



Illuminating The Progress Of Barnesville

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Street Light

SPECIAL PUBLICATION OF THE BARNESVILLE RECORD-REVIEW & CLAY COUNTY CONNECTION

Three Sections - 44 Pages

Section A - 16 Pages



To Your Health

BARNESVILLE



Every spring a new “Streetlight” edition is printed that takes a close look at the people, places and events in the Barnesville area. For the past 24 years, beginning in 1995, this special edition has recorded what has already happened and what is likely to happen in the future in and around Barnesville. Each of those special publications, begun by Mike Cihak as an intern at the Record-Review, has had a specific theme surrounding the content of the publication.

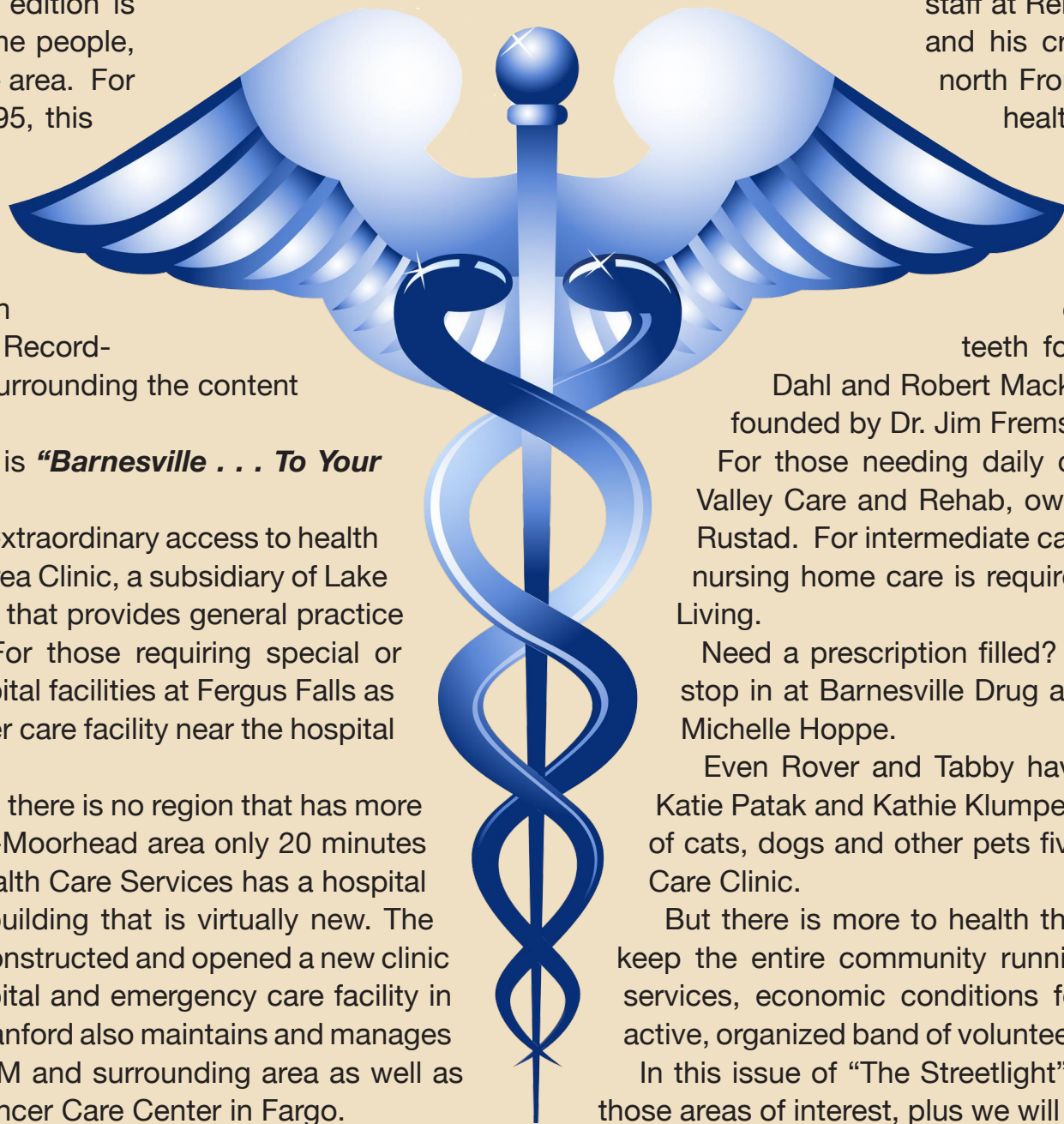
This year the “Streetlight” theme is **“Barnesville . . . To Your Health!”**

Barnesville, for a small town, has extraordinary access to health care. Locally we have Barnesville Area Clinic, a subsidiary of Lake Region Health Care of Fergus Falls, that provides general practice medical care to area residents. For those requiring special or specific care, Lake Region has hospital facilities at Fergus Falls as well as an up-to-date modern cancer care facility near the hospital campus.

Between here and the West Coast there is no region that has more modern health care than the Fargo-Moorhead area only 20 minutes away from Barnesville. Essentia Health Care Services has a hospital and emergency care service in a building that is virtually new. The giant Sanford Medical Facility has constructed and opened a new clinic in Moorhead and a huge new Hospital and emergency care facility in Fargo, both in the past two years. Sanford also maintains and manages other health care facilities in the F-M and surrounding area as well as the state-of-the-art Roger Maris Cancer Care Center in Fargo.

Health care for people in the region typically begins at the Barnesville Area Clinic under the direction of Dr. Owen Thompson. From this general care facility, patients are referred to one of the larger, specialized health care facilities in either Fargo-Moorhead or Fergus Falls.

But health care is more than just a trip to the clinic for a shot or a prescription. There is the rehab work provided by Pete Larson and the



staff at Rehab Plus on Front Street. Sean Wahl and his crew provide chiropractic care at his north Front Street facility. There are personal health workout facilities at Dr. Wahl’s office and just down the street at Anytime Fitness.

We have two dental care offices right across the street from each other. Dr. Al Rostad has fixed our teeth for 40 years while Doctors Jonathon Dahl and Robert Mack have taken over the dental practice founded by Dr. Jim Fremstad, now retired.

For those needing daily care, there is a local nursing home, Valley Care and Rehab, owned and operated by Mark and Deb Rustad. For intermediate care between living at home and before nursing home care is required, we have Golden Manor Assisted Living.

Need a prescription filled? No problem! All you need to do is stop in at Barnesville Drug and Hardware and talk to Pharmacist Michelle Hoppe.

Even Rover and Tabby have health care covered locally. Drs. Katie Patak and Kathie Klumper along with the caring staff take care of cats, dogs and other pets five days a week at Barnesville Animal Care Clinic.

But there is more to health than just a runny nose or a cough. To keep the entire community running you need a healthy school, city services, economic conditions for businesses and farmers, and an active, organized band of volunteers who keep things running smoothly.

In this issue of “The Streetlight”, we’re going to take a look at all of those areas of interest, plus we will get the perspective of a lot of people you are already familiar with and a lot more that you are going to meet for the first time.

Hang on for the ride and we hope you enjoy reading about your friends and neighbors as we bring you the Barnesville Record-Review’s 24th edition of “The Streetlight”.

- Gene Prim, Publisher