



# Medic

# Director



**BURTON CREEK** *Serving Your Family*  
*Rural Clinic* *Medical Needs For*  
*Over 40 Years*



**"Your Good Health is Our Business"**

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|---|--|
| <b>FAMILY PRACTICE &amp; OBSTETRICS</b> | <b>PHYSICALS</b>                       |
| <b>MENTAL HEALTH</b>                    | <b>WORKERS' COMP</b>                   |
| <b>PEDIATRICS</b>                       | <b>MINOR SURGERY &amp; EMERGENCIES</b> |
| <b>WOMEN'S HEALTH</b>                   | <b>COLONOSCOPY</b>                     |
| <b>BOTOX</b>                            | <b>GENDER REVEAL</b>                   |
| <b>JUVÉDERM</b>                         | <b>3D/4D ULTRASOUND</b>                |
| <b>PREGNACY CARE</b>                    | <b>COSMETIC LASER SERVICE</b>          |
| <b>GERIATRICS</b>                       |  |



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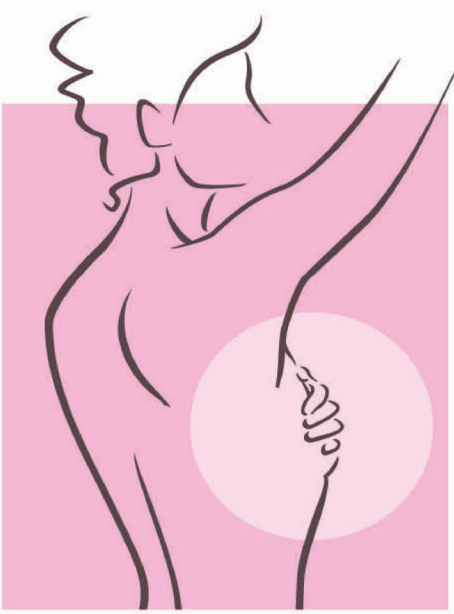


*October is*  
 national  
**Breast Cancer**  
**AWARENESS**  
**MONTH**

**Saluting Survivors**  
**Encouraging Awareness**  
**Remembering Loved Ones**

During National Breast Cancer Awareness Month, we stand together in our support for a cure and our support for the women who are faced with the disease. By encouraging breast cancer research and raising awareness of the importance of early detection, we can all help save lives.

It is estimated that nearly 200,000 women will be diagnosed with breast cancer this year, and that more than 40,000 of these women will die. Breast cancer is a threat to women of all ages, races and walks of life. Even men are at risk for breast cancer, with approximately 1,700 men diagnosed each year. These numbers remind us why it is so important to know the signs, symptoms and risk factors of breast cancer. Early detection of breast cancer is the best weapon against the disease, which means breast self-exams should be performed regularly, with clinical breast exams every one to three years. By the age of 40, women should begin getting mammograms every one to two years. In addition, healthy lifestyle habits like physical activity, not smoking, minimizing alcohol intake and consuming plenty of fresh fruits and vegetables can help women reduce their risk factors.



For more information about breast cancer prevention, early detection and support for a cure, please visit the National Breast Cancer Foundation online at [www.nationalbreastcancer.org](http://www.nationalbreastcancer.org).