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HOLMES COUNTY  
SCHOOL DISTRICT  
CHILDREN WITH DISABILITIES  
2018-2019  
ANNUAL BUDGET MEETING

The Holmes County School District Children with Disabilities Department will hold its Annual Budget meeting for the 2018-2019 school year on April 17, 2018 at the Holmes County Educational Service Center. The meeting will begin at 5:00 - 6:00 p.m. Copies of the proposed budget will be available for review and discussion.

For more information please contact Lillian Mitchell, Special Services Director at 662-834-2175

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Sweethome Water & Sewer District  
Board of Commissioners  
will hold their  
Annual Membership Meeting  
Tuesday, April 10, 2018 @ 5:00 p.m.  
at 201 Spring Street, Lexington  
All members are encouraged to attend.  
All personal matters should be addressed at  
regular Board Meetings held the 1st Monday  
of every month at 6:00 p.m. at the  
Business Office  
at 201 Spring Street in Lexington.

LaPlause Polk - Chairman  
Robert Seals - V. Chairman  
Mary Archer - Secretary  
Austry Kirklin - Commissioner  
Peggy Mayfield - Commissioner

“Working together for a Better Sweethome”

### Celebrate National Arbor Day by Planting Trees

National Arbor Day is Friday, April 27, this year, and the Arbor Day Foundation is making it easy for anyone to celebrate the annual tree-planting holiday. Join the Foundation in April and receive 10 free shade trees.

By joining the Foundation in April, new members receive the following trees: red oak, sugar maple, weeping willow, baldcypress, thornless honeylocust, pin oak, river birch, tuliptree, silver maple, and red maple.

The free trees are part of the Foundation’s Trees for America

### West native named to William Carey Dean’s List

William Carey University has announced the Dean’s List Scholars for the Winter Trimester. Dean’s List Scholars must have at least a 3.5 grade point average. Students earning recognition are:

**WEST**  
Dean’s List: Mary Blair Odom



Bridal  
Registry

Hallie Murtagh  
Bailey Rutledge  
May 25, 2018

Molly Sutton  
Wesley Dew  
June 9, 2018

Amanda Jones  
Drew Broyles  
June 9, 2018

Howell & Heggie  
Drug Co.

389 N. W. Depot St.  
Durant  
662-653-6441

campaign.

“These trees provide shade in the summer and vibrant colors throughout the fall,” said Matt Harris, chief executive of the Arbor Day Foundation. “Through the simple act of planting trees, one person can make a difference in helping



Q: I get very frustrated with my children when they don’t obey me, even down to the simplest of instructions, and end up yelling. How does a parent stop yelling at her kids?

A: Thank you, thank you, thank you for asking this very pertinent and timely question. Yelling is commonplace among today’s parents (as opposed to 60-plus years ago); therefore, almost everyone reading this column will benefit from it. And yes, that is a guarantee. If the reader does not benefit, then he or she only engaged in rote decoding of alphabetic symbols.

Parental yelling occurs for two reasons, depending on the type of parent in question. As regards the sort of parents who read my column on a regular basis—parents, that is, who love their children unconditionally and want to be the best parents they can be—yelling occurs because they tolerate misbehavior. Tolerant parents repeat themselves, threaten, bluster and otherwise work themselves into a state of frustration that eventually expresses itself in yelling. Intolerant parents do none of that. They are mean. A parent who qualifies as mean does not yell. Said parent is virtually un-

flappable, which is to say cool, calm, and collected.

From a child’s perspective, a parent (or teacher) is mean if the child discovers that the parent says precisely what he means and means precisely what he says. No means no. It does not mean maybe. “I (parent) want you (child) to do thus and so” means the child is going to do it. It does not mean anything short of that.

Mean parents do not negotiate, backtrack, equivocate or blow smoke. They do not threaten or give second chances. For example, if a mean parent tells a child to go straighten and clean his room and the child pushes back or fails to perform the task properly, mean parent might go clean the child’s room himself and then ground the child to the home for two weeks with early bedtime. Mean parent in this example gave the instruction once. The child had one chance to either obey or disobey. If the latter, mean parent did not repeat, complain, berate, bluster, give a second chance, threaten, jump up and down while flapping his arms, or yell. He was calmly intolerant; therefore, he did not yell.

