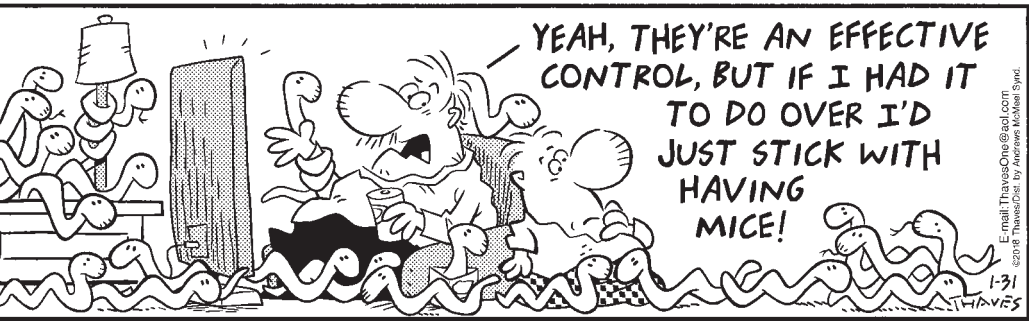


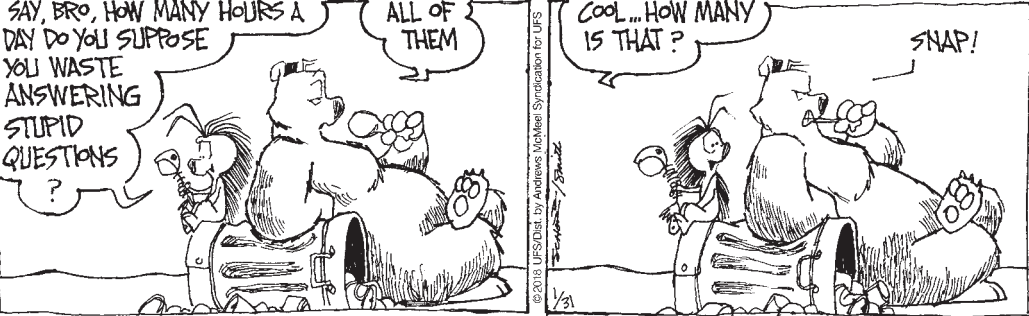
ARLO AND JANIS® by Jimmy Johnson



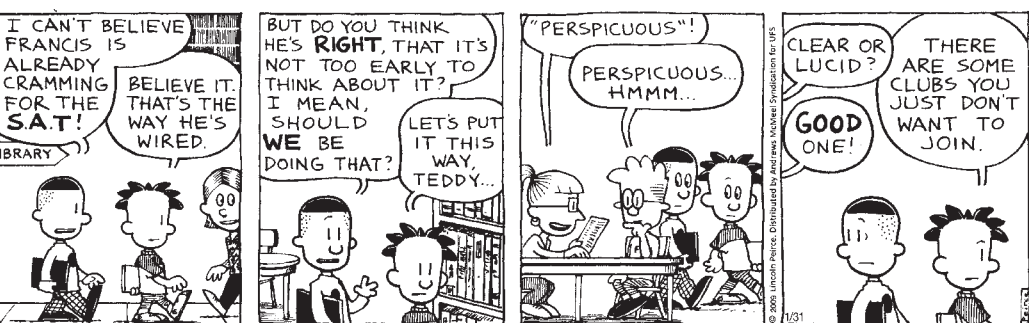
FRANK & ERNEST® by Bob Thaves



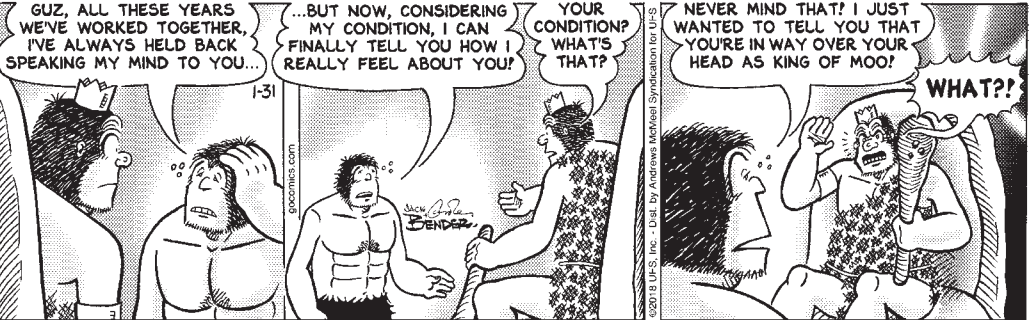
THE GRIZZWELLS® by Bill Schorr



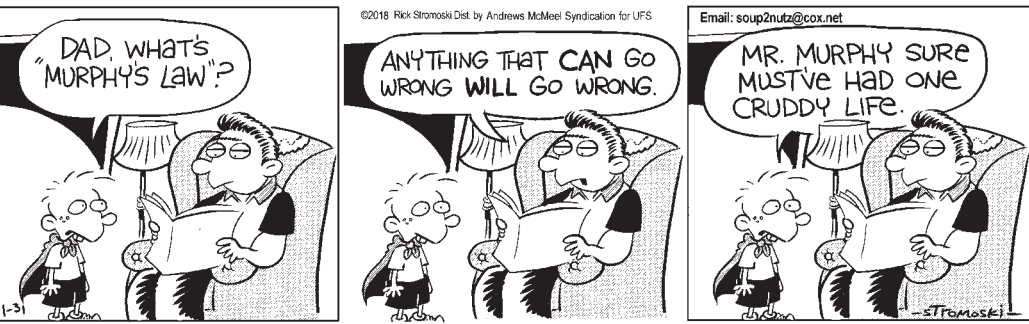
BIG NATE® by Lincoln Peirce



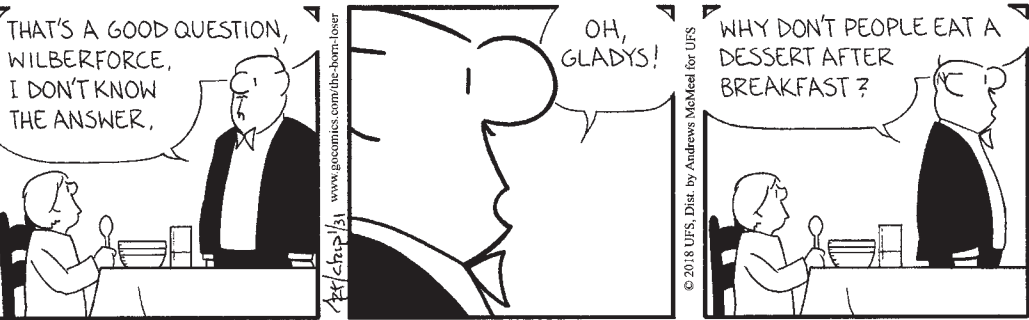
ALLEY OOP by Jack and Carole Bender



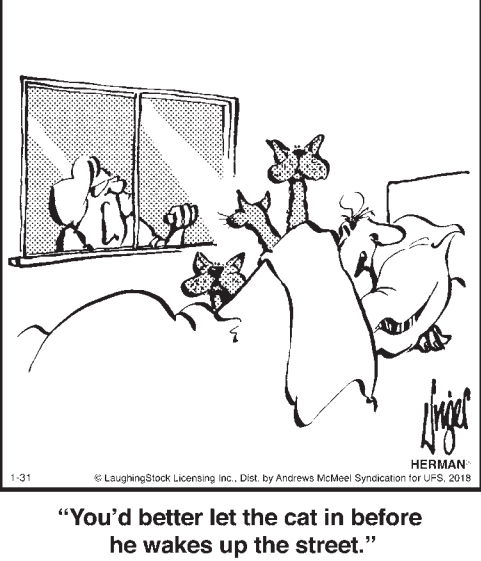
SOUP TO NUTZ by Rick Stromoski



