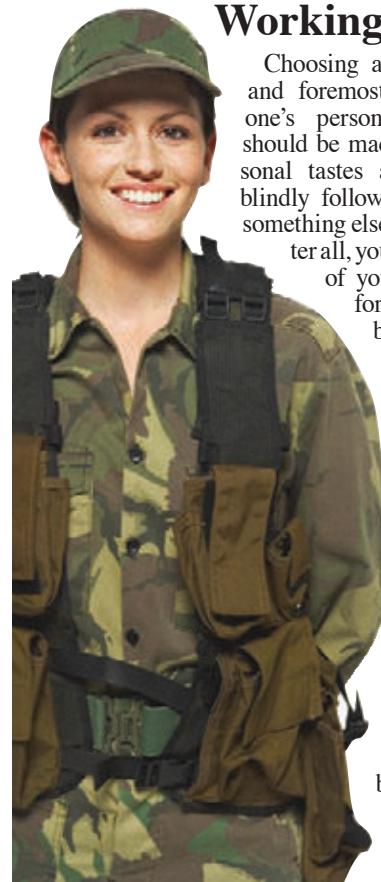
Then comes the thirties and maturity. Her ideas and opinions become more defined. A young woman becomes surer of the road she

wants to take. She might become a mother. She might make her career her priority. Either way, she won't let her growing responsibilities compromise who she is. Her destiny is beginning to become clearer.

In the forties, the middle of life, comes a certain sense of urgency to live life to the fullest and push the boundaries. This is often the time to leave a failing marriage and start

again, to transform life in some way, on a personal as much as a professional level. A woman who has always put the well-being of her family in the forefront suddenly feels the need to make more time for herself.

In a way, it is a good thing that her life forces her to regularly review the path ahead. It is a great way of ensuring that her internal GPS is still pointing in the right direction!



## Working women are finding new paths

Choosing a profession is, first and foremost, an expression of one's personality. This choice should be made according to personal tastes and aptitudes; why blindly follow the beaten path if something else appeals to you? After all, you'll spend a large part of your life in the workforce, so you're much better off if you can live out your passions in your work.

One way to put an end to job discrimination is to provide women with a range of career choices that allow for flexible working conditions and a way to reintegrate after having children. Making such changes may seem threatening, but that's a normal reaction when entrenched attitudes are overturned.

It is not so long ago that medicine and engineering were all-male preserves, where the "invasion" of women was derided. In their own ways and in their own eras, women such as Elizabeth Blackwell, Irma Levasseur, and Lucille Teasdale defied prejudice to practice medicine in more than just subordinate roles. These days, the healthcare system couldn't do without women.

Any progress is a step forward for women and enriches those sectors which welcome these intrepid heroines. And the traditionally female-dominated sectors are still well populated by women who want to make use of their desire to care for, educate, and help others.

Changing the rules of the game was certainly overdue. There is no good reason why more women shouldn't migrate towards mechanics, carpentry, forestry, military service, or road transportation. Every trade has its value, and everyone has their own likes and dislikes. It's perfectly legitimate to want your livelihood to be a source of accomplishment, pride, and personal satisfaction.



**SPRING ITEMS  
ARRIVING DAILY....  
FALL AND WINTER  
APPAREL AND  
SHOES 50% OFF**

**New Turnrow T-Shirts  
& Leather Accessories  
Great For Graduation!**



*Personalize your gifts!  
We do monogramming  
& vinyl lettering!*

**426 Lake St., Fulton**

**f (270) 472-5808**

**Mon.-Fri. 10-6 & Sat. 10-3**

