

Whole Body Cryotherapy Right Here in Goldthwaite

Come experience for yourself how cryotherapy is revolutionizing the way we live and stay healthy in less than 3 minutes.

Discover our session packages that are right for you to achieve unprecedented results and performance you never thought possible.

REMOVE

The blood vessels in the skin surface and muscle tissue constrict, forcing blood away from the peripheral tissues

- · 3 minutes at -240F
- · Removes toxins
- · Enhances inflammatory response
- Helps the body's natural filtration system

REPLENISH

Filtered blood flows back to the veins and muscles.

- Oxygenates blood
- · Enriches skin and muscles
- · Increases range of motion as muscles warm

RECOVER

Restoration or return to a former and better state of condition

- · Reduces pain
- · Reduces inflammation
- Increases energy levels
- Improves and shortens recovery times



Located Inside

McMahan Pharmacy

1503 W. Front Street in Goldthwaite

325.648.3464