



Thomas Wolfe wrote You Can't Go Home Again. Today I feel a little like maybe you can. My name is Lee Ann Flemming. This week I will begin writing a weekly food column for the *Holmes County Herald*. I have been a food writer for several magazines and newspapers for over 15 years. My husband, Steve, and I have lived in Cruger, Mississippi for the past 38 years.

Sixty years ago, I was born in Lexington, Mississippi, at the Lexington hospital. My parents are Joy and Fritz Frizell. My mother was a home economist for the Mississippi State Extension service and my father worked for the Forestry Commission in Holmes County. I graduated from Central Holmes Academy and was in one of the first classes to complete their school years from there. We all went to Mrs. Ellison's kindergarten on the hill outside of Race Street before we started school at CHA.

My hometown growing up years in Lexington were happy ones. Friends riding bikes, visiting in each others homes, and attending church

activities at the First Baptist Church are wonderful memories.

It will be an honor to write each week and share some of my favorite recipes. Teaching middle school and having a myriad of wonderful friends and family all give me great material for my writing. I would also love to hear from you and answer any questions or requests you may have.

Today I have some terrific salad dishes that are perfect for summertime meals. I hope you will give them a try. Thanks for reading.

SEAFOOD RICE SALAD

(I won a recipe contest with this recipe the summer after we married. My grand prize was \$250. To a newly married couple just starting out, we felt as if we had won the lottery! It makes a large amount and is one of my family's favorites.)

- 2 cans shrimp, drained
- 1 can tuna, drained
- 3 cups cooked, cooled Minute Rice
- ½ cup finely chopped onion
- ½ cup finely chopped

- sweet pickle
- 1½ cups finely chopped celery
- ½ cup diced pimiento
- 3 hard-boiled eggs, chopped
- 1 Tbsp. lemon juice
- 1 cup mayonnaise
- Salt and Pepper to taste
- Combine all ingredients and toss lightly; chill overnight. Serve on salad greens and garnish with tomato wedges.

CHICKEN PASTA SALAD

- 1 pkg. Rotini noodles, cooked and drained
- 2 cups cooked chicken breasts, shredded
- ½ cup mayonnaise (You may need to add more)
- ½ cup Italian dressing
- 3 Tbsp. lemon juice
- 1 Tbsp. prepared mustard
- 1 bunch green onions, chopped
- ¾ cup sliced ripe olives
- 1 cup diced celery
- 1 tsp. salt
- 1 tsp. pepper

Mix shredded chicken and prepared noodles with Italian dressing; allow to come to room temperature. Blend mayonnaise, lemon juice, and mustard; stir in olives, onion, celery, salt and pepper; add to chicken mixture and mix well. Chill overnight before serving.

Lee Ann Flemming is a Holmes County native, food columnist and has garnered fame for her recipes featured in the film, **The Help. Flemming can be reached at lafkitchen@hughes.net.*



B. JONES

Tchula native named to Delta Council

Delta Council recently held their 83rd Annual Meeting Friday, June 1, on the campus of Delta State University at the Bologna Performing Arts Center. The 2018-2019 President and Vice-Presidents of the or-

ganization were announced during the Business Session of the meeting.

Each year, a new President and seven Vice-Presidents are elected to serve as officers of Delta Council. This year's President of Delta Council is Woods Eastland of Indianola. A retired CEO of Staplcoth, Woods has served on numerous national agricultural boards and commissions. He also served as Chairman of the National Cotton Council of America and has been an elected Director of Delta Council for many years. He and his wife Lynn have two children and three grandchildren.

Elected to serve as Vice-Presidents of Delta Council for the 2018-2019 year in-

clude Stanley Ayers of Le-land, John Rodgers Brashier of Indianola, Pete Hunter of Clarksdale, B. Jones of Tchula, Floyd Melton III of Greenwood, and Ransom Myers of Dundee. Andy Anderson of Rolling Fork is serving a second term as Treasurer.

