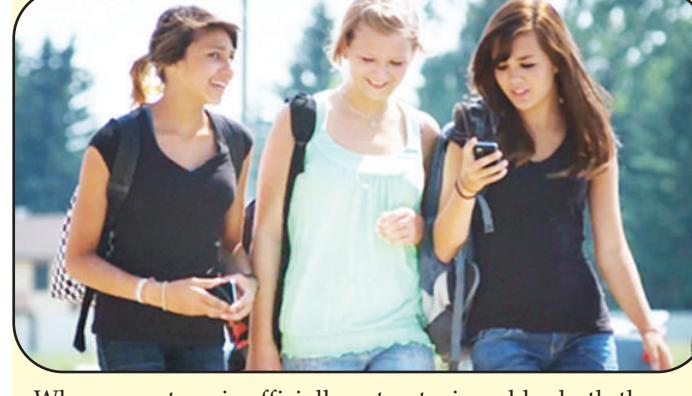


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Teen driving

Five ways to stay sane



When your teen is officially licensed to operate a vehicle, you may feel simultaneously proud — and terrified. Following these five tips, however, can help.

Model your expectations.

Your teens grew up watching you drive, learning your habits and creating their own concept of "safe driver" based on your actions. Parents of new teen drivers should follow all the rules of the road, which includes keeping smartphones out of reach or paired with hands-free systems.

Provide practical knowledge.

Adults pick up all sorts of useful car knowledge over a lifetime of driving. Most teenagers don't have any practical skills. Parents need to provide useful knowledge, including:

- How to change a tire — Show teenagers where the spare tire is, how to access the jack and what steps they need to safely change a tire. Get outside and get your hands dirty.

- What to have on hand — This includes a spare GPS in the glove box, a first-aid kit in the backseat or trunk, snow shovel, a jerrican and blankets or warm clothing in case they become stranded.

Create a contract.

According to Drive It Home, one way to help improve teen driving safety is creating a "new driver" con-

tract, signed by both the parents and the teen. Lay out specific rules and expectations, such as when the car can be used or what the consequences of breaking the law or damaging the vehicle would be. Include provisions for expanding privileges if your teens keep up their end of the contract.

Talk about accidents.

Teens need to know what they should do if an accident occurs. In all cases — even minor parking lot scrapes — teenagers must have their insurance information on hand and request the same from any other drivers involved. According to the Centers for Disease Control and Prevention, "drivers ages 16 to 19 are nearly three times more likely than drivers aged 20 and older to be in a fatal crash." Mitigate the risk by talking frankly about accidents with your teen.

Get real-time peace of mind.

You can have the benefit of real-time crash alerts, vehicle speed monitoring, easy access to roadside assistance and one-touch emergency SOS with the ADT Go app. Get notifications when your teenagers get home from school and get driving reports on your teenagers' trips; you'll have peace of mind and they'll have their independence. (NAPS)

Protect your vehicle's finish

Don't let the elements ruin your paint job



Perhaps nothing ages a car or truck more than a lackluster exterior finish. Even if vehicles are only a few years old, failure to maintain the paint, tires and chrome accents can make them look worn beyond their years, potentially affecting resale value.

The environment can be a vehicle's worst enemy. Protecting a car means being mindful of substances and habits that can compromise the exterior finish.

Seek shade.

Over time, the sun can damage a vehicle's paint job through oxidation and premature fading. People who live in areas with especially warm climates may see the paint on their vehicles suffer considerable damage thanks to the sun.

One of the easiest ways to protect a vehicle from the sun is to use sheltered parking or park in the shade whenever possible. This can help protect the paint, headlights and trim.

Drivers should store their cars in their garages overnight and during daylight hours when they are home.

Wash and dry.

It's important to routinely wash vehicles to protect their exterior finish. Use a mild cleanser designed for automobiles and a clean rag or sponge so as not to cause scratches that can cause further damage. Because minerals in tap water can be left behind through evaporation and may oxidize and damage the paint, it's best to wipe away as much residual moisture as possible with a chamois.

Paint protection.

Waxing can prevent bird droppings, berries, splattered bugs, and more from sticking to the paint and wearing down the finish. Waxes come in paste, liquid and spray. Each type has a different reapplication schedule, so drivers should consult the product instructions.

Vehicle owners also can invest in spray films to further protect painted surfaces. Do-it-yourself products are applied like a spray and then dry to an invisible, durable film. This helps protect against insects, gravel, sand, winter salt and even road grime. Different manufacturers offer protection films.

It is important to safeguard the exterior of a vehicle to help it look newer longer, protecting the value of the car or truck while also protecting it against the elements.

In addition to protecting a vehicle from the elements, waxing provides the following benefits.

• Deep shine: Wax is the easiest way to make a vehicle look brand new again. While a carnauba-based wax may be recommended, many synthetic waxes are now available and such products provide excellent shine capabilities as well.

• Fills in scratches: While wax will not remove scratches, it can fill in shallow scratches to make them less visible.

• Reduces friction: Car wax smooths the surface of the paint and will reduce the friction between debris and the car's exterior. This means debris will be more likely to slide right off than cause paint to chip.

• Catches contaminants: Airborne contaminants will be trapped in the wax rather than settle and etch the paint.

A number of tests can indicate when a car needs a new coat of wax. The water-beading test is one such test. If the water beads up nicely while washing or during a light rain, the wax is still performing. If the water runs in large "sheets," it's time for a new coat of wax.

Drivers can conduct the towel test as well after the car is washed and completely dried. The resource How To Auto offers guidance on how to perform this test: Fold a 100% cotton terry cloth towel until it's hand-sized and thick. Apply firm pressure to the car's surface and twist the cloth back and forth in a clockwise and counter-clockwise direction. If you hear a squealing noise, then it's time for a wax job.

Before waxing, the vehicle should be clean, dry and free of contaminants. Afterward, work in a shady area. Work carefully, but do not go so slowly that the wax dries too quickly. Do not apply the wax too heavily; a little goes a long way. Try to keep it even during application. Buff the wax with a microfiber towel when done.

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