

# BEST CLINIC & CHIROPRACTOR

## *Align Chiropractic/Dr. Ross Clark*

Dr. Ross Clark, Dr. Katy Kempton and the staff at Align Chiropractic are very humbled and thankful to have been voted the Best Clinic and Best Chiropractor in Obion County.

"Thank you to our patients for trusting in us and allowing us to help you achieve a pain-free life. We would be nothing without each and every one of you. If you are not a patient of Align Chiropractic, please take a moment and read about us."

Dr. Ross Clark graduated from Logan College of Chiropractic in 2008. After working in Nashville for two years, he decided it was time to come home to Union City. In October 2010, he purchased the former Horner Chiropractic from Dr. Bill Horner.

Since that time, Align Chiropractic has grown by leaps and bounds, including moving to a new location in 2013; adding a new provider, Dr. Katy Kempton, in July 2016; and opening a satellite clinic in Ripley in January 2017.

What makes Align Chiropractic unique in the world of treating pain is the combination of spinal adjustments, massage

therapy, E-stim therapy and Ultrasound therapy to treat back and neck pain, TMJ, headaches, frozen shoulder and many other conditions that are common to everyday life.

Align Chiropractic also offers spinal decompression to treat bulging discs, sciatica, extremity numbness, and pain and weakness affecting arms and legs. Cold laser therapy is also available to treat tendonitis, carpal tunnel, plantar fasciitis and a wide variety of other injuries and chronic conditions.

Dr. Ross Clark is accepting new patients and is available at the Union City location every Monday, Wednesday, Thursday and Friday.

Dr. Katy Kempton is also accepting new patients and is available at the Union City location Tuesday, Wednesday, Friday and Saturday.

Align Chiropractic is open Monday through Thursday, 8 a.m. until 6 p.m.; Friday, 8 a.m. until 5 p.m.; and Saturday, 8 a.m. until noon.

Call 885-0461 to book your appointment to begin your new life without pain.



1003 E Reelfoot Ave #4 • Union City TN / 731-885-0461

[www.alignunioncity.com](http://www.alignunioncity.com)

Monday - Thursday 8-6, Friday 8-5, Saturday 8-12

[info@alignunioncity.com](mailto:info@alignunioncity.com)

### SERVICES OFFERED:

- Spinal decompression for the treatment of sciatica, bulging or herniated discs, numbness and tingling in extremities
- Massage Therapy
- K-laser therapy for the treatment of tendonitis, plantar fasciitis, chronic pain, carpal tunnel
- Chiro Thin for doctor supervised weight loss
- Spinal adjustments for overall good health and pain free living

### TESTIMONIAL:

"Over the last year, I have been experiencing random bouts of vertigo. The feeling of being unbalanced randomly and unpredictably was concerning especially with a newborn in our home. I sought the advice and treatment of Dr. Ross Clark and over the course of 2 months there was a drastic improvement. We are now 4 months since my first visit and I have yet to experience vertigo again. Dr. Clark has a true passion for his work and an endless amount of enthusiasm for finding a solution for you. He provides a professional approach, clear communication with his patients and is a competent voice of reason. I would highly recommend him."

- Clint Joiner

***Chiropractic care treats headaches, vertigo, TMJ, muscle sprains and strains, numbness and tingling, plantar fasciitis, colic and is used in the management of scoliosis in addition to many other common ailments.***