

b. Items must be **CLEAN**, however it is permissible for garment to show wear.
c. Articles of clothing for “Clothing Option” classes are to be made by and constructed for the 4-H members to wear. Doll clothing does not meet the requirement for Clothing Option classes.

d. Send **NO additional** accessories or undergarment with any sewing entry unless it was constructed as a part of the project.

e. Specific number of items: In classes where there is to be a specified number of articles exhibited and the entry contains more, the judges will be instructed to have the agent who submits the article(s) make the decision on which item(s) are to be judged. In those cases where the situation was not discovered before the entry was made, the article(s) to be judged will be left to the discretion of the judges.

f. Complete outfit: The definition of a “complete outfit” is an item(s) that cover the top and bottom of the body. To be considered a top, a jacket or robe, it must include a front closure. Open front tops that require an undershirt do not count unless the undershirt is also constructed.

4. Additional Documentation Required:

a. 4-H Sewing Project Card: **no longer** required.

b. Documentation is required only in Junior Unit VI non-clothing option and Up Cycle Jr. & Sr. projects.

i. Documentation may be handwritten or printed by computer on 8.5”X11” paper.

ii. Insert documentation into an inexpensive folder or plastic sheet protector. Attach it to the item using a safety pin or binder clip.

Junior Division for 4-H’ers Age 9-13

Junior members may complete the projects in any order and may repeat a level more than one year. The curriculum includes instructions for making “practice” items; the practice items do not fit in classes in the Clothing Division.

Unit I – Let’s Learn to Sew: Beginner skills; See publication:

<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf>, pages 3-20 and 55-56.

790A **Unit I Clothing Option:** Shorts, pants, or skirt with casing waistline (elastic and/or drawstring). Garment must be made from woven fabric and include the following: straight machine stitching, appropriate visible seam finish, and machine stitched hem. This class is for ages 9-13.

790B **Unit I Non Clothing Option:** Apron OR Drawing backpack or tote bag, with fabric handles OR a laundry bag. Item must be made from woven fabric and include the following: straight machine stitching, appropriate visible seam finish, and a casing or machine stitched hem. Practice projects (travel kit and tissue holder) are not to be entered. This class is for ages 9-13.

Unit II – Let’s Get to the Bottom: Beginner skills; See publication:

<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf>, pages 21-38 and 55-56.

791 **Unit II Clothing Option:** Skirt, sundress, shorts or pants. Exhibit must be made from woven fabric and include the following: enclosed seams, appropriate seam finish, interfacing, zipper, and a facing or waistband. This class is for youth ages 9-13.

792 **Unit II Non Clothing Option:** Zippered tote bag, purse, garment bag, or duffel/gym bag. Exhibit must be made from woven fabric and include the following: enclosed seams, appropriate seam finish, interfacing, and 14” or longer zipper. (Pre-qualified woven fabric and recycled woven fabric are acceptable fabric choices but use is not required.) Practice projects (book cover, zippered travel bag) are not to be entered. This class is for youth ages 9-13.

Unit III – Top it Off: Beginner skills; See publication:

<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf>, pages 39-52 and 55-56.

793 **Unit III Clothing Option:** Shirt, simple jacket, one piece dress with no waistline, cape with a hood or collar, bathrobe, or vest with lining or facing. Garment must be made from woven fabric and include the following: buttons and buttonholes. A simple lining, trim, collar, and sleeves may be included but are not required. This class is for youth ages 9-13.

794 **Unit III Non Clothing Option:** Backpack with lining, applied trim, and button/buttonhole closure. Practice projects (hanger cover, pillow case with button closure, gift bag) are not to be entered. This class is for youth ages 9-13.

Unit IV – Stretch Your Knit Skills: Beginner skills; See publication:

<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf>, pages 45-48 and 55-56.

795 **Unit IV Stretch Your Knit Skills:** 1 or 2 piece complete outfit made from knit fabric; such as a dress, top and bottom, pajamas, or nightshirt. All garment pieces must be made from knit fabric with a limited amount of one-way stretch; rib knit may be included for neckband and arm/legband trim only. This class is for youth ages 9-13.

