

School works to fill Mississippi's dental gap

By Alana Bowman
UMMC

Only one state has a worse patient to dentist ratio than Mississippi, and that's Arkansas. For every active, licensed dentist in Mississippi, there are 2,120 residents. When one considers that most of Mississippi's dentists are concentrated in the larger cities – near Memphis and Jackson – access to dental care in the state's more rural areas looks grim.

Maybe that is why Mississippi scored a zero percent overall on Oral Health America's Wisdom Tooth Project reported in the 2018 volume of "A State of Decay." The publication reports oral health status of Ameri-

cans 65 and older.

For the 2018 report, states were analyzed on whether they had a state oral health plan that includes SMART objectives and have developed and completed Basic Screening Surveys that include older adults. Data from the Centers for Disease Control and Prevention on severe tooth loss and community water fluoridation and data about adult Medicaid dental coverage were factors in the evaluation as well.

Mississippi earned a "Story Spotlight," but it wasn't for positive reasons. The report stated that 55 percent of older adults in Mississippi have severe tooth loss. Tooth extractions are the only den-

tal procedure for adults with Medicaid coverage in the state.

The report did look favorably on Mississippi's State Oral Health Plan published by the Mississippi State Department of Health. The plan encompasses a five-year period of 2016-2021 and outlines efforts to "create a culture of health that includes oral health."

The plan states that the "connection between oral health and general health reinforces the importance of oral health care as an essential component of health programs and policies."

However, no amount of education about the importance of fluoridated water

and twice-yearly checkups will help the Mississippian whose closest dentist is 50 miles away. The report applauded the state for efforts to "make the most of a challenging situation."

Breaking down the numbers reveals the situation is worsening, not improving.

The dean of the University of Mississippi School of Dentistry, Dr. David Felton, says the school can't accommodate more than 40 students per class.

"We have no capacity to expand our program," said Felton. "Our limitation is the simulation lab. It will hold 40 students. We can't take 41."

Felton said that the school is positioned to graduate approximately 118 new dentists in the next four years, taking into consideration the percentage of students who leave the state to practice.

An estimated 192 dentists will retire during the same four-year period. According to the Mississippi State Board of Dental Examiners website, nearly 14 percent of Mississippi's active, licensed dentists are 65 or older. Felton said many dentists consider their practice to be a retirement nest egg to be sold to a young dentist just entering the field, but selling may be a challenge.

"Who are they going to sell it to?" Felton said. "There's not a lot of people moving into Mississippi with dental licenses." The future dental workforce will have to be the result of in-state training. Felton saw a similar scenario play out during his time at West Virginia University School of Dentistry.

"When I left West Virginia, there were six dentists who closed their offices because they could not sell them," Felton said. "When they retired, they just closed [the practice] and walked away."

The state's oral health plan outlines 10 essentials for promoting oral health in Mississippi, and one of those is to "assure an adequate and competent public and private oral health workforce."

This is important for a number of reasons, explained in the oral health plan as the health ramifications of oral disease in Mississippi, based on 2015 figures. A quarter of

adults 65 or older have no teeth. More than 400 new cases of oral cancer are diagnosed each year, and 590 adults died from oral cancer between 2008 and 2012. Forty-four percent of adults have not visited a dentist in the past year.

Almost 31 percent of Mississippi's third graders had untreated tooth decay.

Poor oral health affects diet and nutrition. People who have lost their teeth prefer softer foods over fresh fruits and vegetables.

Neglecting one's teeth leads to higher medical bills, according to United Healthcare's Medical Dental Integration Study. The study found that members of the United Healthcare group who received frequent dental cleanings spent \$10,395 less on health care than any other dental treatment group. In fact, those who received regular preventive dental care spent less even if they were non-compliant with their medical treatment plan.

The cost savings were observed in patients with chronic medical conditions such as diabetes, asthma, congestive heart failure, coronary artery disease and chronic obstructive pulmonary disease. According to the Mississippi State Department of Health, heart disease, COPD and diabetes are three of the seven leading causes of death in Mississippi.

Medical costs associated with heart disease and diabetes are expected to rise 70.3 percent and 67.9 percent respectively by 2020. Access to regular dental care can have a positive effect on the state's health care spending.

Core Area 3 of the state's plan is to address the workforce shortage. As the only dental school in the state, that burden falls largely on its shoulders.



November 8 - Liam Walker, Natalie Winstead, Beth McClellan McBride, Rodney Streeter, Johnny Pritchard, Doug Aldridge, Cassidy Sizemore, Coy Bishop, Haricharen Chennam, Coy Ballard

November 9 - Morgan Chisolm, Terry Nickerson, Carolyn Cunningham Mirick, Dominique Hudgins, Ayana Clark, Madison Noel, Butch Bigbee, Charlie Cole Edwards, Mildred Windom

