

Ideas for Thanksgiving leftovers

METRO CREATIVE CONNECTION

Holiday hosts toil for hours to create lavish meals everyone will enjoy. It's not uncommon for Thanksgiving tables to be covered with more food than guests can conceivably (and comfortably) consume. Leftovers are the norm, but without a plan for what to do with leftovers, food can spoil or end up in the trash.

Here are some delicious and waste-conscious ways to put Thanksgiving or other holiday meal leftovers to use.

Wrap it up promptly

Even though you may want to sit around and chat with guests

when the meal is finished, leaving food out at room temperature for too long can create a breeding ground for microbes that may lead to food spoilage and sickness. With a few helping hands, all foods can be packaged away in no time, ensuring that drumsticks or stuffing can safely be served another day.

Collect containers

Be sure to have reusable food storage containers, zip-top bags, foil, and plastic wrap at the ready. Before all of the food is put away, encourage guests to make their own doggie bags.

Plan with other meals in mind

Shop for and prepare holiday fare with

a nod toward what can be used in subsequent meals. Turkey is a versatile ingredient that can be made into everything from breakfast burritos to casseroles. Turn potatoes and sausage stuffing into latke patties that can be whipped up for breakfast or lunch. Sweet potatoes, squash and pumpkin can be mashed and reworked into batters for quick breads, pancakes and even doughnuts. Spoon leftover cranberry sauce over hot oatmeal in the morning or use it as a substitute for grape jelly in PB&J sandwiches. Try grinding up stale biscuits to make a breading for turkey slices and turn them into fried cutlets.

Take care of the needy

Find out which organizations accept food donations. Even if you cannot donate previously prepared foods, if you have surplus packaged, boxed or canned items, you can bring them to food pantries and soup kitchens to help others.

Organize a pot luck

Turn leftovers into an opportunity to fraternize with friends or relatives who couldn't make it to Thanksgiving dinner. Pool your leftover resources and enjoy the fruits of everyone's labor.

Thanksgiving leftovers can provide a few extra delicious meals when hosts plan ahead.



Relax Ya'll We've got Gift Cards

FREE \$5.00 bonus
For every \$25 gift card purchased Colton's will give you a \$5 bonus card

Call ahead, 270-789-4745 and your cards will be ready for pickup, or visit Colton's steakhouse.com

 **COLTON'S**
Steak House & Grill
Campbellsville • 270-789-4745 • 399 Campbellsville By-Pass
Open 11 AM-10 PM

Black Friday shopping tips

METRO CREATIVE CONNECTION

People of a certain age might remember the often hectic Black Friday of old, when shoppers would line up outside stores in the wee hours of the morning hoping to land the best deals on gifts for their loved ones.

While many shoppers still make such early morning pilgrimages to their favorite stores, the internet has helped to thin the deal-crazed herds on Black Friday.

Though stampeding crowds might not be as common as they once were on Black Friday, shoppers may still face some stiff competition as they try to land great deals before the shelves empty. The following are a handful of tips to help shoppers make the most of the unofficial kickoff to the holiday shopping season.

- Don't go shopping emptyhanded. Shopping on Black Friday without a list can lead to excess spending on items you or your loved ones may not even need or want. Creating a shopping list in advance gives shoppers time to research the best deals and where to find them. That organized approach can increase the likelihood that they land the best deals on a day that the National Retail Federation reported brought in \$6.2 billion in online sales alone in 2018. That's stiff competition for deals that typically have limited supplies, which only highlights the importance of shopping with a list in hand.

- Shop local. Shoppers who want to venture out on Black Friday but still avoid crowds should skip shopping malls and big box stores in favor of local retailers. Shopping local is a great way to keep money in your community, and local shops tend to have more unique offerings than chain stores. One-of-a-kind gifts can be a great way to show loved ones how much you appreciate them. And local shopping districts likely won't draw the massive crowds or produce the long checkout lines that consumers are likely to encounter at malls.

- Comparison shop. Comparison shopping can make Black Friday

even more deal-friendly. If you're stuck on a long checkout line, use the time spent waiting for the next cashier to look for the same item online. You might find it's less expensive somewhere else, and you can then present that price to the

cashier at checkout. Many retailers are willing to match lower prices from other retailers, but you won't know unless you ask.

