

## From My Amish Kitchen

**By DORIS YODER For The Graphic-Clarion**  
We are having lovely fall weather this week. Frost covered the ground this morning. It was a nice crisp morning to hang out laundry.

This is an extra busy week. I delivered the usual breads, cinnamon rolls, and cookies to Mt. Zion and Mattoon Rural Kings.

This Friday evening and Saturday (the 10th and 11th) is the Christmas Craft Show at the Mt. Zion Convention Center. I set up to sell Christmas gift baskets and baked goods.

On Friday evening barbecued pork and chicken salad sandwiches are on the menu.

Saturday morning we'll serve sausage gravy and biscuits with chicken and noodles, mashed potatoes, and green beans for the lunch menu.

I also have a wedding to cater in Philo for 80 people. They want brunch served after their wedding ceremony.

Sausage gravy and biscuits, a breakfast casserole (eggs and potatoes), fresh fruit salad, and cinnamon rolls with coffee and orange juice will complete their meal.

Next Saturday (the 18th), stop in for our Christmas Open House to check out our cash and carry gift baskets.

Also, call ahead (217) 543-3409 to reserve your spot with our Thanksgiving Buffet at the Kitchen of Doris Yoder.

Here are some great dishes to try with your Thanksgiving dinner.

**Sweet Potato Casserole**  
2 cups cooked sweet potatoes  
1/3-cup butter  
1/2-cup sugar  
1/2-teaspoon salt  
2 eggs  
1 teaspoon vanilla  
2 teaspoons flour

**Crumbs:**  
1/3-cup flour, rounded  
1 cup chopped pecans  
1/4-cup butter  
3/4-cup brown sugar

Beat together eggs, vanilla, and flour. Add butter, sweet potatoes, sugar, and salt. Mix well. Put in a 9-inch by 9-inch pan.

Put crumbs on top and bake at 350 degrees for 35 minutes.

**Macaroni & Cheese Casserole**  
1 1/2 cups milk  
4 ounces cheddar cheese, shredded  
3 tablespoons butter or margarine, melted  
1 cup soft bread crumbs  
1 cup macaroni, cooked and drained  
3 eggs, separated  
1 tablespoon onion, finely chopped  
3/4-teaspoon salt

In a saucepan, heat milk over medium heat until bubbles form around the edges of the pan. Remove from heat; stir in the cheese and butter. Let stand for 1 minute.

Stir until cheese is almost melted. Stir in bread crumbs.

In a bowl, combine the macaroni, egg yolks, onion, and salt. Stir in cheese mixtures. Mix well.

Beat egg whites until stiff peaks form. Fold in macaroni mixture. Transfer to a greased, 2-quart baking dish.

Bake uncovered at 350 degrees for 30 to 35 minutes or until puffed and lightly browned.

**Cabbage Casserole**  
1 Large head cabbage, shredded (about 12 cups)  
1 onion, chopped  
6 tablespoons butter or margarine, divided  
1 can Cream of Mushroom soup  
8 ounces American cheese, cubed  
Salt, to taste  
Pepper, to taste  
1/4-cup dry bread crumbs

Cook cabbage in salt water until tender. Drain. In a large skillet, saute onion in 5

tablespoons butter until tender. Add soup and mix well.

Add cheese, cook and stir until melted. Remove from heat. Stir in cabbage, salt, and pepper. Put in a 2-quart baking dish.

Melt remaining butter and stir in bread crumbs. Let cook until lightly browned. Sprinkle over casserole. Bake uncovered at 350 degrees for 20 to 30 minutes or until heated through.

**Asparagus Casserole**  
5 medium potatoes  
2 onions  
2 cups asparagus  
1/4-cup butter  
Salt, to taste  
Pepper, to taste  
4 slices of cheese

Slice potatoes and put in baking dish. Dice onions and put on potatoes. Add asparagus. Dot with butter and season.

Cover and bake at 325 degrees for 45 minutes. Lay cheese on top and melt before serving.

