

Lady Laker Basketball

The Lady Lakers improved to 3-0 in District play and 10-4 on the season by defeating Cumberland County by a score of 70-14 on Friday, January 4. The Lady Lakers were led in scoring by Alyssa Bodner with 17 points followed by Juliah Bault with 14 and Addison Loy with 11.

The Lady Lakers defeated Muhlenburg County by a score of 69-64 on Saturday, January 5. Jaylen Elmore led in scoring with 20 points, followed by Addison Loy with 17 points and Juliah Bault with 16 points. The Lady Lakers improve to 11-4 on the season.

Things We Did As Kids

Ron Cowell

We played 20 questions! This game was played inside or while traveling. One person chooses a person, place or thing. The others have 20 questions to guess the correct answer. They can only ask questions that require a yes or no answer. Questions might be "Is it a person?", "Is it a place?" or "Is this person male?" The person with the correct answer gets to choose the next subject. If no one guesses the correct answer, the person who chose the subject chooses another person, place or thing and the questions start again.

We played Freeze tag outside in the sun! We would select a person to be "It." The goal of "It" is to tag everyone else. Once you are touched you must freeze in position. Players touched are "frozen" and cannot move until the game is over or until a person who is not frozen touches them to "unfreeze" them. The player who is tagged three times becomes the "It." If the person who is "It" manages to "freeze" all the players at the same time so everyone is "frozen," he can choose the person who takes his place as "It."

Do you remember Simon Says? "Simon" calls out directions for everyone to follow. The "Simon" caller may say, "jump up and down," "Turn around," "Touch your nose" or other directives. The object of the game is for those playing to only follow directions when prefaced with the phrase, "Simon says." "Simon says jump up and down," "Simon says turn around" or "Simon says touch your nose." If you follow directions given without the "Simon says" phrase, you become the caller or "Simon" Or had to go back to the start line or eliminated.

We played dodge ball. A group of us would all stand together while the person who was it had to throw a ball at the group of us. If you got hit with the ball you were out.



Last kid standing was the winner and the person to throw the ball.

It was always fun to get up a game of baseball or softball in the field close to the house. We would pick two captains and they would take turn picking sides. It was always embarrassing to be the last one picked. After the sides were established we searched the field to find things we could use as home plate and the bases. An old garbage can lid was the best because it wouldn't blow away when the wind blew, but if none were available a piece of cardboard or even a rock would work.

We even got up games of football, even though we didn't have a football! We would take an old sweat shirt or some rags and tie them all together for a football. The tree at the end of one end of the field was one goal and the big bush at the other end made up the other end zone. It was hours of fun.

We usually had to be home or at least close to home when it got dark outside. A lot of times our parents were outside talking and visiting so we got up a game of Hide go seek in the dark! Everyone would find a great place to hide and the person that was it had to come and find you. If we were inside we played the game in the basement with all the lights out.

The girls would be playing Jax and the boys might be off someplace shooting marbles. Or the girls might be playing with paper dolls or playing house while the boys spent hours trading Ball Cards. I remember laying out a pattern on

the sidewalk or concrete someplace and playing Hop Scotch.

A group of us would all get together and spend the night on the basement playing board games. One game that usually took a long time and we would stay up all night playing Monopoly. We would set up all night playing board games.

We didn't have cell phones, I pads or electronic games to play. The internet was unheard of. We had to make our own games and use our imagination to occupy our time. It didn't matter if we were playing outside or inside, we always got our exercise. As far as I can remember we didn't have a lot of over weight kids back then either.

Our Mom's didn't work for the most part, they stayed home and took care of the house and kids. Now I'm not saying that's the woman's place, I'm saying that's the way it was. Families didn't have a lot of money back then so we didn't get everything we wanted so we had to improvise on a lot of the toys like the home made football or a stout tree branch for a bat.

These games sound boring to kids today but we had a lot of fun playing them and making up new games. When was the last time you saw a group of kids out playing sand lot ball in an empty field or saw them setting and playing board games. It's a different time now that's for sure, all I can say is the same thing I have said many times before. I'm so glad I grew up when I did. Till next time, Keep Cruizen!"

