

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

XENAN
SERDS
TAHPAY
LIBGOE

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Whoa! Babe! Long time no see. You look great! Why'd we ever break up?
Didn't you used to do triathlons?

AFTER SEEING HER FORMER HUSBAND FOR THE FIRST TIME IN YEARS, SHE WAS NOT ----

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answer here: "-----"

(Answers Wednesday)

Friday's Jumbles: JOKER TOKEN BITTEN AVENUE
Answer: When they discussed creating a company to make artificial knees, they planned a -- JOINT VENTURE

Charges against Martin dropped

BY JAMES CLARK
Editor for the Southern Standard
(McMinnville, Tennessee)

County Commissioner Michael Martin followed a bad night with a better morning.

Martin was voted from his 5th District County Commission seat Thursday night, but received better news in court Friday morning when his attempted assault case was dismissed.

In conjunction with the dismissal, both parties, Martin and Animal Control director Kim Pettrey, agreed to a 90-day, no-contact order.

"Based on a plain reading of the law, no assault ever took place," said Martin's defense attorney, Ryan J. Moore. "Mr. Martin could have han-

dled himself differently during the meeting but it was nothing that rose to the level of a crime. We feel a criminal warrant should have never been issued in the first place."

Martin was hit with the attempted assault charge after an argument escalated between him and Pettrey. The incident occurred Tuesday, June 12 during a county Health and Welfare Committee meeting.

The charge specifically pertains to Martin's attempt to close the door as Pettrey occupied the entranceway, ousting her from the open meeting. According to the warrant, "Mr.



MARTIN

Martin jumped up and walked at Ms. Pettrey with his hands out in a manner to touch her. Ms. Pettrey being a reasonable person was placed in fear of bodily injury at this time."

Due to his actions, Martin, who was chair of the Health and Welfare Committee, was removed from the committee six days later by the full Warren County Commission.

Martin's behavior could be a reason voters turned their back on him Thursday night in the county General Election. Martin finished fourth in a four-person race to bounce him from the County Commission after a 24-year career.

Health Fair stresses prevention

BY LACY GARRISON
Reporter for the Southern Standard
(McMinnville, Tennessee)

On Saturday, the sixth annual McMinnville Community Health Fair took place at Three Star Mall. With eight health-care sponsors and over 30 tables, around 300 people showed up to take advantage of the free services.

According to Isha representative Dr. Kalpana Rajdev, it's important for people to come to the health fair to learn about local healthcare professionals.

"They need to find out there are very highly qualified professional health-care providers right here in the community, which they don't know about," explained Dr. Rajdev. "They are looking on the internet to find somebody in Nashville, but we have great doctors here."

Dr. Rajdev said the main focus of the health fair is prevention and early detection. Vendors were on hand to provide education, screenings, and demos with several on-site health practitioners hoping to encourage families to engage in well-being practices.

Advanced Care Internal Medicine had a table set up with free pens, prescription pill boxes and screenings while hoping to

get their name out in the community.

"Today we are set up to do blood pressure and health screening," said physician assistant Robert Steiner. "We will be giving information about health-related concerns and making lifestyle change suggestions for those interested."

Additionally, Advanced Care Internal Medicine offers free aorta screening at its office, which is an ultrasound of the abdominal aorta (the main blood vessel leading away from the heart).

Taryn Aluph walked around with her three children talking with several vendors. Although she had never attended before, she thought it was an excellent opportunity and wanted to check it out.

Tammy Melton with Buckeye Home Equipment explained what people typically want to know when looking at their sleep apnea masks on display.

"They typically want to know about the head gear and kit," said Melton. "There is a big difference in the full-faced mask and a lot of people can't tolerate it all over their nose and mouth so most of our patients use the nasal mask."

If you'd like information on IshaCare, call 815-8500.



Lacy Garrison photo

Catrina Weddington with Advanced Care Internal Medicine takes Annie Womack's blood pressure Saturday morning. Annie said she enjoyed the Health Fair, especially collecting all the freebies offered by vendors.

OBITUARIES

Jewel Dovie Martin, 75

McMinnville resident and DeKalb County native Jewel Dovie Martin, 75, was born Dec. 25, 1942 and died Aug. 3 at St. Thomas River Park Hospital following an extended illness.

