

Farmelo announces candidacy for 11th District Constable

I am Ed Farmelo. I am seeking election for constable of District 11. I currently serve as a public safety officer with McMinnville Police Department and I wish to expand my involvement with local law enforcement.

I have the support of most constables in the Warren County Constables Association as well as

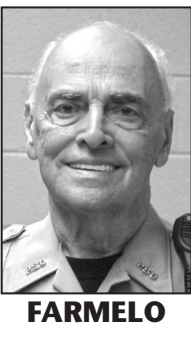
numerous county and city officers. I currently meet or exceed the in-service training requirements to serve as constable.

I have been a resident of Warren County and the Midway community for 28 years.

I have been married to Fran Farmelo for 50 years and we have four generations living here in Warren

County, three daughters, six grandchildren and 1.5 great-grandchildren.

I am retired from both Chrysler Engineering and Clayton Corporation. Since retirement, my



FARMELO

time is spent working on the farm, riding motorcycles, traveling and working as a safety officer.

If elected, I plan on working to set up Neighborhood Watch programs, promote CPR

classes and improve response time to emergencies. Constables in other districts are actively doing these programs.

Please remember voting for a constable is a serious matter. Constables have the authority to enforce all county, and state laws. You as a voter choose the person who you feel is best qualified to handle the

power and responsibility that go with the office.

Working as a city safety officer has giving me experience working with law enforcement. I believe I am best qualified to be your constable.

Please vote for me in the Aug 2 election. Remember you can vote early from July 13-28 at the county building on Locust Street.

Dual Enrollment graduates



Four Warren County High School graduates recently received their associate's degree from Motlow State Community College at the college's 2018 spring commencement ceremony. The graduates, pictured above at WCHS graduation, are from left, Lila Loftis, Courtney Curtis, Molly Hale, and Rebecca "Bec" Loftis. They participated in the Dual Enrollment program at Motlow that allows students to take college courses while enrolled in high school. For additional information on Motlow's Dual Enrollment program visit mscc.edu/dualjoint.

Williams

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"The pathologist comes in, sits down and looks at me," said Williams. "The atmosphere in the room just got darker for me. He says 'Mrs. Williams, I don't know how to tell you this, but there is not one good thing about your mammogram.' He said on a scale of 1 to 10, and 10 being the most abnormal with the most abnormalities, I was a 10. The whole top part of my chest down to the nipple and out to the side is covered. I knew I had cancer. He didn't have to say it."

A subsequent biopsy revealed it was stage three and stage four, triple negative breast cancer. Triple negative means the tumor is estrogen receptor-negative, progesterone receptor-negative, and HER2-negative.

The finding came Dec. 21, one day prior to her 28th wedding anniversary.

She was scheduled for 16 rounds of chemotherapy at Vanderbilt Medical Center. Her 11th chemo treatment was May 29.

"I've got five more treatments to go," she said. "We don't know how the cancer

is responding at this time. Once the chemo treatments have been completed, they'll do another mammogram or a body scan. We are hoping it's gone. Some days it feels the exact same and just as big as it was. Some days it feels flat and spread out. We don't know what it's doing right now."

The results of those follow-up tests will determine future treatment, such as a mastectomy.

For now, Williams focuses on her blessings.

"There have been more blessings than I can count. Warren County has been so good to me. I've met people who I probably wouldn't have met. I'm bald and people have walked up to me and said, 'I've had cancer too. I'm a survivor.' People hug me. Hugs are wonderful. I've had so many people reach out to me. Almost daily, I get a card in the mail from someone encouraging me to stay strong and telling me I can beat this."

She adds, "This experience has changed me. I've heard about people in the community with cancer. Did I think about them? Yes. Did I take that extra step to send them a card in the mail

encouraging them? No, I didn't. I will now, because I know how meaningful it is to someone who's struggling. Just when I'm trying to figure out how I'm going to make it through this day, I'll receive a card in the mail from someone telling me I can beat this. The cards I've received have meant so much to me."

Williams credits Jessica Higgins, an LPN with St. Thomas Medical Partners, for her quick medical treatment.

