

Five tips to make the school year easier

BY **LACY GARRISON**
Reporter for the Southern Standard
(McMinnville, Tennessee)

It's official. School is back in session. Perhaps, you're the overly prepared and organized parent, or maybe you're fighting the urge to cry from stress and exhaustion of back-to-school chaos. Either way, here are some hacks that may make your life easier.

1. Breakfast matters — premake grab-and-go options.

Don't let your kid get hooked on sugary breakfast foods that are comparable to candy. Although it can be tempting to send them out the door with a pop tart and juice, the sugar rush might affect their behavior by the time they get to school.

Instead, try creating an

omelet in a pita, fruit smoothie or breakfast sandwich. If you don't have time to cook a hearty breakfast each morning, make sure they have something healthy to grab like granola and fruit.

2. Photograph or screenshot schedules for your phone.

It can be difficult to adjust to new schedules for both parents and students. Typically, your phone is always handy so take a photo or screenshot of your children's schedules so it's easily assessable whenever you need it. You may even want to change the background photo on your phone to this schedule for a quick reference of pickup times, school holidays and other noteworthy dates.

3. Download and print

out closet tags.

To avoid being late for school or mini meltdowns because of indecisive children, help them organize their closets and plan their wardrobe for the week. There are numerous closet tag printables to choose from to help kick start this routine.

You could help set out your children's clothes each night, or have them select clothes for the entire week every Sunday night. Either way, you're sure to save time in the morning.

4. Use cheap kitchen sponges for ice packs.

All you need is a kitchen sponge, soak it in water, place in a sandwich bag and freeze it. You can stock up sponges from the dollar store and create plenty of cheap ice packs. Several moms even shared

that when the ice begins to melt, the sponge soaks up the water so it doesn't leak everywhere. That's convenient.

5. Make your own homemade lice prevention spray.

Yes, just thinking about lice can make your head itch, but it's a reality you should prepare for as a parent. Here's one DIY preventative lice repellent spray recipe:

- Mix 3 to 4 drops of tea tree oil or rosemary oil into a spray bottle full of water
- Shake well to combine
- Spray your child's head before school

These are just a few back-to-school hacks to help you and your family manage the new school year.



Lacy Garrison photo

Christina Chisam combs and sprays Salym's hair with SoCozy Boo! Lice Leave-in Spray as a preventive measure to protect her daughter's silky blonde locks from those pesky critters. This is just one of the back to school hacks to help parents this new school year.

Google is watching

SAN FRANCISCO (AP) — Google clarified how it tracks users even if they've disabled a "location history" setting, revising a help page that erroneously said turning off that setting would stop the tracking.

The change came three days after an Associated Press investigation revealed several Google apps and websites store user location even if users have turned off

Location History. Google has not changed its location-tracking practice in that regard.

But its help page for the Location History setting now states: "This setting does not affect other location services on your device." It also acknowledges that "some location data may be saved as part of your activity on other services, like Search and Maps."

Flag

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"It meant so much to me that I saluted it as a

young soldier every time I passed by the flag," reflected Grissom. "One day, a commander who was in my unit stopped me and asked me why I was saluting and I said I'm proud of that flag and that's why I salute it."

During the ceremony, Commander Killea said, "Let these faded flags of our country be retired and destroyed with respectful and honorable rites and their places be taken by bright new flags of the same size and kind, and let no grave of our soldier, sailor, Marine or airman dead be unhonored and unmarked."

Following the closing prayer, American Legion members and a few community members began retiring the flags into the fire.

For more information on American Legion Post 173, contact Harold Lough at (931) 205-4596.

Charles "Pee Wee" Edward Woodard, 68

Charles "Pee Wee" Edward Woodard, a Lebanon resident and Warren County native, was born Oct. 14, 1949 and passed away Aug. 10.

Lovingly known as "Pee Wee," he will be remembered for his love of life and sense of humor. Pee Wee never met a stranger.

He was preceded in death by his parents, Paul Allen Woodard and Virginia Louise Woodard. Survivors include brother Thomas (JoAnn) Woodard, sister Cynthia Woodard Grizzard, and a host of aunts, nieces, nephews and cousins. Pee Wee will be fondly remembered by devoted friend Minnie McReynolds and numerous friends in Lebanon.

Funeral service will be Monday, Aug. 20, at Neuble Monument Funeral Home, 1330 Bluebird Road, Lebanon, TN, 37087. Visitation is Monday from 11 a.m. to 12 p.m. noon with funeral service to follow.

Southern Standard
(McMinnville, Tenn.) Aug. 17, 2018

Hazel Nadine Fann Blair, 79

Ms. Hazel Nadine Fann Blair, 79, of Woodbury was born Sept 18, 1938 and passed away Aug. 14.

She was preceded in death by her parents, Clyde Floyd Fann and Gladys White Merriman Fann and by two brothers, Billy Fann and Bratten Fann.

She is survived by her daughter, Anna Blair Nichols (Stanley Browning); one brother, Joe Fann; two grandsons, Josh (Amy) Nichols and T.J. (Michelle) Nichols; seven great-grandchildren, Laura Beth, Lane, Hannah Jo, Alden, Jolen, Lasten, and Addison; several nieces and nephews and great nieces and nephews. She was also "The Nanny" to so many more.

