

ACTIVE DAY continued from page one



PHOTOS/Stephanie Smith/Times Journal

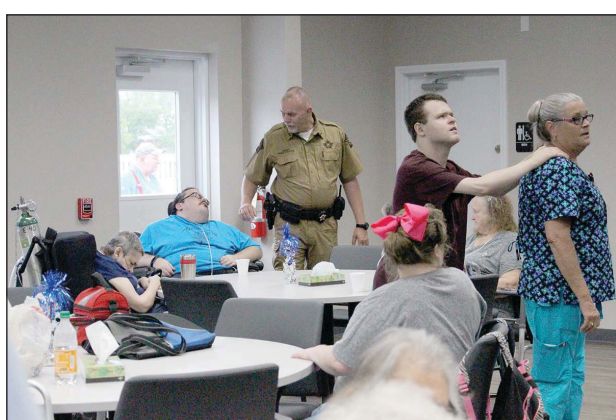
The RC Chamber of Commerce celebrated a ribbon cutting ceremony at the Open House of RS Active Day Center on Thursday, June 6, 2019.

and appreciate the participation in our special day. Saturday night we gave away the car at the Russell County Jaycees Fair. Tony Rexroat was the winner. Congratulations go out to him and we want to thank everyone who purchased tickets. The community has rallied around us and we are so very thankful for the support we have received."

The newly constructed facility features 5800 square feet, including our home care offices. It features an outside area with tables and umbrellas for the members to enjoy the warm weather during the summer. The facility houses new furniture, two pool tables and new flat screen televisions. It also offers members a complete shower room and a laundry area. Since the

new facility has opened, they have had an increase in members and are currently welcoming new members as well. The Center is staffed daily with a licensed practical nurse as well as a registered nurse. Their CNA's and nursing assistants have many years of experience in caring for our members. The Center offers transportation to and from home and also has outings on a regular basis.

Anyone that didn't make it to the open house may stop by for a tour. If you are interested in their services or if you have any questions regarding their day care or home care programs please call 270-866-4877. The Active Day Center is located on Highway 127 adjacent to Associates in Eyecare in Russell Springs.



Russell County Sheriff Derek Polston spoke with members at the RS Active Day Center's Open House.



Former Russell Springs Mayor Eric Selby and member Clint Flanagan have a good conversation at the RS Active Day Center's Open House.

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HELMETS continued from page one

motorcycle riders and passengers.

According to a 2018 report by the Governor's Highway Safety Association (GHSA), "1,859 motorcyclist lives were saved in 2016 because they were wearing helmets.

In addition, if all riders

had worn helmets, an additional 802 lives would have been saved (NCSA, 2018). Motorcycle helmets have been shown to decrease the incidence and severity of traumatic brain injury due to motorcycle crashes."

The state of Kentucky often leads the nation

in juvenile deaths and head injuries on ATVs and motorcycles.

Coupons can be obtained at the Russell County Sheriff's Office. Children must be accompanied by a parent or legal guardian. Donations can be made to the Russell County Motorcycle Helmet Fund at

the BB&T Bank in Russell Springs.

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COMING SOON **SilverSneakers** by Tivity Health

NATIONAL GARBAGE MAN DAY
The Week of June 17, 2019
SLOW DOWN, TO GET AROUND!

The week of June 17 we will celebrate National Garbage Man Day. This is a great time to remember and appreciate the individuals who work hard to keep our environment clean and safe. A typical day for a sanitation worker begins early. They work in all weather conditions doing a dangerous and physically demanding job. If you see your garbage man, don't forget to tell him thank you or leave him a note on your trash can. Their efforts often go unnoticed and they will appreciate the kind gesture.

WE WANT TO THANK ALL OF OUR CUSTOMERS FOR THEIR BUSINESS THROUGHOUT THE YEARS!

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