"Jessica had a terrible time working with my insurance and trying to get me into a mammogram and get treatments started quickly, but she never gave up. It was like I was her mom. I'll never forget how hard she worked for me. I've got her cell number in my phone. It isn't under 'Jessica.' It's under 'Angel' because that's what she is to me. She's my angel. Hopefully, every cancer patient has an angel like Jessica working for them."

Higgins refuses to take credit.

"I'm honored she thinks highly of me," said Higgins. "I was just doing my job. I could tell she was upset on

the phone and I try to treat everyone the way I would want my mom or family member treated. Detra Whiles, our practice coordinator, was there with me that day and she was very helpful in getting Tammy the care she needed."

Warren County Relay for Life is this Saturday, June 2, from 5 to 10 p.m. The event has moved from its longtime location at Nunley Stadium to downtown McMinnville. Williams is not sure she will attend.

"If I thought it would help people, I would go to Relay for Life. I don't want to show up and cry a lot," she said. "Relay should be a celebration of life. It's an uplifting time for survivors. I've asked myself over and over, 'I'm a survivor?' I think I am. I'm fighting this and I'll continue to fight. I have two daughters. One is 20 and one is 26. I want to see them get married. I want to live to see my grandchildren."

Williams told her story with two goals in mind: 1) to encourage women to get mammograms; 2) to let nurses know how important they are in the lives of their patients.

Mountain Crawl approved to return to McMinnville

BY **LISA HOBBS**
Reporter for the Southern Standard
(McMinnville, Tennessee)

McMinnville's Mountain Crawl Adventure Race on Sept. 22 has received approval to utilize city streets for its fourth year.

The Board of Mayor and Aldermen unanimously approved a request from Warren County Chamber of Commerce president Mandy Eller to support the event and provide it with police enforcement.

"We plan on keeping the same route as last year, starting at Cumberland Caverns then to Smooth Rapids via Dark Hollow Road to Highway 8, Highway 56 then on Durham Street," said Eller. "We are requesting support of the police department during the race as needed. The proposed route provides a shoulder the entire route and at no time does a

bike cross a street."

Racers will still enjoy three legs of the race with caving at Cumberland Caverns, biking a 7.4-mile scenic route, and kayaking approximately six miles of the Barren Fork River. Kayaks are courtesy of Smooth Rapids.

The race, touted as a good test for the seasoned athlete, is gaining popularity.

"We grew from 38 participants in 2016, to 95 last year and 71 were from out of town," said Eller. "We anticipate even more growth this year. New this

year, we'll split the competitive and non-competitive into different heats to keep the boats moving."

Competitors can compete as individuals or as a team of three, splitting the legs between them – making the race accommodating for beginners.

As it has in the past, an abundance of prizes are up for grabs and race participants are urged to enjoy lunch refreshments at Smooth Rapids after the race.

Registration opened Thursday, May 31, on runsignup.com.

VETERANS CORNER

Southern Standard

AMERICAN LEGION POST 173
Our MONTHLY MEETINGS are held the first Thursday of each month at Billy's Restaurant (2822 Nashville Highway in McMinnville). Members will meet at 5:00 pm for dinner with the meeting to follow at 6:00 pm. All members are encouraged to attend. Prospective members are also welcome to attend. Everyone is invited to visit our Facebook page @post173 to stay up to date on all American Legion activities.
New Post address is: American Legion Post 173, P.O. Box 173, McMinnville, TN 37111. The Ladies Auxiliary meets at the same time.

THE BOBBY RAY DETACHMENT OF THE MARINE CORPS LEAGUE
Our MONTHLY MEETINGS are held the first Thursday of each month at the Warren County Administrative Building (201 Locust Street) in the Magnolia Room. Doors open at 1800 and the meeting starts at 1830. All honorable discharged Marines, Navy FMF Corpsman and Navy Chaplains who served with the marines are invited to attend. For more information call 931-934-5619.

AMERICAN LEGION RIDERS CHAPTER (POST 173)
Our MONTHLY MEETING are held the fourth Saturday each month at Billy's Restaurant (2822 Nashville Hwy. in McMinnville). Member will meet at 9:00am for breakfast, meeting to follow at 10:00am. Group will go for a ride after the meeting, weather permitting, location to be determined by the Road Captain. We are looking for new members. For information contact Rider Director John Davis American Legion Rider Chapter Post 173, PO Box 173, McMinnville, TN 37111.

