

# The day is upon us

After many months of intense and fun planning, the day has arrived! The Folk Fest volunteer group thanks everyone—our founding sponsors, our MC Bill Potter, the Ferdinand News, new sponsors, the town leadership and employees, in-kind volunteers, musicians, singer-songwriters, artists, environment/wellness leaders, children's presenters, food vendors, and Tent Talk speakers—for partnering with us to make the ninth annual Ferdinand Folk Festival a special event in the region. In the words

of our headliner Dar Williams, in her book *What I Found in a Thousand Towns*, "When we let our curiosity and interests, and a little trust, lead us outside our doors and onto the village green, we will flourish as citizens and so will our towns."

We welcome the citizens of Ferdinand and the surrounding communities to our town's beautiful 18th Street Park. We wish each of you in attendance a wonderful day of relaxation, music, art, education, and fun. Be safe and enjoy your day.



ROCK EMMERT and KRIS LASHER, co-coordinators  
CHRIS JAMES, town manager and festival chair  
ALI DAUNHAUER • SUE FINK  
ALLIE PUND • BRETT PUND  
BRENT SICARD • EMI STECZYK  
AARON TRAFTON

*We hope you enjoy  
Ferdinand and the Fest!*

## 2nd Annual Monastery Beer Festival

**Friday & Saturday, Sept. 14 & 15**  
for the GREATEST beer  
gathering this side of HEAVEN!

**COME AND TRY OUR NEW BEER RELEASES**

Good Habit American Pale Ale, Nun's Dragon Imperial Stout,  
All Saints Belgian Tripel and Dark Souls Belgian Quad

Enjoy the great music of  
**BRIDGE 19**  
Friday & Saturday  
8:00 to 10:00



**St. Benedict's Brew Works**  
860 E. 10th St. Ferdinand, IN  
**812-998-2337**

### Fall Hours

Thurs. and Fri.: 5 to 10 p.m.  
Saturday: 10 a.m. to 10 p.m.  
Sunday: noon to 8 p.m.

# Kids' - Teen/Adult Yoga

*by Amanda Tadatada Gamble,  
Fire Horse Yoga*

In this free, beginner-friendly, stress-reducing class, enjoy a Morning Yoga Flow session to begin the festival in a healthy and positive way. Extra mats will be provided, but please bring your own if you have one. You will also want to bring water to keep yourself hydrated. If you have any health conditions, please notify Amanda before the session begins. Donations are welcomed. A children's yoga class will follow at 11 am ET.

Amanda began practicing yoga in 2008 when she fell in love with hot yoga while attending graduate school at Western Kentucky University. She moved to Jasper for her full time job as a school psychologist and began teaching at Fire Horse in early 2011. Shortly after, Amanda completed her 200-hour training through Fire Horse. She is currently teaching a vinyasa flow class on Tuesdays at 6 pm ET at Fire Horse Yoga. Amanda continues to use yoga as a way to reduce stress and remain mindful in her own life. She enjoys sharing this passion with both children and adults.



Kids ages 5 to 12 are invited to participate in a fun yoga session! The class is free, and donations are welcomed. Extra mats will be provided, but please bring your own if you have one. You will need to keep yourself hydrated so please bring your water.

If you have any health conditions, please notify Amanda before the session begins at 11

a.m. on the hill east and above the Main Stage.

Amanda Tadatada Gamble moved to Jasper for her full-time job as a school psychologist and began teaching at Fire Horse Yoga in early 2011. Amanda has a passion for children's yoga. She received her Registered Children's Yoga Teacher (RCYT) through the Youth Yoga School in Evansville, Indiana.