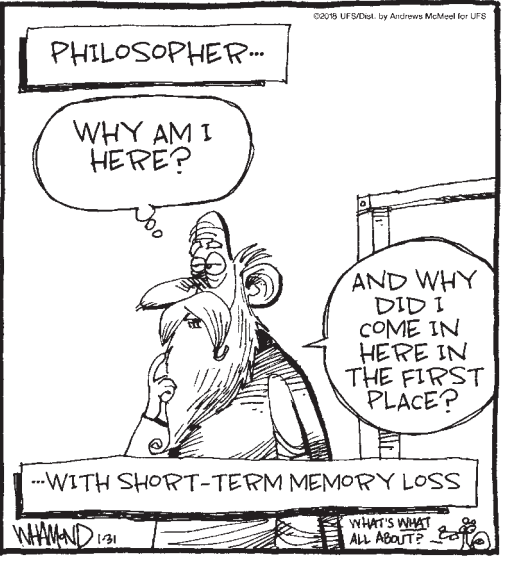
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HERMAN® by Jim Unger



REALITY CHECK® by Dave Whamond



SENSE AND SENSITIVITY
By Harriette Cole

Wanderlust causes problem for couple

DEAR HARRIETTE: Ever since I was little, I loved to travel. My parents thought it was important to expose my siblings and me to different cultures constantly, which is why we traveled so often. I would consider that a huge part of my identity and traveling to be one of my passions.