He was retired from the Engineering Department at DeZurik. He was a kind, loving, gentle and Christian man. He enjoyed his family, nature and traveling. He was preceded in death by father James Martin; mother and stepfather, Dorothy Taylor Luna and Homer Luna; and mother-in-law, Maureen Sellars.

He was married to Phyllis Jones Martin of McMinnville. In addition to his wife, he is survived by two children, Steve Martin and wife Tammy of Woodbury, and Sherry McGlothlin of McMinnville; two sisters and brother-in-law, Joann Thompson of Smithville, and Teresa and Paul Stringer of Livingston; two grandchildren and spouses, Seth and Kaci Jones, and Haley and Tyson Norris; two step-grandchildren, Chantell Neal and Callie Underwood; five great-grandchildren, Brentley, Easton, River, Tucker and Stella; special aunt, Goldie Pollard of Smithville; stepchildren of 34 years, Lori Young of McMinnville and Dana Woodside and husband Jeremy of Murfreesboro, and their grandchildren, Jaxson Remple and Cannon Woodside; and brother-in-law and sister-in-law, Tom and Joan Chandler of McMinnville.

Funeral service will be 3 p.m. Sunday, Aug. 5, in High's Chapel with Paul Stringer and Frank Randolph officiating. Burial will follow at Jefferson Cemetery in DeKalb County. Visitation will be from 11 a.m. until the time of service Sunday at High's. Online condolences may be made at www.highfuneralhome.com. High Funeral Home is in charge of arrangements.

Southern Standard
(McMinnville, Tenn.) Aug. 5, 2018

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HOROSCOPES
Astrograph by Eugenia Last

Sunday, August 5, 2018

Strive for a healthier lifestyle and better relationships with the people who bring out the best in you. Look for ways to cut back and reduce your overhead so that you can enjoy the people and things that make you happy. Focus on purpose and personal growth.

LEO (July 23-Aug. 22) -- Don't give in to someone trying to get you to overspend or be indulgent. Say no to excess and yes to better emotional, financial and physical health.

VIRGO (Aug. 23-Sept. 22) -- You may feel like you need a change of scenery, but don't let impulse lead you into a situation that could bring you up against authority or someone looking for a fight.

LIBRA (Sept. 23-Oct. 23) -- Be careful not to let someone take advantage of your generosity. Offer only what you can. Put your energy into pursuits that will make you happy.

SCORPIO (Oct. 24-Nov. 22) -- A project that will make your living arrangements better should be your goal. Work in conjunction with a loved one to ensure that you come up with a plan that works for everyone involved.

SAGITTARIUS (Nov. 23-Dec. 21) -- Make personal changes that will help you improve your skills or qualifications. Search the job market and find out the best move you can make. Time is money.

CAPRICORN (Dec. 22-Jan. 19) -- You'll be able to bring about your desired changes to how or where you live if you are willing to do the manual labor required to reach your goal.

AQUARIUS (Jan. 20-Feb. 19) -- Keep moving at a steady pace and don't lose sight of your destination. Stick to a plan and avoid shortcuts that could be costly. Protect against personal loss or injury.

PISCES (Feb. 20-March 20) -- Get together with interesting people. A former co-worker will offer interesting facts that encourage personal and financial growth. Romance is on the rise.

ARIES (March 21-April 19) -- Social events, physical challenges and intellectual debates will spark your interest and put you in a position that will lead to new friendships and pursuits.

TAURUS (April 20-May 20) -- Focus on what you can learn from a situation you encounter. Listen to the voice of reason and experience to find a way to bring about positive change. Make romance a priority.

GEMINI (May 21-June 20) -- Home improvements can be made, but don't let anyone talk you into spending more than you can afford. Discuss your plans with an expert. Don't make an impulsive decision.

CANCER (June 21-July 22) -- Engage in events that can bring about positive change. Helping someone is admirable, but don't pay for someone else's mistake. Plan something special for someone you love.

Monday, August 6, 2018

Change begins within. Don't feel the need to follow what others do or say this year. Look for the path that best suits your needs. It's OK to be different and to say no to anyone making too many demands. Think before you overspend, overreact or choose excess over prudence.

LEO (July 23-Aug. 22) -- Find a creative way to put your money to good use. Saving will give you a sense of accomplishment and help ease the stress of being in debt.

VIRGO (Aug. 23-Sept. 22) -- Take a break or do something different. A change will be as good as a rest. An old idea will take on a new and exciting direction.

