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Don't miss the most important parts of life  
We can help you hear your best when it matters the most!



Proudly serving DeKalb County for over 34 years!

**FREE HEARING TESTS**

**Free electronic hearing tests** will be given this month for all seniors. Hearing Health Center in Smithville will offer this testing for anyone who suspects they are not hearing clearly. Using our video otoscope, we will be able to show you the inside of your ear canal. Let's see if your problem could be as simple as too much earwax. We will then give you a full hearing evaluation, including speech understanding tests. Your results will be explained to you in clear, easy to understand terms and although we encourage early correction of hearing loss you are under no obligation to purchase.

- Approximately 15% of American adults (37.5) 18 and over report some trouble hearing.
- People suffering with Diabetes are four times more likely to develop hearing loss.
- People with hearing loss wait an average of seven years before seeing help.
- A 12-year study by Johns Hopkins School of Medicine found that untreated hearing loss increased the risk for dementia.
- Only one out of every five people who could benefit from a hearing aid actually wear one.

Demonstrations of the latest technology in better hearing will be available. Hear for yourself how easy it can be to understand clearly again. This is an easy and safe way to get the answers to your hearing questions. Hearing Health Center has been serving DeKalb County over 34 years and prides itself on being a great customer service company.

**(615) 597-4701** Medical Specialty Clinic  
518 W. Main, St., Smithville, TN



Bill Conger photo  
Grant Buterbaugh, left, and Andy Shahan display Mister Gross Mouth as part of Kick Butts Day at DeKalb West School.

# DeKalb West School students 'Kick Butts'

**BILL CONGER**  
Smithville Review  
Smithville, Tennessee

Students at DeKalb West School joined with youth across the nation for the annual Kick Butts Day. The day of activism on March 21 was to empower youth to stand out, speak up, and seize control against Big Tobacco at more than 1,000 events across the United States and world.

During lunch students stopped by a display table that showed "Mr. Gross Mouth," a model that shows all the potential health problems that can occur in a mouth alone from the effects of tobacco. A model of a healthy lung versus a smoker's lung introduced students to the reality of choosing a smoker's life. Students received bracelets, encouraging them to remain tobacco free. Thanks to Lisa Cripps with the DeKalb Prevention Coalition, the Junior Beta Club students received free t-shirts that read, "Kick Butts Day! Get Empowered: Stand Up, Speak Out, Against Tobacco Products."

In the United States, tobacco use kills more than 480,000 people each year – that's more Americans than AIDS, alcohol, car accidents, illegal drugs, murders and suicides combined.

Here are some other key facts:

- The vast majority of smokers start as children. In the U.S., 90 percent of all smokers start while in their teens or earlier.
- Every day, another 350 kids become regular smokers. One-third of them will die prematurely from a smoking-caused disease.
- Tobacco use costs us \$170 billion each year in medical bills.
- It's not just cigarettes that are bad for your health. Other forms of tobacco, including cigars and spit or smokeless tobacco, are also harmful and addictive.
- Secondhand smoke is also hazardous – it kills over 41,000 people each year. Secondhand smoke contains more than 7,000 chemicals, including at least 69 that cause cancer. According to the Surgeon General, secondhand smoke causes heart disease and lung cancer in nonsmoking adults and respiratory problems, sudden infant death syndrome, low birth weight, ear infections and more severe asthma attacks in infants and children.

There is good news: The United States has made a lot of progress in reducing smoking by both youth and adults. We've cut adult smoking by more than half since the 1960s, and youth smoking in half since 1997. But 8.0% of high school students and 15.1% of adults still smoke, so we still have a lot of work to do.

**APRIL IS NATIONAL SAFE DIGGING MONTH!**

**MIDDLE TENNESSEE NATURAL GAS**

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Common Ground Alliance

# Our thoughts are with Pittman family

Our community extends sympathy to the family of JoAnn Pittman. We remember JoAnn when she visited our community with the late Charles Brigham Ayers. She was a quiet gentle lady. Please pray for her dear family and friends that will miss her presence here, until that heavenly reunion day.

A special 18th birthday dinner was given in honor of Elizabeth Miller at her home in Lascassas. Many family and friends attended this celebration. Elizabeth is one of my great-granddaughters. She has always been a sweetheart full of love and concern for others. We wish Elizabeth much success in her future endeavors.

Sunday dinner at our house include the following family members: Jimmy and Judy Kimbrell; David, Monica, Levi and Molly Reynolds, Buddy and Deborah Fuson, Ricky and Kathy Hendrix, Jennifer, Sawyer, Maggie Ann, and Liam Frazier Hendrix, Jerald and Lisa Cripps, and Jordan, Christian and Claire Cripps. We enjoyed a delicious meal prepared by Deborah, Judy and Monica. Thanks so much!

Dr. Bruno and Geri Frazier of Kennesaw, Georgia visited our family after lunch Sunday. Bruno is my grandson and is a professor of Georgia Tech in the Engineering Department.

Bro. Donald Owen and Paulette Robinson of the Dry Creek Baptist Church visited our family on Wednesday and provides much appreciated meals for shut-ins. They are truly much loved in this community.

Our thoughts and prayers are with Dr. Greg Ray and his family. Greg is recovering from surgery in Texas. Please also extend prayers to his parents, Ernest and Elene Ray.

Dry Creek Baptist Church future activities include: May 13 - Mother's Day Special Recognition. Special offering for Tennessee Baptist Children's Home, May 27 - Memorial Day Weekend Special Service at 11 a.m., fellowship and hot-dog supper at 5p.m. and special program.

*Let love be without dissimulation. Abhor that which is evil; Cleave to that which is good.*

**Romans 12:9**