Unit V – Moving on Up: Intermediate skills; See Publication:

[http://www2.ca.uky.edu/4hgguide-files/sewing/Junior Unit V Moving on Up.pdf](http://www2.ca.uky.edu/4hgguide-files/sewing/Junior%20Unit%20V%20Moving%20on%20Up.pdf)

796 **Unit V Moving On Up:** One piece complete outfit made from woven fabric; such as a dress, coveralls, or jumpsuit. Item must include at least a zipper and/or buttons and buttonholes. A waistline simple lining, trim, collar, and sleeves may be included but are not required. This class is for youth ages 9-13.

Unit VI – Put it All Together; See publication:

<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf>, pages 49-56.

797 **Unit VI Put It All Together Clothing Option:** 2 or 3 piece complete coordinating outfit; such as warm up suit; dress with jacket or coat, swimwear with cover-up, jacket or shirt with slacks/skirt. At least one piece must include sleeves and a collar/hood. **No simple** casings. Fabric choice may be woven, knit or a combination of the two. This class is for ages 9-13.

798 **Unit VI Put It All Together Non Clothing Option:** Original design tote bag and documentation folder - Using Wild Ginger Software, Inc. **Wild Things!** Software program, select the Tote Bag option and design a bag that includes at least 2 pockets. Be creative with your design. Required elements: at least 2 pockets; minimum size of 12 inches in height and 12 inches in width. Item must have at least one functional zipper; and creative stitchery or applied trim to personalize your bag. Optional elements: lining, other type closure as design dictates [button(s), hook and loop tape, or snap(s)]. If bag is not lined, it is suggested that the seam allowances be finished with a bound seam finish. This class is for ages 9-13. In the documentation include: your name, your county, the name of the unit, class entered, number of years you have been sewing, cost and the printed design sheets (one for each pocket selected) from the program, and answers to the following questions:

1. How did you choose the size of your tote bag? Did you use any of the default settings in the program?

2. Did you have any trouble using the software or printing your pattern? Explain

3. Did you download the Wild Things! Program to your home computer or use the program at your county extension office?

4. Did you make any changes to your pattern after it was printed? If so, tell what you changed.

Unit: Up Cycle It!–for youth ages 9-13 with advanced sewing skills: See publication: <http://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/upcycleprojectjrandsr.pdf>.

799A **Up Cycle It! Junior**–item sewn from recycled/repurposed garments and documentation folder: Sew a garment or fashion accessory from previously worn garments. Recycled fabric is to be the major component of the item. Recycled garments may be cast-offs from the member’s family/friends or purchased at a yard sale or similar low cost source. **Documentation is required.** In documentation include the following: your name, your county, the name of the unit, class entered, number of years you have been sewing; a **“before” photo** of all recycled items used; source of the recycled garment; how the design was created; and any design drawings that were used in the creation. Place documentation in a folder or plastic sheet protector. “Deconstructed” t-shirts which do not include sewing skills do not fit this class. Items for the home do NOT fit this class. Items which do not include sewing as a major means of reconstruction are not eligible for this class. See publication. This class is for ages 9-13 with sewing skills.

Unit: Style Engineers - guys and girls ages 9 - 13

799B **Smart Clothing:** one soft circuit item created using conductive thread and hand sewing and/or machine sewing skills, LEDs, and battery pack. May include items such as an LED bracelet, an illuminating fashion applique, or an illuminating garment constructed by the member. Website: <http://styleengineers.org/module/smart-clothing/>.

Senior Division for 4-Hers age 14-18

Senior members may complete the projects in any order and may repeat a level more than one year.

Unit: Let’s be Casual- for ages 14-18 (Ask your county 4-H agent for a copy or see publication: http://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_a_lets_be_casual.pdf)

800 **Let’s Be Casual - Clothing Option:** 1 or 2 piece complete outfit made from knit or woven fabric such as a dress, top and bottom, simple pajamas, or robe. This class is for ages 14-18.

801 **Let’s Be Casual - Non Clothing Option:** 2 coordinating fabric accessories from the following: apron, oven or BBQ mitt, wallet, garment bag, purse, backpack or duffel bag. This class is for ages 14-18.

Unit Dress it Up- for ages 14-18 (Ask your county 4-H agent for a copy or see publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_b_dress_it_up_0.pdf)

802 **Dress It Up 1 or 2 piece** complete outfit, such as a dress, suit, pantsuit, sport coat and slacks. Fabric choice may be woven, knit or a combination of the two. This class is for ages 14-18.

