



Joshua Caten, left, and Brett Patterson were all smiles as McMinnville Swim Team kicked off its season last week.

Filephoto

Taking a lap

Swim team starts season

BY **JEFFERY SIMMONS**
Sports Editor for the Southern Standard
(McMinnville, Tennessee)

McMinnville Swim Team dove into competition recently in Shelbyville.

The local squad came away with a number of standout performances in the pool, walking away with 12 individual and four relay race victories.

Jackson Moore had his hand in four victories – two on his own and two more on relay teams. Moore claimed victory in the 8U division in both the 25-meter freestyle and 25-meter butterfly, posting times of 24.62 and 35.46 seconds, respectively. Moore was also a member of the mixed medley relay,

where he teamed with Luke Caten, Olivia Stefanick and Emory MacDonald to win. In the 100-meter freestyle relay, Moore was joined by Caten, Hunter Johnson and Britton Mayfield to combine for a winning time of 2 minutes, 19.08 seconds.

Caten was a name seen a lot beside the winning times in Shelbyville. Luke Caten won 25-meter freestyle in 6U (39.08 seconds), Gracie Caten took top honors in the 11-12 100m individual medley (1:44.78 seconds) and Mitchell Caten put distance from the field in the 11-12 50m backstroke (40.86 seconds).

Continued on **2B**

Netherton Dentistry drills Citizen's Bank

BY **JEFFERY SIMMONS**
Sports Editor for the Southern Standard
(McMinnville, Tennessee)

Playing Netherton Dentistry in the girls 7-9 softball league is like going through a root canal. It's not going to be pleasant for the person on the other side.

Netherton Dentistry continued its dominant run Monday, downing Citizen's Tri County Bank 23-0 in four innings.

Citizen's Bank was just the latest opponent to get drilled by Netherton Dentistry. The league's top team has won its last three games by a combined 48 runs, rarely having to sweat out a close contest.

Netherton started out fast in the first, getting a lead-off double from Kenzie Hullett to kick off an impressive offensive display. Aubrey Oleksik started the scoring with an RBI triple, which was followed by run-scoring hits from Caydence Wiser, Aryanna Luna, Macy McBride and Ashlynn Graves.

After hitting the five-run limit, Netherton flashed the leather, holding Citizen's scoreless in a quick first inning. Cashing in on hits was hard for Citizen's Bank against a fierce defense, with the home team finishing with just four hits from Charley Wilson, Lorelei Griffith, Taylor Gann and Haylie Hayes.

Netherton Dentistry continued its onslaught in the second. Jenna Mullins and Macy McBride each ripped two-run triples in the inning,



Jeffery Simmons photo
Aubrey Oleksik fires to first for an out. Oleksik's defense helped Netherton Dentistry blank Citizen's Bank.

with McBride's pushing the lead to 11-0 after two.

Chloe Wanamaker added another two-run triple in the third, while Caydence Wiser's three-run, inside-the-park home run gave her team an 18-0 advantage.

Luna, McBride, Graves, Wanamaker and Bubbles Ross all had hits and scored in the fourth, while Cara Rhoady added an RBI single.

Slide, slide, slippity slide



Jeffery Simmons photo

It wasn't a Slip-N-Slide, but coach Trice Powers made sure campers had a smooth path to the base during sliding drills at the Pioneer baseball camp. Sam Rivers shows off his form as the WCHS baseball coach looks on intently.



Jeffery Simmons photo

Kaden Jordan does lunges during Tuesday's workout at WCHS. The Pioneers will hold at Lift-A-Thon Friday at the WCHS indoor facility.

Lift-A-Thon set for Friday

BY **JEFFERY SIMMONS**
Sports Editor for the Southern Standard
(McMinnville, Tennessee)

Tom Moore is taking a page out of the Hans and Franz playbook. He's looking to pump the Pioneers up.

The Warren County High School football team will be holding a Lift-A-Thon Friday in hopes to raise money for the upcoming season. Pioneer players will be taking pledges as they show off their strength in three major lifts.

"We'll be doing the core lifts – bench, squat and power clean," said Moore. "I've been pleased with the gains we've been making. It will give people a chance to see our improvements."

The event will run from 8:30-10:30 a.m. at the Warren County High School indoor facility. Team members can take donations per pound or total donations for lifts. Funds will be used for meals for the team in the fall.

Coach Moore is adding extra events for spectators and his team as well. The Pioneers will be going through a simulated combine, where they'll be timed in pro agility and the 40-yard dash.

Moore believes it gives every player a showcase of their athleticism.

"Letting them run gives some of the smaller guys a chance to shine," said Moore. "It's a good showcase for everybody and a way to get



Quarterback Clay Thompson gets in reps during workouts Tuesday.

some numbers and times on record."

The event will come just before the summer dead period for school sports. The Pioneers will return for conditioning in July before the official start of fall practice Monday, July 23.

Warren County starts its season Friday, Aug. 17 at DeKalb County.



July 21st

Parks and Recreation
McMinnville
WARREN COUNTY, TENNESSEE
See National!

1ST ANNUAL TREE CITY INVITATIONAL

Ages: U8 - Adult (Coed 3v3)

Team Registration Fee: \$100 | Deadline to Register: June 30

Late Registration: July 1-10 (\$120)

Register online at mcminnvilleyouthsoccer.com

or at the Civic Center

500 Garfield Street ■ McMinnville ■ 931.473.1212