

Some of our beloved holiday traditions have interesting origins

Christmastime is here. The presents are being purchased and wrapped. The stockings will soon be hung on the fireplace mantle. Mistletoe is pinned above the front entryway, and poinsettias add rich color to home decor.

Tradition is integral come the holiday season. Throughout the month of December, traditions fill people's days and comprise the many reasons why we decorate, celebrate and dine the way we do this time of year. But few may know the origins of some of the most beloved holiday traditions.

Christmas tree

Christmas Trees are almost everywhere this time of year. The use of evergreen trees predates Christmas and is associated with the pagan festival of Saturnalia, which celebrated the agricultural god Saturn with partying and gift-giving. During the winter solstice, green branches served as a reminder that spring would arrive anew. Germans are credited with first bringing evergreens into their homes and decorating them.

Mistletoe

Mistletoe is hung in doorways, and couples who stand

beneath are encouraged to share a kiss. The tradition of hanging it in the house goes back to the times of the ancient Druids. Mistletoe was thought to bring good luck to a household and ward off evil spirits. The custom of kissing under mistletoe can be traced to England. Originally, a berry was picked from the sprig of mistletoe before the person could be kissed. When all the berries had gone, there could be no more kissing.

Christmas stockings

The Christmas stockings of today may be a byproduct of various traditions. One such tradition dates back to a Dutch custom in which children would leave shoes full of food to feed St. Nicholas' donkeys, and then St. Nicholas would leave small gifts in return.

Another origin story of Christmas stockings can be traced to the 12th century, when nuns would leave socks full of nuts, fruit and tangerines for the poor. This is why some people still put tangerines in Christmas stockings.

Christmas bells

Church bells ring for many special services, including Christmas mass. During Christmas midnight mass in the



Catholic Church, the altar bells may be rung while the priest says the "Gloria." Bells are part of caroling, and jingling bells are associated with sleighs and Santa's reindeer.

Christmas is rife with traditions that date back ages.

The illuminating history of holiday lights



Holiday celebrants employ holiday lights in various ways. Certain individuals may be content to hang lights on their Christmas trees and call their decorating complete. Others may get their holiday jollies by making sure each square inch of their home is covered in twinkling lights. Still, other people prefer the more subdued effect of lights framing one picture window of the house.

The tradition of Christmas lights stretches back to early modern Germany when people used candles to decorate Christmas trees in Christian homes. Those candles were harbingers of what would come when electric lights replaced gas and other open flame illuminating devices that were commonplace prior to the 20th century.

Thomas Edison, the inventor of the first successful practical light bulb, also created the first strand of electric lights that would be used in holiday decorating. By 1880, Edison had standard incandescent light bulbs well sorted out and desired a way to better advertise his invention, so he decided to make the most of the holiday season and put his light bulbs on display.

According to a 2003 article in American Heritage magazine titled "The Wizard of Your Christmas Tree," Edison strung incandescent bulbs all around the compound of his Menlo Park, NJ, laboratory. Edison constructed an 8-mile underground wiring system in order to power this grand light display. Because the lab was situated along the railroad that passed between Manhattan and Philadelphia, thousands of people were able to see the display.

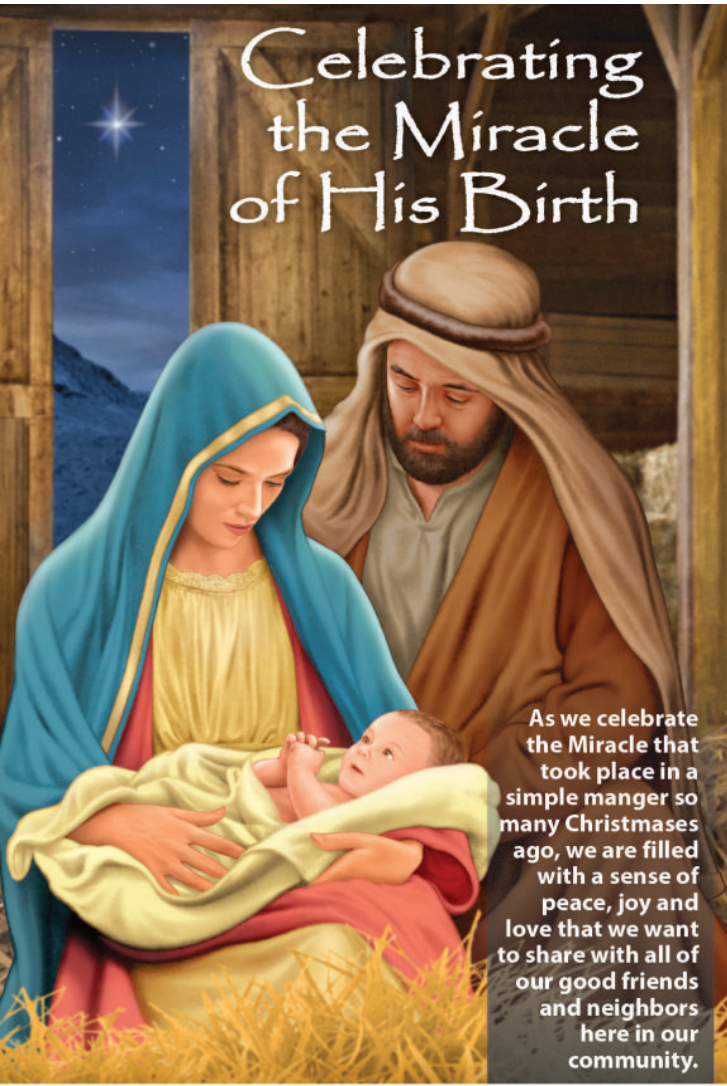
The concept of electric

holiday lights took a bit of time to catch on. Edison's friend and associate Edward Johnson was tasked with stringing together colored lights in 1882 and placing them on an evergreen tree. Johnson hand-wired 80 red, white and blue light bulbs. In 1895, President Grover Cleveland requested the White House family Christmas tree be illuminated by multi-colored electric light bulbs.

In 1903, when General Electric began to offer pre-assembled kits of holiday lights, strung lights were reserved for the wealthy and electrically savvy. For example, in 1903 a single string of electric lights cost \$12, or around \$300 today.

It would take several more years before holiday lights became a national tradition. On Christmas Eve 1923, President Calvin Coolidge began the country's celebration of Christmas by lighting the National Christmas Tree on the Ellipse located south of the White House with 3,000 electric lights.

Today, illuminated strands of lights have become a large part of holiday celebrations and have even been adopted for use during various year-round events. Such lights can be a beautiful and festive addition to many celebrations.



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Rev. Karl L. Causey, Pastor331 Hwy. 594 Leakesville

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Leakesville United Methodist Church

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Sunday, December 30th, "The Blessing of the Toys"