Match it Up- for ages 14-18 (Ask your county 4-H agent for a copy or see publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_c_match_it_up.pdf)

803 **Match It Up - Clothing Option:** Choose at least one item from each group to make a complete 3 or 4 piece coordinated outfit:

- Shorts, pants, or skirt
- Top, blouse, or shirt
- Vest, jacket, or sweater

At least one piece is required to have regulation set in sleeves. Fabric choice may be woven, knit or a combination of the two. An accessory item may be included as the fourth piece. This class is for ages 14-18.

804 **Match It Up - Non Clothing Option:** 3 or 4 piece coordinating sport/luggage/travel or fashion accessories set. Ideas include, but are not limited to, a wallet, purse, device carrier, backpack, duffel bag, gym bag or bag for bike or vehicle. Among the items chosen, the set must include the use of applied trim, pockets and at least one 14-inch zipper or longer zipper. This class is for ages 14-18.

Unit: Creative Expressions- for ages 14-18 (Ask your county 4-H agent for a copy or see publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_d_creative_expressions.pdf)

805 **Creative Expression - Clothing Option:** Construct a complete outfit for one of the following activities:

- Halloween, theater, or historic costume
- Uniform for medical, cheerleader, dancer, etc.
- Riding apparel

This class is for ages 14-18.

806 **Creative Expression - Non Clothing Option:** Select one of the following and construct a:

- Fabric doll or animal with a wardrobe of two outfits
- Machine appliqued specialty flag or decorative banner (minimum size 24 inches x 24 inches)

This class is for ages 14-18.

Unit: Leisure Time- for ages 14-18 with advanced skills (Ask your county 4-H agent for a copy or see publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_2_a_leisure_time_1.pdf)

807 **Leisure Time-Clothing Option:** 2 or 3 piece complete outfit. Choose from the following:

- Athletic wear such as leotard, cycling wear, warm-up suit, bathing suit and cover-up, tennis wear
- Pajamas and robe (must use specialty fabric such as terry cloth, flannel, fleece, nylon tricot)
- Raincoat and hat or rain suit

This class is for ages 14-18.

Unit: Formal Affair- for youth ages 14-18 with advanced skills (Ask your county 4-H agent for a copy or see publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_2_c_tailormade.pdf)

808 **Formal Affair-1** or 2 piece complete outfit, such as a prom dress, bridesmaid dress, or tuxedo. Fabric choice may be woven, knit or a combination of the two. This class is for ages 14-18.

Unit: Upcycle It!- for youth ages 14-18 with advanced sewing skills: See publication: <https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/upcycleprojectjrandsr.pdf>

809 **Upcycle It! Senior**-item sewn from recycled/repurposed garments and documentation folder: Sew a garment or fashion accessory from previously worn garments. Recycled fabric is to be the major component of the item. Recycled garments may be cast-offs from the member’s family/friends or purchased at a yard sale or similar low cost source. **Additional documentation is required.** In documentation include the following: your name, your county, the name of the unit, class entered, number of years you have been sewing; a “before” photo of all recycled items used; source of the recycled garment; how the design was created; and any design drawings that were used in the creation. Place documentation in a folder or plastic sheet protector. “Deconstructed” t-shirts which do not include sewing skills do not fit this class. Items for the home do NOT fit this class. Items which do not include sewing as a major means of reconstruction are not eligible for this class. See publication. This class is for ages 14-18 with sewing skills.

Unit: Style Engineers - for guys and girls ages 14 - 18

810 **Smart Clothing:** one soft circuit item created using conductive thread and hand sewing and/or machine sewing skills, LEDs, and battery pack. May include items such as an LED bracelet, an illuminating fashion applique, or an illuminating garment constructed by the member. Website: <http://styleengineers.org/module/smart-clothing/>. This class is for ages 14 - 18.

DIVISION 6033 - 4-H Needlework Department - 2018

1. **Classes in Division:** Classes 813-838 (40 classes)(classes are not restricted to specific ages)

2. Number of Entries Permitted:

a. Member may enter ONE class per category (categories are crochet, knitting, tatting, embroidery, and quilting) in the Needlework Division.

