

At the end of each wrestling practice, head coach Alex Taylor has athletes go through a number of drills to strengthen their core. The team practices each afternoon inside the old Legion Building. Coach Taylor gave the inside a face-lift and installed a new wrestling floor purchased by the school.

Wrestling welcomed to GC

ANGELINA ALCOTT
SPORTS WRITER

Green County Schools recently added a number of new sports to the Dragons' Athletic Department. Last week, the wrestling program debuted, opening the doors to the Old Legion Building to reveal state of the art wrestling mats and fresh paint. The program will be under the direction of head coach Alex Taylor.

Wrestling, a versatile sport broken into 14 different weight classes, has leveled the field when it comes to size versus strength. The weight class begins at 106 pounds and the final class capped at 285 pounds.

Alex Taylor is pleased with the first week of practice.

"We are a new program and we are excited about the future," said Taylor. "This is a great opportunity for both male and female students in Green

County." Taylor has worked hard building a strong foundation for the program.

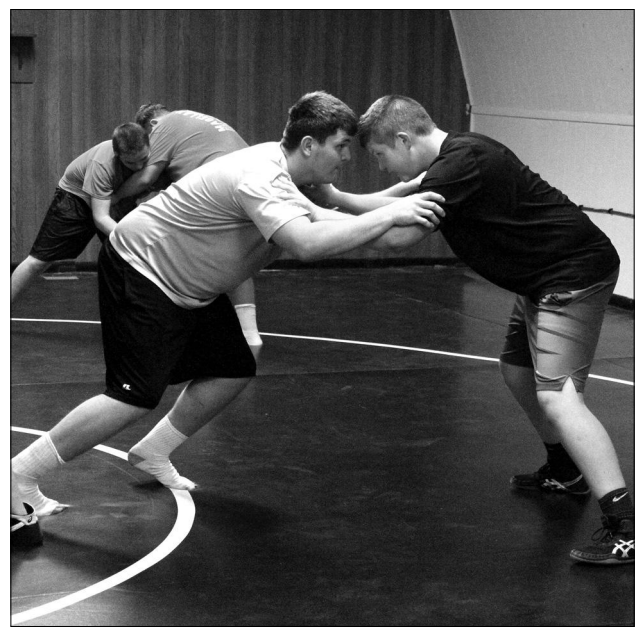
College wrestling coaches have stopped into practice to offer help with technique. Taylor County Youth Wrestling League is an opportunity Taylor described as an opportunity to develop the youth as they prepare for future participation in the high school program that serves grade 7-12.

High school level wrestling is Folkstyle.

An athlete wins by pinning the opponent's shoulder blade to the mat or scoring technical points. There are a total of three periods in a match.

The wrestling season kicked off October 15 and will conclude the first week of February.

Anyone interested in the program may contact Alex Taylor, alex.taylor@green.kyschools.us.



Photos by Angelina Alcott

Strongmen Gabriel Mitchell and Hayden Knoy go head to head during a stand-up drill.

GCMS Dragon Fest



Photos by Angelina Alcott

Middle school student Nicholas Shaw and mother Jessica Berger talk to Social Studies teacher/wrestling coach Alex Taylor about using infinite campus at the GCMS Dragon Fest held Thursday. Students and their parents were given the opportunity to travel around the school to different activities. Once they received a hole punch on each activity ticket, they could drop it in for a chance to win a Chromebook.



The book fair was bustling Tuesday evening in the library. GCMS Librarian, Ms. Hall, checks students out.



Green County Middle School enjoys hosting an annual GCMS Dragon Fest each Fall. Caden Buckles tries his luck at one of the games set up in the gym.

Green County School lunch menu for Oct. 24 - Oct. 31

The Green County school lunch menu for Oct. 24-31 is:

Thursday, Oct. 24: Chicken noodle soup and grilled cheese or pizza, fresh broccoli cup/ranch, corn, mandarin oranges, banana and choice of low fat milk.

Friday, Oct. 25: Chili cheese dog or chicken nuggets, potato smiles, baby carrots/ranch, pineapple, apple, sidekicks and choice of low fat milk.

Monday, Oct. 28: Boneless chicken wings, bread or hamburger on bun, cheesy potatoes, peas, mandarin oranges, apple and choice of low fat milk.

Tuesday, Oct. 29: Nacho, beef, cheese or pizza, lettuce, tomato, refried beans, applesauce, orange, jello and

choice of low fat milk.

