

# HURRICANE PREPAREDNESS CHECKLIST

The right time to prepare for a hurricane is now. This helpful checklist will get you started. Make sure to include your entire family in the preparation and discuss your emergency plan with them. Post this checklist in an easily accessible location so it's always close by. Remember to keep in mind your family's unique needs as you complete the checklist.

## BEFORE A HURRICANE

Stock your emergency kit and "go bag" with:

### EMERGENCY COMMUNICATION

- Important contact information for family, school, work, doctors, etc., including phone numbers and email addresses
- Cellular phone, extra battery, and chargers for electrical equipment
- AM/FM radio/NOAA Weather Radio (extra batteries)

### MEDICAL NEEDS

- Medications for at least one week and copies of prescriptions
- Extra eyeglasses/contact lenses
- Medical equipment/assistive technology and backup batteries
- First aid kit

### CRITICAL DOCUMENTS

- Photo ID (e.g., driver's license, passport)
- Cash and credit cards
- Personal records (e.g., birth certificates, marriage certificates)
- Medical records
- Financial information (e.g., bank account or credit card information)
- Property records (e.g., insurance policies, deed, or lease)

- Waterproof, portable container for important documents

### TOOLS & SAFETY ITEMS

- Flashlight
- Multi-purpose tool
- Matches or lighter in waterproof container
- Whistle

### FOOD/SUPPLIES

- At least a three-day supply of water and non-perishable food
- Infant formula and diapers
- Pet food, supplies, and extra water

### HYGIENE & SANITATION

- Soap/disinfectant/sanitizer
- Paper towels/moist towelettes
- Toilet paper
- Bleach
- Toothbrush and toothpaste

### PROTECTIVE GEAR & CLOTHING

- Extra warm clothes
- Sturdy shoes
- Blankets or sleeping bags

### COMFORT & PRICELESS ITEMS

Items like: books, puzzles, favorite stuffed toy, photo albums, valuables

## DURING A HURRICANE

- When a tropical storm or hurricane watch is issued, it's important to stay informed. Tune in to local channels.
- Check for alerts on apps; FEMA App
- In case of evacuation, grab your "go bag" and leave immediately.
- Use evacuation planned route:
- Designate a closest shelter.
- Meet family at designated spot.
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### Make sure to take important numbers with you:

- List of family member's names, phone numbers, email addresses.
- Primary physician's name, phone number, email, address.
- Hospital's phone number.
- Insurance company's phone number.

**FEMA's helpline: 1-800-621-FEMA**

**TTY: 1-800-462-7585**

**VRS: 1-800-621-3362**

**Red Cross's helpline: 1-800-733-2727**



## TREES: Don't approach downed wires

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the tree if you see contact with lines.

The more powerful the lines the tree is in contact with, the more likely that not just the tree but the ground around it is energized. Avoid trees in contact with any wires.

If someone has been injured or rendered unconscious by contact with

a utility line or a tree in contact with a utility line, do not approach that person. Do not touch the person. If the person is energized, you will also be shocked and become a second victim. Always call the emergency authorities to approach someone harmed by electrical lines. In the case of electrical danger, you are more likely to be harmed yourself in the attempt than to rescue the fallen person.

## Family is why WE DO IT ALL.

Our mission is to help people manage the risks of everyday life, recover from the unexpected and realize their dreams.



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