**Butternut Squash Bake**  
1/3-cup butter, softened  
3/4-cup sugar  
2 eggs  
5 ounces evaporated milk  
1 teaspoon vanilla  
2 cups cooked and mashed squash  
1/2-cup Rice Krispies  
1/4-cup brown sugar  
1/4- to 1/2-cup pecans  
2 tablespoons butter

Mix first 6 ingredients and put into a 9-inch by 13-inch baking dish. For topping, mix last 4 ingredients and put on top of the first mixture. Bake at 350 degrees for 45 minutes. This is delicious with whipped topping.

**Frosty Pumpkin Dessert**  
3 cups graham cracker crumbs  
1 cup melted butter  
1/4-cup sugar

**Filling:**  
2 cups canned pumpkin  
1/2-cup brown sugar  
1 teaspoon salt  
1 teaspoon cinnamon  
2 quarts vanilla ice cream  
1/2-cup chopped walnuts

Combine cracker crumbs, sugar, and butter. Reserve about 3/4-cup crumbs for topping.

Press remaining crumbs into buttered 9-inch by 13-inch pan. Chill.

Mix filling ingredients together and stir in softened ice cream and nuts. Put on top of crumb layer.

Sprinkle remaining crumbs on top. Freeze.

**Peter Pumpkin**  
1 pint pumpkin  
12 ounces milk  
3 eggs, beaten  
1 cup sugar  
1/2-cup brown sugar  
1 teaspoon cinnamon  
1/2-teaspoon salt

Put in a 9-inch by 13-inch pan and sprinkle yellow cake mix on top. Melt 1 cup butter and pour over cake mix. Bake at 350 degrees for approximately 1 hour.

Serve with ice cream while warm.



Arthur Lovington Atwood Hammond High School had 30 students attending the conference. They are (not in order) Addison Tinkle, Bailey Peck, Brianna Snoddy, Caitlin Drum, Callie Schable, Charlotte Donkers, Collin Budd, Emma Harris, Erin Schrock, Greg Cullison, Bella Taylor, Janette Comstock, Jessica Diener, Jessica Renfro, Joselyn Garza, Kara Yoder, Karissa Rocke, Kassidy Bissey, Kathryn Cohan, Kierra Hershberger, Kyla Carson, Logan Strible, Lucy Likens, Marcy Petersheim, Meredith Schrock, Riley Cochran, Seirra Root, Shelby Frederick, Skylar Merli, and Tyra Wingler.

## FCCLA students attend fall leadership meeting at Eastern Illinois University

Arthur Lovington Atwood Hammond High School FCCLA participated in the Illinois FCCLA Fall Leadership Meeting held October 18 at Eastern Illinois University in Charleston.

The students attended an array of workshops on current issues including stress management, self-defense, career preparation, college campus safety, safe relationships, culinary arts demonstrations, and healthy lifestyles.

Elizabeth Bjorling Poest, one of Illinois FCCLA's former state officers, shared her message of leadership and "how to pack your bag for the journey of life." Poest's audience engaged presentation was both entertaining and enlightening.

Every day the news is filled with negative stories of what young adults are engaging in.

Yet, every day we also have thousands of young teens who are doing great and positive things.

The Family, Career and Community Leaders of America (FCCLA) recognize that teens can play an essential role in improving the lives of families, schools, and communities.

Given our vast network of established chapters in schools, FCCLA provides a tremendous vehicle for young people to take on projects and activities in all areas of life.

From youth violence to financial fitness and healthy lifestyles, FCCLA members are tackling issues that not only affect the world today but their future also.

Arthur Lovington Atwood Hammond High School had 30 students attending the conference.

They are Addison Tinkle, Bailey Peck, Brianna Snoddy, Caitlin Drum,

Callie Schable, Charlotte Donkers, Collin Budd; Emma Harris, Erin Schrock, Greg Cullison, Bella Taylor, Janette Comstock, Jessica Diener, Jessica Renfro, Joselyn Garza, Kara Yoder, Karissa Rocke, Kassidy Bissey, Kathryn Cohan, Kierra Hershberger; Kyla Carson, Logan Strible, Lucy Likens, Marcy Petersheim, Meredith Schrock, Riley Cochran, Seirra Root, Shelby Frederick, Skylar Merli, and Tyra Wingler.