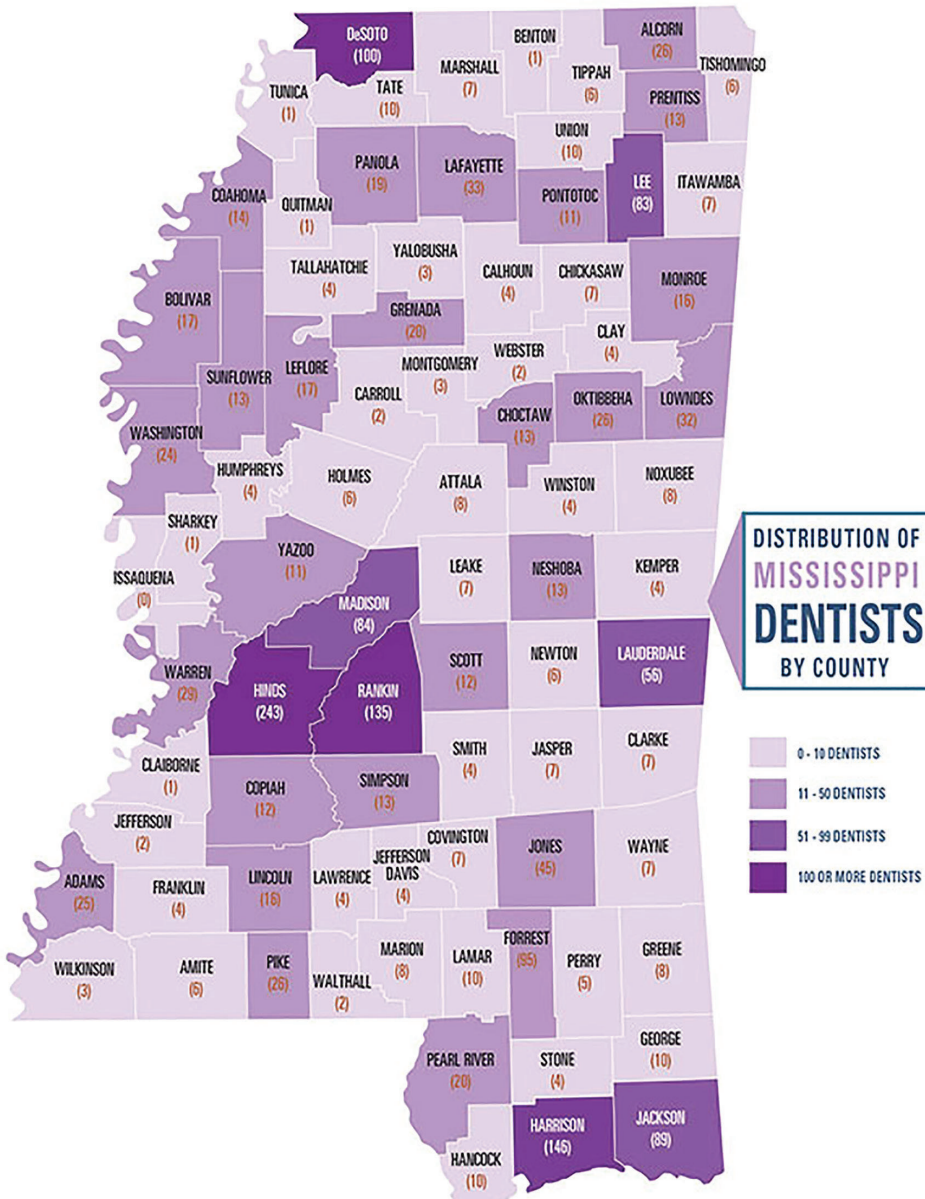
November 10 - Madelyn Spell, Bobby Revisore, Emma J. Breazeale, Clara Hocutt, Barton Boyll, Fowler Boyll, Emaya Grayson, Diane Mitchell, George Tate, Adam Kelly, Janice Gail Redmond, Danny McBride, Porsha Cross, Tim Turner, Lizzie Hughes

November 11 - Tanner Robinson, Amanda Alexander, Brittany Sanford, Ashley O'Briant, Sandra Cothran, Dalton Ledbetter, Cayla Cain, Alex Bonds

November 12 - T. Stubbs, Andrew Killgore, Matt White, Scotty Pritchard, Kody Jones, Deloris Miller, David Stewart, Dawn Davis Dees, Helen Terry, Shawn Spell, Michael Halford, Darnell Coleman, Viv Wentzel

November 13 - Travis Killebrew, Perry Hammett, Jody Beville, Tarshala Clerk, Charles Christopher Bates, Sr., Unterius Butler

November 14 - Sandy Gilbert, Pacey Wigginton Regan, Rosemary Hammett, Danny Donald, Charlie Bell, Dylan Hager, Brenda Tate, Chrissy Branch, Jeri Jo McCleskey, Travis Fulgham, Johnny Word, Emma Wallace, Louis "Doug" Scott



November 8 - Johnny and Aleatha Pritchard, Joseph and Brittany Engle

November 9 - Donald and Shelbi Moore, III

November 12 - Christian and Sydney Gardner, Randy and Linda Matthews

November 14 - Elmer and Linda Keith, Billy and Lynn Edwards, Joey and Nan Netherland

To add your birthdays and anniversaries to our list, please send your information by mail to P.O. Box 60, Lexington, MS 39095; fax 662-834-1074; email hcherald@gmail.com; or stop by our office at 308 Court Square in Lexington. No phone calls, please.



Congratulations to Sarmetric Horton from Tchula. He got married Saturday, November 3.

William Wright has been carried back to the hospital in Jackson.

Mrs. Lue Ethel Noel is in the hospital in Jackson. Her daughter passed, so please keep the Noel fam-

ily on your prayer list. One of the Robinson girls from Tchula got shot in Greenwood. I don't know her condition.

If you are traveling on the Greyhound bus, you better call and get the time of departure and arrival. The bus scheduled has changed.

Bridal Registry
Cassie Cothran
Jonathan McClellan
November 17
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Court Square 834-2721 Lexington

Notice of Closing
We will be closed all day
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in observance of
Veterans Day
We will reopen Tues., Nov. 13 at normal banking hours.

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