

# Happy Birthday, kiddo!

I've been a mom for nearly nine years. This Friday will be 9 years since I entered Taylor Regional Hospital absolutely 100% terrified. I was about to become a MOM. Adam was about to become a DAD.

We had NO idea what was ahead.

Cayden was to be taken a few weeks early on July 5. The doctors wanted him on July 4, but who wants to schedule that on a holiday?

I was induced for two days and it didn't progress quite the way it was supposed to... diabetes and all that fun stuff and naturally, my kid would have to born on a famous Tuesday Newspaper Production Day.

Cayden Christopher Cecil was born Tuesday, July 6, 2010 at 14:14 weighing 7 lbs., 7 ounces.

That is my favorite day of the year.

He came into this world with low blood sugar, giving us all a scare, and he hasn't stopped worrying me since.

Backing up, around lunchtime July 5, we had already decided he wouldn't be born that day. Our entire family went their separate ways to grab lunch. Some went to Subway, a few went for pizza, McDonald's... they were everywhere except the hospital when the decision was made for an emergency c-



Crystal Cecil  
Record-Herald Staff

section.

Poor Adam. I made him start calling everyone. No one would answer their phone. The nurse was fussing for him to go put his scrubs on. Ten hospital people ran into the room getting more blood and moving stuff... I made him hold my hand in the midst because I PANICKED.

"No. I can't do this," I cried. I couldn't breathe. Good grief. I didn't have a choice. And I did it.

...  
He was perfect. Every tiny little inch of him.

It was the worst experience of my life. There's no sugarcoating that from this momma. Birth was ugly and hard and c-sections are terrible. Recovery took extra long. My sugar took a year to get back to normal.

But... I had my boy.

I've always wanted a boy. Since I was a little girl, a son was what I pictured myself with when I pictured kids.

Don't get me wrong; I wouldn't trade my princess for anything either, but I am super glad God gave me Cayden first.

Not an easy child--he cried...a LOT. He was colicky. He spit up. He seemed to catch anything going around... but he was mine and he was perfect.

Cayden made me grow up in ways I didn't even know I needed to. He has tested my patience and taught me a million lessons he doesn't even realize. He has allowed me to love more than I ever thought possible. I have always been a super independent person. The day I became a mom, my heart grew and he has had me wrapped around his little finger ever since.

I have a life-long best friend in this kiddo.

Happy 9th Birthday big guy! Thanks for making these the best nine years of my life.



My 7-pound, 7-ounce life changer.



## How will you celebrate the 4th of July?

By Roving photographer Clevis Jeffries



"My family and I might have a cookout."  
—Tanya Compton



"I plan to go to the parade in Campbellsville."  
—Betty Lowe



"I probably will go to a cookout."  
—Gary Olson



"I plan to have a cookout with my family."  
—Shelia Stearman



"My brother and I will host a family gathering on the 4th of July."  
—Amy Underwood



"My family and I will have a get together and cook out and shoot fireworks."  
—Misti Hirst

## What's Happening

All times are Central

### Tomorrow

## Campbellsville Tractor Show

The 30th annual Community Trust Bank Tractor Show will be held Thursday, July 4. The July 4 parade begins at 9 a.m. with the tractor show from 10:30 a.m. to 3 p.m. The show will be held on First Street in Campbellsville. The show is open to everyone. For more information contact Eddie Cowherd at 270-465-2091 or Wayne Livesay at 270-789-7869.

### Weekend

## Freedom Music Fest

Freedom Music Festival will be held Friday, July 5 starting at 5:30 p.m. at the Green County Cattlemen's Arena on Campbellsville Highway. There will be music, concessions and fireworks. Admission is free.

### Happening Soon

## SBDM Council Meeting

The Green County Intermediate School SBDM Council will hold it's regular monthly meeting Thursday, July 11 at 4:30 p.m. in the school conference room.

## DNA testing, research

Green County Genealogical Society is hosting a special event, DNA Testing & Research with guest speaker, Darlene Campbell. Learn more about DNA as it relates to genealogical research. Everyone is invited to this free event, Thursday, July 11 at 5 p.m. at the Green County Public Library.

### Ongoing events

## GCPL Summer Reading

GCPS Summer Reading groups will meet every Monday in June at 10 a.m., 12 and 2 p.m. GCIS Summer Reading Groups will meet every Friday in June at 10 a.m. & 12 a.m. GCMS and GCHS Summer Reading groups will meet every Thursday in June at 2 p.m.

## GCPL Story Hour

Story Hour Summer Reading groups will meet every Tuesday in June at 10 a.m., 12 p.m., & 2 p.m.

## Chair Yoga

Chair Yoga with the Green County Public Library will take place every Tuesday at 1:30 at the Methodist church across the street from the Library.

## Lapsit at GCPL

LapSit Lullaby Summer Reading groups will meet every Wednesday in June at 10 a.m.

## Walking in the Park

Walking at the Park will take place every Friday morning in June at 8 a.m. Please meet at the park.

## Givens

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"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights that among these are Life, Liberty, and the pursuit of Happiness," —Beginning as America's foundation for freedom, these powerful words have since been transformed into a blueprint for the greatest nation on earth.

Our nation—and our great Commonwealth—was founded on a simple principle: "united we stand, divided we fall." Countless Americans have fought on and off the battlefield so that we could enjoy the freedoms and rights that we too often take for granted. Civil and international wars have been fought to expand these freedoms to all people. We are a nation that celebrates our differences; we do not persecute because of them. We must keep these values at the forefront of our minds as we navigate today's political discourse.

Just as we remember the history of our Founding Fathers and our nation's past, it is imperative that we honor the brave men and women fighting

at home and around the world to preserve our future. Let us celebrate the Americans who put their lives on the line every day so that we may remain the land of the free.

On July Fourth, Americans will gather at picnics, barbecues, and parades in recognition and gratitude for the freedoms we cherish. It is my hope that together, as proud Kentuckians, we will continue to strive for unity and peace for our country and our people. We are one nation, under God, and unitedly we will continue to live the lives our Founding Fathers envisioned.

I wish you and your family a safe and happy Independence Day, and may God bless America.

If you have any questions or comments about these issues or any other public policy issue, please contact me toll-free at 1-800-372-7181 or email me at david.givens@lrc.ky.gov. You can also review the Legislature's work online at www.legislature.ky.gov.

Senator David Givens (R-Greensburg) represents the 9th District including Allen, Barren, Green, Metcalfe, Monroe and Simpson Counties. He serves as the Senate President Pro Tem.

## Greensburg Record-Herald

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