Wednesday, Oct. 30: Mini corn dogs or breaded chicken tenders, breadstick, potato wedges, garden spinach salad, pears, grapes and choice of low fat milk.

Thursday, Oct. 31: Chili/grilled cheese or pizza, sweet potato fries, corn, strawberry cup, banana and choice of low fat milk.

Football Contest Rules

To enter the contest, contestants may use either this page or an identical page obtained at no charge at the Record-Herald office 102 West Court Street, Greensburg. You do not have to purchase a paper or anything else to be eligible to win. Only one entry per person. Contestants must circle their winning teams on the page. Should contestants get the same number of games correct, the tie will be broken by the tie-breaker. All entries must be MAILED to the Greensburg Record-Herald, P.O. Box 130, Greensburg, KY 42743. All entries must have an automated postmark no later than FRIDAY, 5 p.m., of this week. To be eligible for the Grand Prize, an entry must be received by Saturday morning. **Mark all envelopes FOOTBALL CONTEST. NO ENTRIES WILL BE ACCEPTED IN PERSON** at any participating stores or at the Record-Herald. The grand prize will be awarded when a contestant picks the winners of 24 different games. For each week that no one wins, the amount will increase by \$25.

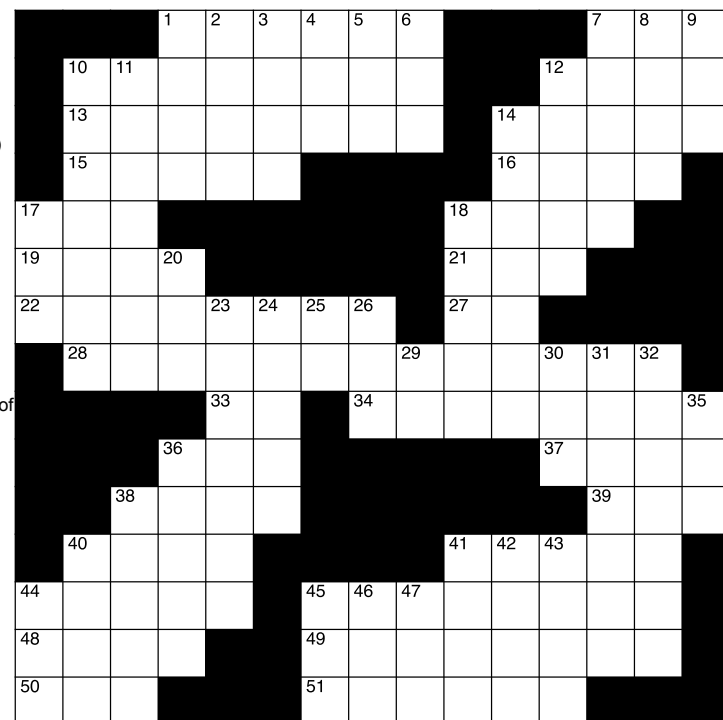
Crossword Puzzle

CLUES ACROSS

- Type of relic
- Type of medical program (abbr.)
- Outer defense of a castle
- 1,000 calories (abbr.)
- A way of using
- Abounding with surf
- Expressed violently
- Shared a boundary with
- Swedish krona
- Thick piece of something
- Wreaths
- Animated program network (abbr.)
- Regains possession of
- Spielberg sci-fi film
- 2-time Super Bowl winner
- Ice hockey position (abbr.)
- Circulatory system parts
- Supervises flying
- District in Peru
- Impudence
- ___ willikers!
- One point east of southeast
- Papas' partners
- Youngsters
- Type of tree
- A hazy or indistinct appearance
- Poems with distinct pattern
- Marketing term that denotes price
- Fast drivers

CLUES DOWN

- Grenade
- Off-Broadway theater award
- Small, immature herring
- ___-fi (slang)
- 007's creator
- Liquefied natural gas
- Cleanse thoroughly
- Handle of a knife
- Perform diligently
- Drink pourer
- Extreme greed
- Southern Russia river
- Type of cracker
- Single Lens Reflex



- Barely sufficient
- Slick
- Reference books
- Federally recognized native peoples
- Manganese
- Senior officer
- Atomic #18 (abbr.)
- Tax collector
- World wonder ___ Falls
- Origins
- Car mechanics group
- MMA fighter Urijah
- Gland secretion
- Gelatinous water creature
- Good friend
- Arab ruler
- Capital of Belgian province Hainaut
- English broadcaster
- Soviet Socialist Republic
- Affirmative
- Trigonometric function (abbr.)

Answers found on page 10A