The students were accompanied by their FCCLA adviser, Ginger Voegel.

## Four Knights named to LOVC Northwest Division All-Conference volleyball team

**By KENT A. STOCK Staff Writer**  
The Little Okaw Valley Conference Northwest Division regular season championships, the Arthur Lovington Atwood Hammond Knights, landed four players on the All-Conference team, the

most of any school in the division.

Senior Madison Brown and junior Taylor Powell were unanimous first team selections. Senior Liz Shipman earned second team honors while fellow senior Hannah Wallen was recognized with an honorable

mention nod.

The Knights finished the season with a record of 26 wins and four losses.

The following is a complete list of the 2017 LOVC Northwest All-Conference volleyball team:

setter, Sangamon Valley.

\*Indicates unanimous selection.

Second team: Liz Shipman, senior, outside hitter, ALAH; Anna Peter, junior, outside hitter, Cerro Gordo; Kate Jeffers, sophomore, middle hitter, Okaw Valley; Abby Boggs, senior, outside hitter, Sangamon Valley.

## Lovington GS Honor Roll

Lovington Grade School has announced its first quarter Honor Roll.

**HONOR ROLL Straight A's**  
Eighth grade: Max Allen, Quentin Day, Cassandra Diener, Reggie Edmonds, Brady Foster, Delaney Gillis, Joshua Gingerich, Gavin Mechling, Michaela Powell, Kaitlyn Zander.

Seventh grade: Kaci Beachy, Connor Edmonds, Chloe Franklin, Josie Hale, Brady Moore.

Sixth grade: Trevor Duzan.

**Honors A's and B's**  
Eighth grade: Kaitlyn Curran, Jordan Pratt, Elizabeth Tighe, Tray Wardrip.

Seventh grade: Mason Allen, Ashlynn Baker, Matteson Barnes, Devon Barron, Isaiah Bates, Hunter Carnahan, Emma Edwards, Wyatt Hilligoss, Chilton

Ingram, Andrew Jeffers, Carter Pratt, Austyn Scroggins, Morgan Walters, Lanie Wiley.

Sixth grade: Garrett Castell, Evan Fowler, Marilyn-Jean Hill, Peyton Newberry, Grace Query, Colton Taylor, Nathan Tighe.

## ACS to host supper, breakfast

Arthur Christian School will host a Pork Chop Dinner on Friday, November 17, and a Pancake and Sausage Breakfast on Saturday, November 18.

Serving is 5 to 7 p.m. Friday and 8 to 10 a.m. Saturday.

Arthur Christian School is located 1.5 miles west of Arthur on Route 133.



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**AREA TEAMS SPORTS SCHEDULES**

**HS GIRLS BASKETBALL**

**Friday, November 17** – Monticello at ALAH 6:00 pm  
**Monday, November 20** – ALAH at Shelbyville 6:00 pm

**HS BOYS BASKETBALL**

**Saturday, November 18** – Meet the Knights Night  
**Tuesday, November 21** – Sullivan at ALAH 5:00 pm

**JR. HIGH GIRLS BASKETBALL**

**Thursday, November 16** – ALAH vs. Sangamon Valley at Illiopolis 6:00 pm  
**Saturday, November 18** – Tuesday, November 21 ALAH at IHSA 7th Grade Class 3A Regional at Sullivan

**JR. HIGH BOYS BASKETBALL**

**Thursday, November 16** – Villa Grove vs. ALAH at Lovington 6:00 pm  
**Saturday, November 18** – Paris Mayo vs. ALAH at Lovington 10:00 am  
**Tuesday, November 21** – ALAH at Bement 6:00 pm

**Schedules subject to change**

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## Green Wave Lawn Care

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