She was a member of Shiloh Baptist Church and retired from being a barber for 35 years. Being a barber was a job she enjoyed. Her daughter would ask her why she worked so late, her reply was, "My farmer customers need haircuts too and they don't want to come in from the field to get a haircut. Besides they know I don't care if they clean up or not." She enjoyed just talking to her customers. She loved her family. She doted on her grandsons and great-grandchildren. If she was able she always wanted to go see them play ball or whatever activity they had going on. She enjoyed chatting with her friends, of which she had many. She loved a good gospel singing or any singing at all. Her flowers were a passion along with cooking. All of life was a passion. She was always willing to help someone (friend, family, or stranger).

She had a favorite song with lyrics that said: "If I could see the smile on every face that entered, shake the hand of every friend I used to know and after I have had a while to be with Jesus, I'd like to be the keeper of the door." Guess who's the new keeper of the "door." Any memorial donations can be made to The Cannon Count Walking Horse Association (she worked very hard for this association for many years) or any youth sport. She loved them all.

Visitation will be held at Smith Funeral Home on Friday, Aug. 17, from 4 to 9 p.m. and Saturday, Aug. 18, from 9 a.m. to 2 p.m. Funeral service will be Saturday, Aug. 18, at 2 p.m. at Smith Funeral Home chapel. Bobby Nichols will officiate. Interment will follow at Riverside Garden. Share memories and condolences with the family at www.smithfuneralhome-woodbury.net.

Smith Funeral Home is in charge of arrangements, 615-563-5337.

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Ella Mae Harrison, 75

Mrs. Ella Mae Harrison, 75, passed away Tuesday, Aug. 14, in McMinnville.

She was born in Washington County, Fla., on Feb. 18, 1943 to John Brannon Harrison and Lelar Rebecca Heath Harrison, who preceded her in death. She was also preceded by sisters Verlin Hall, Annie Mae Strickland and Louise Youngblood Bentz, and brothers Martin, James, Hubbert, Charles and Alvie Harrison.

She enjoyed her life, being around her family, her friends, traveling and gardening.

She is survived by her son, Bobby (Tanua) Dennis of McMinnville; daughter Teresa Webb of Lawrenceville, Ga., brother Jimmy Harrison, Fruitland Park, Fla.; sister Dollie Thomas of Leesburg, Fla.; grandchildren, Destiny Dennis, Keithan and Emma Dennis of McMinnville, James and Megan King of Smithville, Matthew, Sarah and Danielle Webb of Lawrenceville, Ga.; great-grandchildren, Addisyn and Reanna King; several nieces and nephews along with many special friends.

Funeral services will be 10 a.m. Monday in the funeral home chapel with minister Hershel Short officiating. Burial will follow at Brick House Cemetery in Rock Island. Visitation is 5 to 8 p.m. Sunday at Layne Funeral Home in Altamont, www.laynefuneralhome.com

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Robert Lee Boyd, 99

Mr. Robert Lee Boyd, 99, of Rock Island died Monday, Aug. 13, at the Webb House.

He was born Aug. 21, 1918, in Rock Island, served his country in the U.S. Army during World War II, was the recipient of both the Purple Heart and the Bronze star with 2 Oak Leaf Clusters, and retired as a superintendent with the U.S. Army Corp of Engineers. He was a member of Rock Island Cumberland Presbyterian Church where he served as an elder, a past Master of Rock Island Lodge No. 452 F&AM, a life member of VFW Post 10904, a member of American Legion Post 173, and author of the book entitled "The First 91 Years." Mr. Boyd was preceded in death by parents I.E. and Lela Templeton Boyd, first wife Lorene Windham Boyd, second wife Juanita Hennessee Boyd, sisters Glendon Foster, Elizabeth Stuck, and Lucille Stiles, and brothers George Boyd and Huston Boyd.

Survivors include his children Robert Lee (Brenda) Boyd Jr. of Old Hickory, and Sharon Boyd of Brentwood, grandchildren Nicole Lee Lane, Krista Lee Welsh, and Nileta Lee Cramer, great-grandchildren Autumn, Tyler, Savanna, Alexis, and Alyssa, great-great grandchild Paityn, stepchildren Johnny Glenn (Christine) Hennessee, Janice Ann Hennessee (Bill K.) Osburn, Tom Ray (Sabra) Hennessee, and Cecil Edward (Cathy) Hennessee, 12 step-grandchildren, and 24 step-great-grandchildren, along with many other friends and family members.

Funeral service will be 11 a.m. Saturday, Aug. 18, at McMinnville Funeral Home Chapel. Rev. Douglas Dunlap will officiate. Military grave rites will immediately follow at McMinnville Funeral Home and will be conducted by American Legion Post 173 and VFW Post 5064. Interment will follow at 3 p.m. at Hendersonville Memory Gardens in Sumner County. The Boyd family will receive friends Friday from 5 to 8 p.m., and again Saturday from 10 a.m. until the time of service at the parlors of McMinnville Funeral Home. A masonic service will be conducted Friday evening at 7 p.m.

Memorial contributions may be made to Rock Island Cumberland Presbyterian Church, P.O. Box 146, Rock Island, TN 38581. Online condolences may be made at www.mcminnvillefuneralhome.com.

McMinnville Funeral Home is in charge of arrangements, 473-6606.

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McMinnville Funeral Home
OBITUARY LINE
473-5700
mcminnvillefuneralhome.net
117 Underwood Rd.
473-6606

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24 Hour
Obituary Information
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For Other
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www.highfuneralhome.com