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A Few New Year's Cup Resolutions

Steve Mickey, NASCAR Columnist

We are already a week into the New Year and I would like to let you in on a few on my resolutions that I have made for not only myself but also a few that I have for the Monster Energy NASCAR Cup Series. Now we all know that it is easier to make resolutions that to keep them so with that theme in mind, let's get started.

I'm going to get the obvious out of the way first because my ever popular "eating smarter in 2019" resolution has not started off like I envisioned but I will say that after a week my resolution of exercising is still intact. Those are my two resolutions for the year and if I can bat 500, 2019 is going to be a heck of a year.

Now to my racing resolutions and this first one is going to be tough as it deals with our family trip to Daytona's Speedweeks. I have convinced my wife that this is the "big" winter break that everybody dreams about but she keeps saying that she heard there was a beach there and that people enjoyed seeing the ocean in the middle of winter. Up to this point I have her convinced that you can't spend enough time around the track and that whatever night they drop a green flag that it is mandatory that you be there. She never used to complain as long as Rusty Wallace was on the starting grid but since he is retired, I feel like I am going to have to drive by the ocean one year so she can send home a picture of the beach.

This next resolution is another tough one as I love talking racing to any fan I come across and this doesn't mean just in person as social media has really given us the opportunity to expand our racing fan base. I resolve to never again argue the merits of the system that is now used to determine the series champion. I still come across fans that have the mindset that the old point system was better and that

it crowned the true champion. I don't have any problem with the old point system as I have a lot of "old school" in me and I respect all the champions that were crowned but the system that is in place now continues to build drama from February to November. That just wasn't always the case back in the day. It also gives a driver that you might not think has a chance to win the championship the opportunity to finish on top. Just ask Joey Logano how he feels about this system.

I also resolve to sit back and really enjoy all that the veteran drivers bring to the sport this season. I am as guilty as any fan of not appreciating how much the elder statesmen of the sport bring to each race on the schedule. The retirements of drivers like Jeff Gordon, Tony Stewart and Dale Earnhardt Jr. have us missing them not only for their driving but also for their personalities. I'm all for the young drivers coming up and would be the first to admit that their success is so vital to the health of the sport but with experience comes wisdom and that shows up on race day.

This resolution hurts more than any of them as I resolve to never go to a race this season and lament over the way the atmosphere around the track has changed. I always loved the midway activity outside of the track as there was so much to do and unfortunately for the family budget, there was also so much to buy. I know those days are gone and now it is up to NASCAR to make sure the fans get the experience they want with the racing at each stop on the schedule. If that means tweaking the rules and I sure hope it also means an overhaul of the schedule down the road then make the changes. It's time that the sanctioning body listens to the fans and also the drivers to create a rule book with a schedule that keeps everyone engaged from the first green flag at Daytona to the last checkered flag at Miami.

Treasurer Ball Returns \$24,073 to Russell County

The Kentucky State Treasury has experienced another year of record unclaimed property returns under the leadership of Treasurer Allison Ball, her office announced. Treasurer Ball has returned more unclaimed property in a three year period than any state treasurer in Kentucky history. To date, her office has returned over \$70,167,000 to Kentuckians. This record amount of returns includes \$24,073 returned to Russell County since she took office.

"One of my favorite

Bowlerettes

Submitted by **Linda Johnson**, Secretary/Treasurer

Team	Wins	Losses
1 Pin Sinners	48.0	20.0
2 Alley Cats	40.0	28.0
3 Dale;s Diesel	39.0	29.0
4..Lo-Rollers	37.0	31.0
5 Bowl "N" Bawl	37.0	31.0
6. Dr. Rogers; Rollers	32.5	31.5
7 Balls of Fire	35.0	33.0
8 Lucky Strikes	31.5	36.5
9. Trendy Trinkets	31.5	36.5
10 Gutter Girls	31.5	36.5
11.Pin Pals	30.0	38.0

Team	Wins	Losses
High Handicap Series	Pin Spinners	2414
High Scratch Series	Alley Cats	1827
High Handicap Game	Pin Spinners	837
High Scratch Game	Alley Cats	638

Individual	Wins	Losses
High Handicap Game	Kathryn Clark	689
High Scratch Series	Kathryn Clark	545
High Handicap Game	Kathryn Clark	234
High Scratch Gam	Kathryn Clark	186

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