"This is an excellent group of Delta Council Officers and we look forward to their service," said Delta Council Executive Committee Chairman George King of Chatham. "They add a tremendous amount of horsepower on so many opportunities and challenges that the region has, and we appreciate them giving their time and talent to making the Delta a better place to live and do business."



ANNA LEIGH MCNEER

McNeer named 2018 salutatorian

Anna Leigh McNeer, the grand-daughter of Faye McNeer and the late Billy 'Red' McNeer is a 2018 graduate of Canton Academy. Anna attended Canton Academy

from K-5 through her Senior Year. Anna was an academic all-star during each of her high school years. She achieved the honor of being on Canton Academy Headmasters List each year of high school. Anna was inducted and is a member of the National Honor Society. Along the way, Anna achieved several class awards for highest grade point average. Anna represented Canton Academy in multiple science fair and academic betterment competitions. During her Senior year, several scholarships were earned. Anna was awarded a softball scholarship at East Central Com-

munity College, she earned the ACT scholarship at East Central Community College. As the salutatorian for Canton Academy, she earned the salutatorian scholarship at East Central Community College. Also, Anna earned the Canton Lions Club scholarship. The Canton Academy Booster Club scholarship was presented to Anna on Canton Academy's awards day. As an athlete, Anna participated in multiple sports and contributed to multiple state championships. Anna led the Canton Academy softball team by appearing in the MAIS AA State championship game. Anna was selected as a softball all-state team member multiple years. Anna represented Canton Academy in the MAIS All-Star game.

County students conferred applied science degrees

Northwest Mississippi Community College held its 102nd Commencement on Friday, May 11. This year,

approximately 850 students participated in the graduation exercises, according to the Office of Admissions and Records. Associate of Arts and Associate of Applied Science degrees as well as Career and Technical Certifi-

cates were awarded.

Dr. Jimmy W. Abraham, vice chairman of Client and Business Relations at Cadence Bank, and retired associate vice president of Development and Alumni and executive director at

Mississippi State University (MSU) served as commencement speaker. Among those receiving Associate of Ap-

plied Science degrees were:
Lexington - Nicholas Rogers
Tchula - Kelly Common

Learning the ABC's of Banking



Community Students Learning Center in Lexington is continuing with its Summer Youth Enrichment programs through July 6. Pictured above (standing) David E. Johnson, Sr., Senior Vice President and Director of Community Development for BankPlus, was guest presenter on Friday, June 15, at the center. Johnson engaged the future wage earners, 2nd through sixth graders, by discussing basic budgeting, needs versus wants and saving ten percent of income. Johnson provided worksheets with word problems on saving money and awarded coin pouches as prizes. The summer program is also set to take attendees on an educational field trip to the MS Civil Rights Museum in Jackson followed by a trip to Grand Paradise Water Park in Collins. Children in attendance included: Samya March, Alfred Smith, Sicily Gregory, LeRoy Nicholson, Chadize Brent, ZaRhiya Dixon, Kailey Jordan, Kayden Collier, Le'Baudrio Bridgeland, Shamie Kyles, Aalaila Kirklin, Jerry Reese, Keagan Kimbrough, Shamyia Kyles, Tamiya Walden, Mar-Quavious Young, Sania Coleman and Mary McCoy. (Photo by Matthew Breazeale)

HOWELL & HEGGIE DRUG CO.

389 N.W. Depot Street, Durant, MS

Phone: 662-653-6441

Open: Mon-Fri: 8:30 am - 5:30 pm, Sat: 8:30 am - 1:00 pm, Closed Sunday

CHRISTMAS IN JULY



HOWELL & HEGGIE IS HAPPY TO ANNOUNCE THAT OUR ANNUAL CHRISTMAS IN JULY SALE WILL BE JULY 2ND - 7TH

WE WILL HAVE TONS OF CHRISTMAS DÉCOR FROM PILLOWS TO ORNAMENTS! WE HOPE TO SEE YOU THERE!