LIBRA (Sept. 23-Oct. 23) -- Don't give up when you should be picking up the pace and pushing your way to the finish line. A passionate attitude will encourage others to pitch in and help.

SCORPIO (Oct. 24-Nov. 22) -- Don't take someone's word. Gather facts and come up with your own plan. An innovative idea will change your life and lead to a partnership with someone who is just as creative as you are.

SAGITTARIUS (Nov. 23-Dec. 21) -- Look at new possibilities and moneymaking ventures. Don't feel you must be excessive. Baby steps building on concrete plans will be your ticket to success. Set boundaries and know your limits.

CAPRICORN (Dec. 22-Jan. 19) -- The changes you make at home will produce greater security and stability. Don't let anyone use force to convince you to do anything that you feel is not right for you.

AQUARIUS (Jan. 20-Feb. 19) -- Personal gains should be your target. Whether they be physical, emotional or financial in nature, put the necessary energy into reaching the goals you set. Romance is highlighted.

PISCES (Feb. 20-March 20) -- Emotional misinterpretation can cause problems. Make sure you are clear about how someone feels or what his or her intentions are. Ulterior motives can disrupt your plans.

ARIES (March 21-April 19) -- Personal progress can be made if you focus on self-improvement. Networking will lead to interesting encounters and information that will help you make a life-altering decision.

TAURUS (April 20-May 20) -- Inconsistency will lead to conflict. Sort out what you really want before you share your plans with others. It's important to be reliable if you want others to support your plans.

GEMINI (May 21-June 20) -- Your emotional energy will help you get things done. Pay attention to detail and focus on personal improvements that will help you look and feel your best.

CANCER (June 21-July 22) -- Use your skills innovatively. A chance to raise your profile will affect how others view you. Stand tall and give it your all.

Tuesday, August 7, 2018

Look at the possibilities available to you. Don't feel pressured to make a move that has no guarantees. Time is on your side, and observation, planning and intelligence will prove that the best is yet to come. Don't take on too much when patience will lead to so much more.

LEO (July 23-Aug. 22) -- Kick back and relax. You deserve a break. Don't feel pressured to keep up or give in to someone's pestering. A moment to yourself will get you back on track.

VIRGO (Aug. 23-Sept. 22) -- Keep a close watch on how others react. A partnership will undergo an emotional change due to someone's indiscretion. Be prepared to make a lifestyle change.

LIBRA (Sept. 23-Oct. 23) -- Personal improvements are favored. Whether you fix up your living space or focus on physical improvements that will lift your spirits, the changes will make a difference.

SCORPIO (Oct. 24-Nov. 22) -- Focus on what you enjoy doing and people with whom you have much in common. Avoid conflict or anyone trying to manipulate you to do things you don't want to do.

SAGITTARIUS (Nov. 23-Dec. 21) -- Share your feelings with a partner or someone you want to spend more time with. Make your intentions and expectations known. Honesty will help you reach an agreement.

CAPRICORN (Dec. 22-Jan. 19) -- You may be eager to make personal changes, but without the approval of those you feel responsible for, it will be difficult to move forward. Make a passionate appeal for your cause.

AQUARIUS (Jan. 20-Feb. 19) -- Be open about your plans and keep moving forward. Listen to suggestions, but don't get in over your head. Moderation and practicality will lead to success.

PISCES (Feb. 20-March 20) -- Look over contracts, financial papers and medical records for clues that will help you put an end to waste. A novel plan will encourage practical applications.

ARIES (March 21-April 19) -- Mingle, participate and do your best to bring about positive change. Your contributions will lead to new opportunities. Personal improvements are highlighted, along with love, romance and travel.

TAURUS (April 20-May 20) -- Keep your life simple and your relationships honest and straightforward. Making matters more complicated will slow you down and lead to waste and disappointment. Know your boundaries.

GEMINI (May 21-June 20) -- Compromise may not turn out well for both parties. Use your intelligence and only give back what you receive. It's up to you not to let anyone take advantage of you.

CANCER (June 21-July 22) -- Know who you are dealing with before you get involved. An interesting opportunity will have underlying complications. Do your research before you make a promise to someone who may have ulterior motives.

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Entered at the Post Office at McMinnville, TN as periodical mail, Act of Congress, March 3, 1879. Published Sundays, Wednesdays, and Fridays. POSTMASTER: Send changes of address to P.O. Box 150, McMinnville, TN 37111