3. General Rules:

a. **Items must meet all requirements for the class;** otherwise the entry will be disqualified.

b. Items entered must have been completed by the exhibitor within the current program year.

4. Unique Rules or instructions:

a. Items must be “handmade” by the 4-H member.
b. Item(s) must be clean to be accepted for judging. Previous wearing/using is acceptable (and strongly encouraged!), but items must be clean.

5. Additional Documentation Required:

a. **Project Card:** no longer required.
b. If the pattern/instructions are not from the Kentucky 4-H Needlework Notebook, a copy of the pattern must be submitted with the exhibit. Label the pattern with entrant’s name and county and attach to exhibit. Attach to item with a safety pin or binder clip.

6. Class Descriptions:

CROCHET Category

813A **Small Crochet Item(s) made of medium weight yarn:** Must include rows of single, half double, and/or double crochet stitches. Such as: scarf, purse, belt, hat, pillow, two wash cloths (made from cotton yarn), or pair of slippers. Scarf must be at least 24” long.

813B **Large Crochet Item(s) made of medium weight yarn:** Must include rows of single, half double and/or double crochet stitches. Such as Afghan, shawl or vest.

814 **Crochet Item made entirely with novelty yarn:** Do not use standard medium weight yarn. Must include rows single and/or double crochet stitches: Such as: Scarf, purse, belt, hat, pillow, pair of slippers, afghan, shawl, vest. Scarf must be at least 24” long.

815 **Crocheted Item made using the Granny square technique:** May use any weight yarn, single or multiple colors of yarn. Such as: purse, shawl, afghan, or hat.

816A **Crocheted Item(s) made using intermediate skills/pattern crochet stitches:** Such as: hat, belt, scarf, pair of mittens, pillow, sweater, vest, shawl or baby blanket, doily (made from bedspread weight thread) or set of 5 different ornaments (made from bedspread weight thread) stitches. Include one or more pattern stitches—shell, arch, diamond, bobble, snapdragon, popcorn, cross, puff, cluster, or seed/granite. Can include one or more colors in alternating rows (stripes). Scarf must be at least 24” long.

816B **Crochet Item using intermediate skills for shaping and fitting multiples pieces together:** items must increase nad decrease. such as stuffed toys or pair of slippers.

817 **Item or pair of items using advanced crochet skills:** include one or more of the following advanced skills: afghan stitch, beadwork, camel crochet, filet crochet, Irish crochet, Cro-knit/hook, Cro-tat, hairpin lace, or broomstick lace; combining pattern stitches with crocheted buttons and/or buttonholes; creating plaids, geometric designs or checks; making novelty crochet articles; or creating your own design. Original designs must include a copy of directions, notes and diagrams used to create the item(s). Suggested items include: multi-colored hat, purse, collar (made with bedspread-weight cotton thread), sweater, jacket, afghan or coat.

HAND EMBROIDERY Category

All embroidery projects are to be a “finished” item (for example: the stitchery is framed or made into an item such as a pillow, wall hanging, pot holder, eyeglass holder, etc.) The stitchery can be created on a purchased item, such as a pillowcase, clothing, tote bag, purse, bib or dish towel) Items may be made from purchased kits that meet the individual project guidelines.

The sizes mentioned in the classes below (such as 5”X7”) relate to the amount of stitching, not the size of the fabric, frame, or finished item.

One type of embroidery stitch:

818A · **Redwork:** Embroidery item made with a single color of floss such as “Redwork,” using red floss. Must use the stem stitch and have an embroidered area equivalent to 5X7 inches or larger.

818B · **Stamped Cross Stitch:** Cross stitched design stamped (printed/drawn) on plain woven fabric and have an embroidered area equivalent to 5X7 inches or larger.

Types of Embroidery stitches from the following:

819A· **Candlewicking:** Candlewicking design stamped on plain woven fabric. Must include stem/outline, satin and colonial knot stitches and have an embroidered area equivalent to 5 x 7 inches or larger.

819B · **Stamped Embroidery:** Embroidery design printed/drawn on plain woven fabric or felt. Must include three or more of the following different stitches (stem/outline, lazy daisy, running, straight, French knot, satin, blanket, chain, back stitch). May use more than one color of floss. Must have an embroidered area equivalent to 5 x 7 inches or larger.