My current partner is the opposite of this. He enjoys staying at home and not venturing out to new and different places. I was wondering if you think this is a determining factor in our relationship's success. Do you have any recommendations for how we can compromise between our two lifestyles?

— Travel Bug, Des Moines, Iowa

feeling like this because I have never been one to suffer from anxiety or depression before. Nothing in my life seems to have had triggered this, but it has gotten to the point where I experience these feelings every day. I disclosed this information to a friend, and she has advised me to see a counselor or therapist. The thought of me seeking professional help for the feelings I am having seems odd to me, and I am not a fan of the idea. With my friend's advice taken into consideration, I need some help on how I can deal with this myself, or any other alternatives to seeing a medical professional.

-- NOT SO HAPPY, Norman, Oklahoma

DEAR TRAVEL BUG: Yes, it can be true that opposites attract, but it can also be worrisome. What you choose to do in your spare time is important, especially in a relationship. You want to be interested in similar things so that you will naturally acclimate to the same types of activities.

A compromise could be that you, the one with wanderlust, could be willing to discover how to enjoy the comforts of home more as your boyfriend becomes willing to go on at least one adventure per year. Try that out to see how it fits. In the end, you both need to feel comfortable with how you spend your time. Ideally, you will need activities that you enjoy together more than those you enjoy apart from each other.

DEAR NOT SO HAPPY: First, I'm sorry you are feeling sad. That is a hard place to be, and it often feeds on itself, leading one to feel worse over time.

Second, I need you to know that there's nothing wrong with seeking professional help. In fact, it's way better than talking to friends who are not experts. Getting private, professional support to work through an emotional problem is smart. Yes, it may seem odd, but it really can help.

If you feel depressed and want to call someone (and this goes for anyone reading this column), go to mentalhelp.net/articles/depression-hotline/ to find the hotline number nearest you. Don't suffer alone.

DEAR HARRIETTE: I have always considered myself to be happy and cheerful. I am motivated to be successful, and I am a sociable person. Recently, I have been having a constant feeling of anxiety and sadness. I am not sure why I have been

(Harriette Cole is a lifestyle and founder of DREAMLEAPERS, an initiative to help people access and activate their dreams. You can send questions to askharriette@harriettecole.com or c/o Andrews McMeel Syndication, 1130 Walnut St., Kansas City, MO 64106.)

CROSSWORDS

ACROSS

1 Rounded hills

6 Icky

11 Carrier

12 "Bus Stop" star

13 Gentlewomen

14 Deft

15 Pungent bulb

16 Italian greeting

17 Ringlet

18 Koan

19 discipline

23 Poet's black

25 Bauxite giant

26 Wall Street deg.

29 No later than

31 Rapper

32 Comic-strip prince

33 Long grasses

34 Fire residue

35 Jack London setting

37 House part

39 Command to a pooch

40 Brooks or Blanc

41 Part of an agenda

45 Wind-driven mist

47 Gullible

48 Rock tumbler stones

51 Playful talk

52 Makes merry

53 Esoteric

54 Dormant

55 Whiff

DOWN

1 Reeves of "Speed"

2 Low point

3 Baltimore bird

4 "— here long?"

5 Almost-grads

6 Luke's mentor

7 Put down a rug

8 —Magnon

9 Garden-pond fish

10 Even so

11 Cartel

12 Foremost

16 In the middle

18 Sector

20 Bruins' sch.

21 Hecklers' chorus

22 Every

24 Char

25 In addition

26 Willie of baseball

27 Dry

28 "Diana" singer

30 "American —"

36 Off-white shade

38 Stag honoree

40 Touse

42 Atlas or Prometheus

43 Happening

44 Insignificant

46 Early Briton

47 DEA operative

48 Jackie's tycoon

49 Mil. rank

50 Gladiator's hello

51 —relief

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PSEUDO

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JONES

TRASHY

ADOS

BOOT

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