VIETNAM VETERANS OF AMERICA, ROYCE DAVENPORT CHAPTER 1112
Monthly meetings are held on the second Thursday of each month at Billy's restaurant (2822 Nashville Hwy. in McMinnville). Members will meet at 5:00 p.m. for dinner, with meeting starting at 6:00 p.m. All members are encouraged to attend. Prospective members will need to bring copy of DD Form 214 to verify service and join. Everyone is invited to visit our Facebook page @ VVA1112 to stay up to date on all VVA and AVVA activities.

Associate Vietnam Veterans of America, Royce Davenport Chapter 1112
Meeting is the same time and place as the VVA (see above). Anyone can be a member. There is no requirement to be related to a Veteran in anyway, however Veterans can also join. Please come and join our organization. Royce Davenport Chapter 1112 will again be collecting non-perishable items for the Warren County Emergency Food Bank during the Main Street Live Concert Series on Friday nights starting June 9, 2017 and continuing through the series. Your donations are greatly appreciated.

VETERANS OF FOREIGN WARS POST 5064
Our MONTHLY MEETINGS are typically held on the third Thursday of each month at the VFW Post Home (3340 Sparta Highway) at 7:00 pm. Prospective members are encouraged to attend. Call 931-668-8392 for more information. The VFW Auxiliary meets at the same time.

IRVING COLLEGE HONOR ROLLS

Irving College principal Rachael Graves is announcing the school's honor rolls for the fourth quarter:

FIRST HONOR ROLL

All A's

Fifth Grade -- Rhealee Barrett, Leo Castaneda, Amber Taylor
Sixth Grade -- Natalie Lovell, Karigan Smith
Seventh Grade -- Cooper Bailey, Alex Castaneda, Aly Lewis, Mia Hobbs
Eighth Grade -- Kade Anderson, Bren Curtis, Bralee Curtis, Kalie Dodson, Esmeralda Flores, Jaquelyn Frankman, Ashlyn Fults, Alyssa Gardenhire, Gavin Hobbs, Rose Simpson, Breezy Wanamaker

SECOND HONOR ROLL

All A's and B's

Fourth Grade -- Jacob Holt, Ben Rhea, Charlotte Roller, Wesley Clendenon, Nathan Gant, Kadee Lyle, Addison Rubley
Fifth Grade -- Kyleigh Brady, Felicity Buttram, Presley Green, Addison Knox, Colt Scott, Trace Taylor,
Sixth Grade -- Keera Anderson, Austin Baker, Katelyn Brown, Shelby Fults, Vanessa Garcia, Jennifer Garcia, Hayden

Hardy, Makalie Hobbs, Tilmon Martin, Wyatt McCormick, Brooke Taylor, Brooklyn Wanamaker, Nate Williamson, Brynn Woodlee
Seventh Grade -- Elijah Alexander, Espie Gant,

Grace Martin, KeyLe Rhea, Kaden Rucker, Braelin Slaughter, Abram Stinson, Wendy Garcia, Christina Root, Jonathan Ruiz-See, Paten Walker, Riley Wanamaker, Jesse Young

Eighth Grade -- Samantha Blanton, Makenna Coppinger, Jeremiah Ferrell, Damion Gay, Armondo Morales, Alexis Patterson, Thomas Turpin, Wesley Williamson

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HAPPY FATHER'S DAY

Remember Father's Day

June 17, 2018

We'll print your 30 word message for \$10 or with photo for \$15 on Father's Day, June 17, in the SOUTHERN STANDARD. Bring your photo w/message by our office at 105 College St. or mail w/payment to:

SOUTHERN STANDARD
P.O. Box 150, McMinnville, TN 37111

Watch his face light up when he opens the Southern Standard Father's Day and reads your personal message of love especially for him.

ALL ADS MUST BE PAID IN OUR OFFICE BY THURSDAY, JUNE 14

HAPPY FATHER'S DAY