

Weather Record							
Date	3-5	3-6	3-7	3-8	3-9	3-10	3-11
High	31.5	33.5	41.5	54.2	62.4	61.6	56
Low	10.8	10.5	24.3	33	39.3	46.2	41
Prec	0	0	0	0.2	0.96	0	0

Reporting period for each day runs from midnight to midnight. Statistics from Kentucky Mesonet's Bengal Station.

Spring countdown



Photo by Crystal Cecil

American Legion Park was bustling with activity Sunday afternoon when the sunshine decided to grace us with its presence. Children took full advantage of the warmer temperatures and the new playground equipment. The old playground equipment was moved to other locations around the park, including near the upper John Durham Cal Ripken baseball field.

BBB urges caution during tax-filing time

The Better Business Bureau has some suggestions for consumers and business owners for keeping their tax information secure and avoiding tax-related scams.

Tax-related scams are prevalent. In 2017, BBB received approximately 3,500 reports to BBB Scam Tracker from consumers regarding con artists claiming to be with the IRS. The scams tend to rely on tactics such as intimidation, isolation, and/or pressure to act quickly.

BBB has been cooperating with the IRS by providing the agency with phone numbers reported from consumers to BBB Scam Tracker.

Here are some ways consumers and busi-

ness owners can combat tax fraud:

- Only deal with trustworthy tax preparation services. Check BBB.org for the latest Business Profile before you engage a company for the first time.

- Protect personally identifiable information such as birth date, Social Security numbers, bank accounts, etc.

- Check out websites carefully and make sure you are accessing the real IRS website (irs.gov) when filing your taxes electronically.

If you get tax information delivered electronically from your employer or other entity, treat that information carefully. Download it onto a password-protected computer.

Rogers contracted as trainer for BnaFit App

BY CRYSTAL CECIL
R-H STAFF

Greensburg native Josh Rogers is at it again.

Nashville based celebrity trainer, Josh Rogers, will be featured as a head trainer in the BnaFit App, a fitness app to be released this spring.

Karly Pavlinac of Raleigh, N.C., had a vision of creating an online app, which brought the country's best personal trainers and group fitness instructors together, and gave the general public an opportunity to connect with these fitness gurus in a unique way to experience their workouts, expertise, and positivity to live a fit and healthy lifestyle.

Rogers was one of the first people Pavlinac reached out to about the concept.



Photo submitted

Josh Rogers will be a featured trainer on a new fitness app to be released this spring.

"Josh is one of the best trainers in the country," Pavlinac said. "His credentials, accolades, reputation, community involvement, and dynamic personality make him one of a kind."

Rogers said he was speechless and giddy

with excitement when he was approached by Pavlinac. After meeting with his agent and mentors, the contract with BnaFit App was signed, sealed and delivered.

"I was at a point in my career where I was looking at different

avenues to expand my brand to a wider audience," Rogers said. "This was the perfect platform for that opportunity, not to mention the opportunity to work with some of the best professionals in the business."

Rogers will serve as one of the head trainers of the app.

"We have big plans for Josh," Pavlinac said. "There are several endorsement opportunities on the table and many more exciting things for this incredible human being."

Filming began in early February for the app, and will be available in late spring for downloads.

"I am truly humbled and grateful to be a part of this movement in the fitness world," Rogers said. "I can't wait for people all over the country

and the world to get to experience a 'Josh Rogers' workout."

Rogers is scheduled for a media tour promoting the BnaFit App with stops in Nashville, Charlotte, Atlanta, and Washington DC in the spring. He is signed with Pure Publicity with offices in Nashville, LA, and New York.

"I can't thank Karly and her team enough for including me," he said. "I truly believe she has created the best fitness app on the market with BnaFit."

Rogers has been busy opening his fourth Results Fitness location in Franklin, Tenn. His other three locations are in Nashville (Music Row, The Gulch, & SoBro).

"I get to live my passion every single day," Rogers said. "It never feels like work

when you are truly doing something that makes you happy, and makes such an impact on someone's life and well-being."

Rogers refuses to take all of the credit.

"I am fortunate to be surrounded by a group of people who make me look much better than I deserve everyday," he said. "My business partner, trainers, and staff deserve most of the credit for our success."

Rogers, owner of Results Fitness, holds a BS in Exercise Science from Western Kentucky University, and his personal training and group fitness certifications from the National Academy of Sports Medicine. He has been voted "Best Personal Trainer" by the Nashville Scene five consecutive times.

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Lindseys open Planet Acoustic in Columbia

PAMELA HOOTS
ADAIR PROGRESS

The City of Columbia has a new music store located on the public square. Siblings Caleb, Rebekah, and Elisabeth Lindsey, members of the singing Lindsey Family, own Planet Acoustic.

"We chose the name because it's earthy, approachable, and is generic enough not to limit us and what we do," said Caleb Lindsey. "The word 'planet' in capturing our heart to not just influence our local community through music but to eventually influence the whole world."

The three sibling owners grew up with music. The family of 12 siblings included five boys and seven girls; of which 10 siblings are still living. The youngest sibling, Amy, was stillborn in 2013, and a brother, Michael, passed away last fall after a battle with brain

cancer. The others are Jared, who is a software engineer (and is married to the former Emily Ramage), Elisabeth is married to Clay Taylor and is expecting her first child, Ben is married to Emily (Foster) and is a mechanical coordinator, Caleb and Rebekah, who is married to Daniel Harney, are the majority owners of the new music store, Naomi is married to Dr. David Meyer and works as a personal assistant, Susanna is in college training to become a doctor, and Timothy, 16, Liberty, 14, and Olivia, 10, are currently being homeschooled.

Caleb said his motivation is, "to help people discover their desire to play music and to help them do it."

The family is looking forward to helping build a musical community in Columbia, where people can get to know other people and connections can

be made, according to Caleb.

"We want music to start to be played more and more because there will be more people to play with," Caleb explains.

The family has played music for over 15 years, and for Caleb, 23, that has been most of his life. He started when he was 6 years old and grew up playing across the country.

"As kids it was an amazing experience because we were able to travel all over and see so many amazing things and meet so many people," he says. "But the best part about it to me was that we were able to do it together."

The store offers a wide selection of instruments and the accessories that go with them. They offer instrument lessons including a revolutionary beginning guitar course that provides customers with a high



Photo courtesy of Adair Progress

Caleb Lindsey is shown with his sisters, Rebekah and Elisabeth, who opened Planet Acoustic on the public square in Columbia.

quality guitar as soon as they sign up. They also offer instrument service, setup, and repair to assist with the transformation of old instruments back into new condition. Additionally, they are a retailer for a large selection of pro audio brands so that design

and troubleshooting services can be offered.

The store officially opened Friday, Feb. 29, 2019, and a grand opening is scheduled for April.

Caleb said, "I believe Columbia could be filled with music if we had a place to get everything that we

need to play it, a place to get involved, a place to learn."

The store is located in the building on the public square that was previously used by J.O.Y. Ministries.

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