



Photo provided

Warren County native Kataen Shockley is crowned 2019 Miss Volunteer's Outstanding Teen by retiring queen Hannah McKay at the close of the pageant held in Knoxville.

Kataen Shockley crowned Miss Volunteer's Outstanding Teen

BY MARGARET HOBBS
Lifestyles Editor for the Southern Standard
(McMinnville, Tennessee)

Fifteen-year-old Kataen Shockley was crowned Miss Volunteer's Outstanding Teen in the scholarship pageant held at Hardin Valley Academy in Knoxville. The event is a preliminary for the 2019 Miss Tennessee's Outstanding Teen Pageant, and she will compete in March at the state event in Jackson.

The pageant consists of multiple phases of competition, beginning with an eight-minute private interview with a panel of six judges. Kataen's pageant platform is "Feeding Friends," a program designed to help provide food to students who might do without on weekends.

Evening competition included an on-stage introduction, fitness, talent, evening gown and on-stage question. Her

talent was a lyrical dance to an acapella version of "Hallelujah" by Pentatonix. Kataen was also awarded the overall teen talent award.

Also crowned in the pageant were 2019 Miss Volunteer Kelsi Walters, and 2019 Miss Volunteer Iris Teen Kylee Maupin.

"I'm excited, and cannot wait to get out and work in multiple communities to spread the word about my platform and many other issues facing our generation today," said Kataen. "It's an honor and privilege to have the opportunity to be part of the Miss Volunteer Scholarship Organization and the MAOT organization for another year."

Kataen is the daughter of Penny and Grady Shockley, and is a sophomore at Warren County High School. She is a member of the Pioneerettes, FCCLA, Student Council, Beta Club and Student Advisory Board.

Free workshop provides tips on living with illness

Living Well with Chronic Conditions is a six-week workshop series designed to help community members manage their long-term health issues effectively. Chronic conditions of those attending may include asthma, arthritis, diabetes, heart disease, chronic pain, sleep apnea, or fibromyalgia among others. If you or anyone you care for has a chronic disease, we welcome you to this series which is designed to address issues including:

- Finding effective and healthy ways to deal with pain and fatigue
- Helping to establish better nutrition and exercise choices in your life
- Discovering new treatment options
- Managing side effects
- Communicating with your health care professional effectively
- Leading a fuller and better life despite

having a chronic condition. Beginning Sept. 21, the Warren County Health Department and University of Tennessee Extension will be offering the free Living Well with Chronic Conditions workshop. The Living Well with Chronic Conditions Program is conducted by two leaders certified by Stanford University Chronic Disease Self-Management Program Master Trainers.

Participants are encouraged to actively contribute to the sessions and work together to find solutions and set healthy goals. Classes will be held every Friday from 9 to 11 a.m. for six weeks at the Warren County Health Department.

For more information, or to sign up for the program, please contact Wendy White at 473-8468 or Hilda Lytle at 473-8484. Registration is requested by Sept. 14.



A Vaudeville-style show will be presented by the Jake Leg Stompers and the Eggplant Faerie Players for one performance on Sept. 1 at 7:30.

Jake Leg Stompers coming to Arts Center

The Jake Leg Stompers and the Eggplant Faerie Players bring "Dust Bowl to Dance Hall: A Story of American Music" to the Arts Center of Cannon County for a special, one time performance on Saturday, Sept. 1 at 7:30 p.m.

In true Vaudeville style, featuring circus tricks, juggling displays, period instruments, spectacular costumes, and special surprises, "Dust Bowl to Dance Hall" traces the history of American vernacular music from early 19th century plantation dances to the rise of popular song after World War II.

"This is a show we have been talking about doing

for many years, bringing together the wonderful variety of the earliest recorded American music, from blues and ragtime to folk and gospel to the birth of rock and roll," says Bill Steber, co-founder of the Murfreesboro-based jug band, the Jake Leg Stompers. "But telling the story of this rich musical tradition in collaboration with the supremely talented Eggplant Faerie Players really brings the show to life, and gives the audience a taste of a truly original American art form—Vaudeville. This is the show we've been preparing for our whole career."

The Jake Leg Stompers were founded in

Murfreesboro in 2004. They have released 4 albums, and are the 2018 winners of the Jug Band competition in the Uncle Dave Macon Days music festival held annually in Murfreesboro.

The Eggplant Faeries players have decades of work in theater and a mastery of circus performance, including juggling, unicycle, stilt walking and physical feats to entertain and delight.

All ticket prices are \$15 and may be purchased by calling 615-563-2787 from 10 a.m. to 4 p.m. Tuesday through Saturday, or online at www.artscenterofcc.com. The Arts Center is located on 1424 John Bragg Highway in Woodbury.

BEST WISHES

Southern Standard readers are invited to extend happy birthday and anniversary best wishes to friends and loved ones through this weekly column. Please submit your messages by our noon deadline each Thursday. No more than three wishes to any individual, please.

- Aug. 26 – Happy birthday Gail Curtis.
Aug. 27 – Happy birthday Eddie Harding. Love, Marlene and Jimmy.
Aug. 28 – Birthday wishes to Ronnie Hattaway. Love, Marlene and Jimmy.
Aug. 28 – Brittney Grider Wiggins, best wishes to you on your birthday. Love, your family and friends.
Aug. 28 – Happy birthday Eric Alexander. From your friends in editorial.
Aug. 30 – Kay Cope Kelley, happy birthday to you. Love, Marlene and Jimmy.
Aug. 30 – NaTina Alexander, happy birthday.

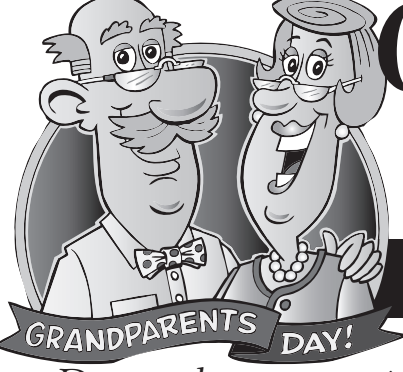


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Grandparents Day

Sunday, September 9th

Do you have a special grandparent in your life?
Then show them how much you love them by honoring them in our special Grandparents section.

Brag about your grandparents with a photo and 25 word message for \$15

Bring or mail photo and message to
Southern Standard
105 College St.
P.O. Box 150
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Attn: Grandparents Day

Deadline is Wednesday, September 5th

The Park Theater Presents

FROM NEW YORK
THE WORLD FAMOUS
GLENN MILLER ORCHESTRA

THURSDAY, OCTOBER 11 @ 7PM

\$40 MAIN FLOOR
\$30 BALCONY
\$250 DINNER & A SHOW (TABLE OF 4)
\$115 DINNER & A SHOW (TABLE OF 2)

For tickets or more information call the box office at 931-506-ARTS or visit parktheatermcminnville.ticketspice.com/the-world-famous-glenn-miller-orchestra