

# Osmer's golf medal collection reaches 13 in Senior Games

Taylorsville golfer Fred Osmer added another Gold Medal to his collection as he took first place in the 85-89 year old division of the National Senior Games NC regional competition held at Old Still Golf Club in Hickory, NC (Bethlehem).

He shot an 82 on the 18-hole course on May 2, 2018 which placed him in the top three of all scores that day at Old Still in the senior competition which has 5-year divisions starting with age 50. His regional win qualifies him for the state senior games.

The "Golf Bug" bit Fred some seven decades ago when as an eighth grade student in Michigan, his dad took him for a round of golf and he fell in love with the game. He discovered the joy and challenge of golf and still delights in the competition.

Osmer has earned 13 gold medals in the Senior Games competition, seven regional and six state gold medals. He participated in the National Senior Games in California in 2009 and earned a 5th Place in his age group which included more than 40 players.

The National Senior Games date back to 1985 and was launched as a non-profit organization dedicated to motivating active adults to lead a healthy lifestyle. The national games, a 20-sport, biennial competition for men

and women 50 and over, is the largest multi-sport event in the world for seniors. The next National Senior Games will be held in Albuquerque, New Mexico in 2019.

The state and regional games in 2018 qualify competitors for the 2019 national games. Osmer, 84, who's birthday is in December, played in the 85-89 division as that will be his age group for 2019.

After an engaging experience with golf as eighth grader, Osmer earned a spot on his high school golf team and went on to Western Michigan University where he was captain of the golf team for four years.

The avid seven-decade golfer has eleven holes-in-one and is looking to make it an even dozen and maybe more.

He holds the record low score of 63 at Rock Barn Golf Course in Catawba County (old course before the addition of a second course).

Fred and Bonnie Osmer's children may have been infected by the "Golf Bug" as David is currently a golf pro in China; Jay is a former golf pro at Rock Barn; and daughter, Chris, earned a letter at ACHS while playing on the boys' team.

Incidentally, the Osmer's, reside on Mulligan Drive near the Brushy Mountain Golf Club in Taylorsville.



**HANDFUL OF GOLD** - Taylorsville resident Fred Osmer displays his 13 Gold medals from Senior Games competitions in the past. Most recently, Osmer fired an 82 on the 18-hole Old Still Golf Club course on May 2, 2018 which placed him in the top three of all scores that day in the senior competition which has 5-year divisions starting with age 50. His regional win qualifies him for the state senior games.



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## Gastroenterology Associates names new Clinical Svcs. Director

Stacey Coffey, RN, of Taylorsville, recently joined Gastroenterology Associates, P.A., as the new Clinical Services Director. She will manage day to day operations in the clinic with emphasis on quality measures and patient-centered care. Gastroenterology Associates includes eight board-certified gastroenterologists and three advanced practice providers.

Ms. Coffey most recently served as Assistant Chief Nursing Officer with Frye Regional Medical Center. Designated as the Patient Experience Nursing Champion, Ms. Coffey implemented protocols and processes to improve patient care. She also functioned as the nursing lead liaison for the hospital's newly expanded emergency department.



COFFEY

"We are extremely pleased for Stacey to join our practice," said Dr. John Meier. "She brings extensive management experience, clinical skills, and strategic insight to her role. Her vision supports our initiatives for the continued success and growth of our practice."

Chief Executive Officer, Sophie Pawlak, added, "We look forward to working with Stacey. Her accomplishments in leadership positions and strong expertise in improving patient care will ensure added depth in the overall patient experience at Gastroenterology Associates."

Ms. Coffey brings more than 25 years of nursing and healthcare experience to her new position. Prior to her role as Frye Regional Medical Center Assistant Chief Nursing Officer, Ms. Coffey served as director of emergency services, pediatrics, stroke program and bed management. She began her career there as an emergency room nurse and then later worked in the same day surgery/post anesthesia care unit.

In addition, Ms. Coffey previously served as administrative director for the Iredell Health System emergency department in Statesville. She was also the director of nursing at Hospice and Palliative Care of Catawba Valley in Newton.

Ms. Coffey is a member of American Nurses Associates and the North Carolina Nurses Association.

She earned her undergraduate degree from Lenoir-Rhyne University and is presently enrolled in the Masters in Nursing Leadership program at East Carolina University in Greenville.

Ms. Coffey lives with her husband and family in Taylorsville.

Gastroenterology Associates serves patients in a multi-county 50-mile region, including Greater Hickory and the Unifour area. The practice is located in the Medical Specialties Center at 415 North Center Street, Suite 300 in Hickory, NC. Learn more at [www.gastro-associates.net](http://www.gastro-associates.net), or call 828-328-3300.

## ACHS Class of 1978 plans Oct. reunion

The ACHS Class of 1978 is celebrating its 40 year reunion this fall, and member of the class are trying to reach out to their classmates. The reunion will be held Oct. 5-6, 2018. Oct. 5 is gathering for a football game, Oct. 6 is dinner/dancing. Classmates should contact Debra Nowak Orden or Pam Bidy Johnson with address information. So many have moved around and did not get their invites for the last reunion, but Class members are hoping people will share this information with those they know. Classmates can contact Debra Nowak Orden at 336-766-4477 or 336-408-8282, or Pam Bidy Johnson can be contacted at 828-234-3013 or 828-632-8465.

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