HOLMES COUNTY HERALD

THURSDAY, OCTOBER 2018 PAGE

80,000 people died of flu last winter in US

Associated Press highest death toll in at Associated Press. least four decades.

ters for Disease Control least one found the size of An estimated 80,000 and Prevention, Dr. Rob- the estimate surprising. Americans died of flu ert Redfield, revealed

"That's huge," said Dr. and its complications last the total in an interview William Schaffner, a Vanwinter — the disease's Tuesday night with The derbilt University vaccine expert. The tally was Flu experts knew it was nearly twice as much as

The director of the Cen- a very bad season, but at what health officials pre-**Central Holmes Trojans** finish 3rd in state tourney



McKaylee Polk is welcomed at the plate by her team mates to celebrate her over the fence home run. The Lady Trojans defeated Amite with a score of 4-1 in game one on Saturday, September 29, and then went on to win game two against Clinton Christian Academy, score 1-0. (Photo by Amy Lindsay)



Pictured above (at right), Lady Trojan Landry Gardner attempts an out during Satur-(Photo by Amy Lindsay) day's AA State Tournament that was held in Magee.



viously considered a bad year, he said. In recent years, flu-relat-

ed deaths have ranged from about 12,000 to 56,000, according to the CDC.

Last fall and winter, the U.S. went through one of the most severe flu seasons in recent memory. It was driven by a kind of flu that tends to put more people in the hospital and cause more deaths, particularly among young children and the elderly.

The season peaked in early February and it was mostly over by the end of March.

Making a bad year worse, the flu vaccine didn't work very well. Experts nevertheless say vaccination is still worth it because it makes illnesses less severe and save lives. "I'd like to see more

people get vaccinated," Redfield told the AP at an event in New York. "We lost 80,000 people last year to the flu."

CDC officials do not have exact counts of how many people die from flu each year. Flu is so common that not all flu cases are reported, and flu is not always listed on death certificates. So the CDC uses statistical models, which are periodically revised, to make estimates.

Fatal complications from the flu can include pneumonia, stroke and heart attack.

CDC officials called the 80,000 figure preliminary, and it may be slightly revised. But they said it is not expected to go down.

It eclipses the estimates for every flu season going back to the winter of 1976-1977. Estimates for many earlier seasons were not readily available.

Last winter was not the worst flu season on record, however. The 1918 flu pandemic, which lasted nearly two years, killed more than 500,000 Americans, historians estimate

It's not easy to compare flu seasons through history, partly because the nation's population is changing. There are more Americans — and more elderly Americans -– today than in decades past, noted Dr. Daniel Jernigan, a CDC flu expert. U.S. health officials on Thursday are scheduled to hold a media event in Washington, D.C., to stress the importance of vaccinations to protect against whatever flu circulates this coming winter. And how bad is it going to be? So far, the flu that's been detected is a milder strain, and early signs are that the vaccine is shaping up to be a good match, Jernigan said. The makeup of the vac-

cine has been changed this year to try to better protect Health & Science Departagainst expected strains.

going to happen, but we're Medical Institute's Deseeing more encouraging partment of Science Edusigns than we were early last year," Jernigan said.

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DA	TE	<u>OPPONENT</u>	PLACE	TIME				
Augu	ust 31	Winona Christian*	Away	7 p.m.				
Sept.	. 7	Benton Academy	Away	7 p.m.				
Sept.	. 14	Marshall Academy*	Home	7 p.m.				
Sept.	. 21	Hatley School	Home	7 p.m.				
Sept.	. 28	St. Aloysius H.S.	Home	7 p.m.				

Pictured above (from left) Lady Trojans Aubrey Carr, McKenna Polk, Shelby Lindsay, Regan Brown, Addie Burrell and Coach Jerry Polk, celebrate the team's third place ranking in the AA state softball tournament that was held Monday, October 1 in Ma-(Photo submitted) gee.

