

Ideas for celebrating a first wedding anniversary

Couples approaching their first anniversaries may be amazed at just how quickly their first year as husband and wife flew by. Many would admit it feels like just yesterday that they were reciting their vows and dancing the night away in the company of friends and family.

Couples about to mark their first anniversaries often look back on a year of new experiences. A first anniversary is a milestone that should not be taken lightly, and there are plenty of enjoyable and meaningful ways to celebrate your first full year of wedded bliss.

- Enjoy a night of reminiscing and cake. If you saved the top tier of your wedding cake, take it out of the freezer and let it thaw. Serve a slice for yourself and your spouse while you sit down to recall the little details of your wedding. Review your wedding album or pop in your wedding video to relive the magic of your big day once more.

- Plan an escape vacation. Why not make it a tradition to travel on your anniversary? You can have a new honeymoon where you go to a romantic destination and participate in some romantic one-on-one time each and every year.

- Dine at your wedding hall. Some wedding venues double as restaurants or may serve special brunches or dinners on occasion. Make reservations and honor your first anniversary in the spot where you first celebrated your union.

- Trade paper gifts. The first anniversary gift is paper, and you can interpret this in various ways. Declare your love in a full-page ad in your local newspaper, or treat your spouse to some tickets to a show or a sporting event. If you want to put your thoughts on your first year of marriage down on paper, use some stationery to jot down an impromptu poem or love note.

- Throw a big bash. Invite many of the same people who attended the wedding to a party at your home or another venue. Share a spotlight

dance to your wedding song.

- Enjoy a fancy meal. Use your anniversary as an excuse to try that exclusive restaurant that may be a little too extravagant for just any occasion.

- Relax with a spa treatment.

Reserve a couple's spa day at a nearby resort or stand-alone business.

- Have an adventure together. Do something exciting for your first anniversary so you will remember it forever. Adrenaline-inducing

activities, like scuba diving, riding roller coasters, helicopter tours or bungee jumping, are thrilling ways to mark a year of wedded bliss.

There is no limit to the number of ways couples can commemorate their first anniversaries.

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