Ready to wrestle

BY **JEFFERY SIMMONS** Sports Editor for the Southern Standard (McMinnville, Tennessee)

Wrestling is taking Warren County by sheer force.

Over 60 kids were on hand last week for the Warren County wrestling camp, a three-day event which was coordinated by the WCHS, WCMS and local AAU teams.

"It was exciting to have so many kids out," said WCHS wrestling coach Matt Turner. "The new multi-sport facility really helps out. We had kids from other communities who came out for the event."

The camp was tailored to the skill levels of the participants, some ranging from ages 5-6 all the way to high school seniors. Individual training was available as former wrestlers and current coaches all flocked to help with the event.

On hand included former WCHS wrestling state qualifiers Taylor Bain and Ray Bishop, along with David Holcomb – the local AAU coach, WCMS coach Ben Matheney and past coaches Bryan Matheny, Bo Ramsey and Joe Damon.

Also helping out was Patrick Carr, who has experience wrestling in college at the University of Tennessee Chattanooga. Carr was a former teammate of MMA star Quinton "Rampage" Jackson.

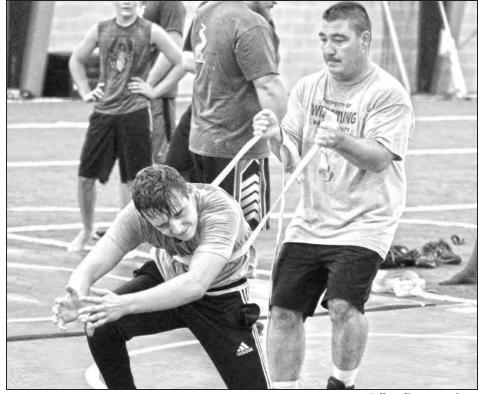
Mark Chambers, a WCHS graduate and lead trainer at Revolution Fitness, worked with campers on weight training during the camp.

Turner was also happy to have Tom Cathcart helping oversee the event.

"Tom is a Godfather of the wrestling program. Tom and Jim Ramsey were really involved in getting the program started. He's a Hall of Fame member," said Turner.

The huge turnout comes on the heels of a giant resurgence of wrestling members in the AAU program. All the coaches on hand were pleased with the growth the sport seems to be having locally.

Plans are already underway to have another event next year, with officials working on coordinating the camp dates to avoid school registration.



Jeffery Simmons photo

eScore

Tony Curtis goes through resistance training drills with camp instructor Bo Ramsey. The Warren County wrestling camp attracted over 60 participants last week.

<section-header>

OPPONENT	TIME
MT. JULIET	6 P.M.
FRANKLIN NORTH	6:30
FRANKLIN SOUTH	6:30
Shelbyville Harris	6:30
Tullahoma	6:30
COFFEE COUNTY	6:30
White County	6:30
	MT. JULIET FRANKLIN NORTH FRANKLIN SOUTH Shelbyville Harris Tullahoma COFFEE COUNTY

WCMS FOOTBALL SCHEDULE

To apply please visit <u>http://morrisonindustries.com/careers/</u>

Home games in **BOLD**

WCHS soccer

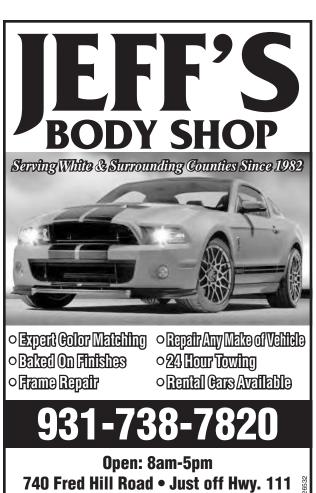
Continued from page **1B**

Play continued without either team finding the net, something Willmore believed was a credit to his team's defense.

"Defensively, we played really well," said Willmore. "Several stood out in the back line. I was really happy with the intensity."

Warren County was back on the practice field Friday, working on some issues from the scrimmage. The Lady Pioneers will get their second opportunity for live action Thursday when Baylor, last year's undefeated state champion in Div. II, comes to town. Thursday's scrimmage is set to start at 5:30 p.m.

Warren County begins its season at home Tuesday, Aug. 14 against Ooltewah at 6 p.m.





Visit 2eScore.com to find out how energy efficient your home is and what you can do to improve it. With a high eScore you can afford to live comfortably.For more information, please call Caney Fork Electric Cooperative @ 931-473-3116.

energyright m



Caney Fork Electric Cooperative

A Touchstone Energy* Cooperative