HOSPITAL DISTRICT #1 OF RICE COUNTY **Rice Community Healthcare Empowers Patients through Patient-Centered Care**

They are physicians - and also mothers, fathers, community volunteers, who recognize their role to serve the mothers, fathers, and hard-working citizens who make our community thrive.

Every day, the teams of healthcare professionals from Lyons Medical Center and Sterling Medical Center, see patients that range from newborns, pediatrics, adolescents, adults and seniors. Unique to rural healthcare, obstetric services are also available at both locations, which includes prenatal visits, labor and delivery and postnatal care. Every member of the medical team is trained with the intent to be able to deal with the spectrum of medical issues, ranging from primary care services to the ability to treat, diagnose, prescribe, and refer patients to specialists if needed.

This determined focus on the wellbeing of each individual patient is their commitment to person-centered care. The Institute of Medicine defines patient or person-centered care as: "Providing care that is respectful of, and responsive to, individual patient preferences, needs and values, and ensuring that patient values guide all clinical decisions. This commitment to care is the driving force to provide high quality healthcare and recognize the importance of each person's individual values, ideals and opinions. "Healthcare providers must encourage patients to be active participants in their wellbeing and healthcare plans and goals," Roger Klein, MD said. "Empowering a person to be at the forefront of their own healthcare is the key to person-centered care." Klein practices family medicine at the Lyons Medical Center in Lyons. He provides a full-scope of services spanning every generation and includes obstetric care. His practice is a reflection of the entire medical team at Lyons Medical Center, valuing the patient as a whole person, while recognizing their individuality to create a personalized plan of care. Families are welcomed to participate in developing health plans and goals, where appropriate. Sterling Medical Center, located on Broadway in Sterling, also uses a holistic approach to meet each person's healthcare needs and goals.

"Sharing power and responsibility in ones healthcare, and encouraging patients to be more involved in decision-making processes imparts a sense of ownership in their personal health plan," said James Decker, DO.

Dr. Decker, practices alongside Kristina Darnauer, MD and Stacy Dashiell, MD at Sterling Medical Center. This team of professionals is dedicated to help people

get the care they need when they need it and are committed to making patients active participants in their healthcare decisions. Sterling Medical Center offers comprehensive and personalized services for all generations, including obstetric care.

Lyons Medical Center and Sterling Medical Center are under the administrative leadership of Rice Community Healthcare Chief Executive Officer, George Stover. Both

medical centers provide personalized, multi-generational, comprehensive care that includes acute illnesses, preventive treatment and primary medical services.

"A holistic approach treats the person as a whole, not only the illness, Stover said. We insure that all of our employees are supportive and well trained in communication and strive to put patients at the center of their own healthcare, while respect-

ing patient concerns, values and goals."

Both locations have recently added a patient portal which provides patients easy and private access to their medical information whenever and wherever there is internet access. Patients can gain access to health information and receive periodic updates and reminders from their medical provider.

"The portal provides one more option for patients to take control of their personal

wellness; putting their medical information at their fingertips 24/7." Stover added.

To schedule an appointment with a physician or to gain access to your personal health information and become an active participant in your healthcare, visit www.ricecountyhospital.com or contact the clinic nearest you:

Lyons Medical Center 620-257-5124 or Sterling Medical Center 620-278-2123.

(620) 897-6266

At SANDSTONE HEIGHTS... **The Living Experience Our Loved Ones Deserve**

Sandstone Heights is a quaint, pleasant, quiet retirement community, located in the community of Little River, with a few simple goals...provide the type of high quality conscientious care we would want for our own family members, to provide a good place of work for over 50 employees, and to keep things as affordable as possible.

Surprising to some, Sandstone Heights provides the full range of long term care services. Whether you are needing therapy or a Medicare stay after a surgery, wanting to move into an Independent Living apartment to avoid mowing the lawn or shoveling snow, needing some extra care that comes with Assisted Living, or requiring a nursing home, Sandstone Heights can help. Sandstone Heights is small enough to offer wonderful hometown perks such as homecooked meals, attentive personcentered care, personalized activities and outings, and a warm pleasant smelling homelike environment, but big enough to offer everything you can get in the city. "Sandstone Heights is the perfect size for a retirement community", says Todd Schlosser, Administrator. "When you get too large, you tend to lose the ability to provide that personal attention or that special touch, but here we get the opportunity to really know the people who make up our retirement community and provide the type of care and living experience our loved ones deserve. This is just a very special place." Opening its doors in 1972 when the Little River hospital was about to close, Sandstone Heights was the result of area church members coming together to brainstorm

how to meet some of the community needs. Sandstone Heights is still a non-profit community owned retirement community that welcomes people not only from Little River, but our entire surrounding community including Lyons, McPherson, Hutchinson, Lindsborg.

For more information about our campus, job openings, or apartment/room availability please call Sandstone Heights at 620-897-6266.





Healthy families, **Thriving Communities**

Lyons Medical Center | Sterling Medical Center

From newborns to grandparents, caring for families for more than 50 years.

The medical teams at Lyons Medical Center and Sterling Medical Center provide personalized, multi-generational, comprehensive care that includes acute illnesses, preventive treatment and primary medical services.

Services

- Acute illness Well-Woman **Annual Physicals** Well-child exams
- Prenatal care Obstetrics Postnatal care Patient counseling
- DOT physicals Immunizations EKG



Lyons Medical Center 620.257.5173 | Sterling Medical Center 620-278-2123 ricecountyhospital.com