I have polled hundreds of audiences on the issue of yelling

free of charge.

To become a member of the Foundation and receive the free trees, send a \$10 contribution to TEN FREE SHADE TREES, Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by April 30, 2018, or visit arborday.org/april.

and discovered that the percentage of parents who frequently yell has at least tripled in the last fifty years or so. The percentage of children who do habitually disobey at first instruction has risen accordingly. During that time, the nature of the child has not changed. The increase in yelling is due to parents of two generations ago being generally more intolerant of misbehavior.

Their intolerance expressed itself in several ways, including that they did not repeat themselves, did not give reasons and explanations, replied with “because I said so” if asked for a reason or explanation, and used consequences that instilled permanent memories. The payoff to children who grew up with these intolerant, mean parents was rarely if ever being yelled at.

Sorry to disappoint, but if you yell at your children, you do so not because they are strong-willed or argumentative or can’t take no for an answer. You yell at your children because you are weak-willed, accept invitations to argue, and can’t say no and mean it. Stop trying to change your children. Change you.

Family psychologist John Rosemond: [johnrosemond.com](http://johnrosemond.com), [parentguru.com](http://parentguru.com).

31st March

ACROSS

1 Most inferior  
6 Butz or Scruggs  
10 Voiced  
14 Kind of squash  
19 Districts  
20 Game plan  
21 Prince of opera  
22 Louis XVI’s wife  
23 Italian entrée  
25 Actress Rowlands  
26 Ford failure  
27 Downhill racer  
28 Opposite of ‘neath  
29 Breakfast treat  
32 Aroma  
34 Wimbledon divider  
35 Poetic work  
36 Letter abbr.  
39 In need of blush  
40 Budget item  
42 Hare’s move  
44 Nature’s band-aid  
48 Routine  
50 He loved Lucy  
51 Flicka, for one  
53 Belt’s Asian kin  
54 Spasm  
55 Potluck dish  
57 Proportion part  
59 Composer Thomas  
60 Luminous bridges  
61 Memorable period  
62 Strikes mightily  
63 Auntie, to Mom  
64 Indian nurse  
65 Henri’s honey  
67 Richard’s veep  
68 Nationality suffix  
69 Brunch meat  
72 Basketball org.  
75 Union demand  
77 Pieces (out)  
78 Huron, e.g.  
79 These: Fr.  
80 “When \_\_\_\_\_ Collide”  
82 Lilliputian  
83 Carpet feature  
84 Celt  
85 Con’s cover  
86 Southern side  
89 “Inferno” author  
90 Father’s Day gift  
91 Ambassador Luce  
93 Diving birds  
94 Spanker’s tool

DOWN

1 WWII fem.  
2 Unwritten exam  
3 M. Magritte  
4 Use garnet paper  
5 Lao-\_\_\_\_  
6 Fulton or Ford  
7 Prettily  
8 Cartoon Chihuahua  
9 Like some deacons  
10 Kind of ring  
11 Allstate employee  
12 One of the Hebrides  
13 Small weight  
14 Rephrase  
15 Military groups  
16 Roughly  
17 Cambodian money  
18 Singer Carter  
24 Non-express train  
30 Bellybutton type  
31 Fumbler’s lament  
32 Barter  
33 Locket snippet  
36 Put a CD away

81 Stew

82 Message  
83 Brewer’s choice  
84 Flit about  
86 Fire  
87 Plié place  
88 Bleed, as madras  
89 Miami-\_\_\_\_ County  
92 Jell-O flavor  
94 Italian staple  
96 Singer Easton  
98 Where Lesbos lies  
99 Teased  
102 Starwort, e.g.  
103 Daughter of Zeus  
105 Actress Oakes  
106 Squeeze  
107 Mauna Kea’s site  
108 Treacherous  
109 Ole Miss rival  
110 Polish soldier  
111 The Mounties: abbr.  
113 Departed  
114 Ford or Lincoln  
115 Exceeded the limit  
116 “Le \_\_\_\_\_ Goriot”  
120 Motorists’ org.  
121 \_\_\_\_\_ warners

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