- Start early. The proverbial saying "the early bird catches the worm" is especially true on Black Friday.

The history of Black Friday

Black Friday marks the unofficial start of the holiday shopping season. Come Black Friday, shoppers strive to get the lowest prices on gifts for their loved ones.

Much of the focus of Black Friday is on finding the best deals, but it can be interesting to take a breath and learn how this phenomenon developed and how it has evolved over the years.

"Black Friday"

The term "black Friday" was originally associated with gold prices and manipulation on the part of speculators Jay Gould and James Fisk. This scandal occurred in September 1869. Commodity prices plummeted 50 percent as a result, and the term "black Friday" was coined to refer to that drop.

The phrase "black Friday" also became famous for all the wrong reasons in 1966. Philadelphia police used it to refer to the Friday traffic jams and crowding in downtown stores from tourists and shoppers who flooded into the city in advance of the Army-Navy football game held the Saturday after Thanksgiving each year. Bigger crowds and rowdiness contributed to long hours and stressful shifts for local police.

Black Friday reinvented

The retail industry started using the term "Black Friday" in the late 1980s. Spin doctors turned previously negative connotations into positive ones by associating the phrase with stores turning a profit and moving accounting ledgers from "red to black" thanks to big year-end sales. Retailers and consumers rallied around low-cost "doorbusters" and other discounted prices.

Interestingly enough, according to the National Retail Federation, Black Friday really hasn't been the most lucrative day for retailers over the years. In fact, greater profits and larger crowds are often seen on the last Saturday preceding Christmas.



2019 is the **80th Anniversary** of the **Greensburg Rotary Club**

Thanks to Rep. Brandon Reed for sponsoring the December meals.

Upcoming Rotary Speakers

December 3 • Christmas Dinner at Longhunters for Rotarians and guest - 6 p.m.
December 10 • Meeting
December 12 • Meeting at Rosewood Country Club in Lebanon with Lebanon, Springfield and Campbellsville Rotary Clubs
December 24 • No Meeting
December 31 • No Meeting

Rotary meets at 12 noon each Tuesday at the Masonic Lodge on Main Street

Newspapers In Education

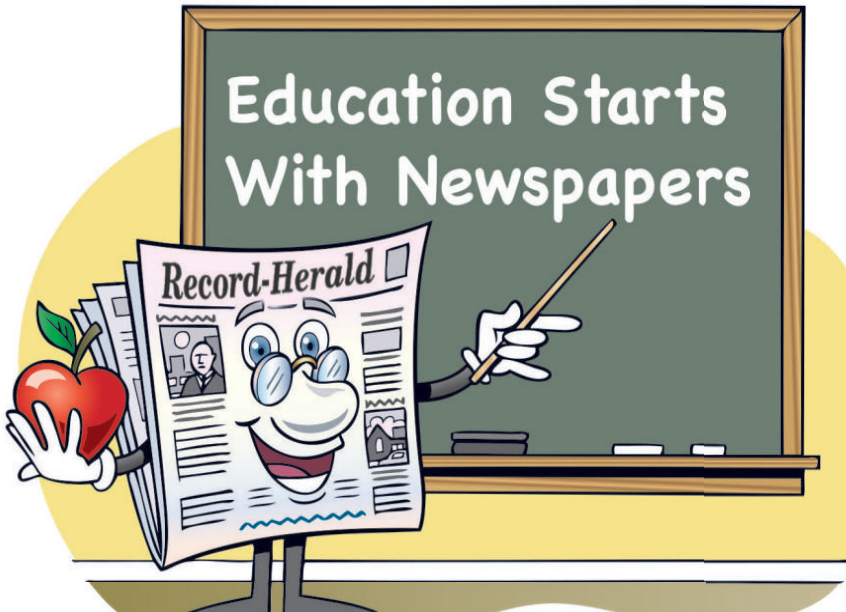
Record Heralds make learning fun!



Thanks to these businesses and individuals who are showing their support for education by putting Record-Heralds in Green County classrooms each week.

- Green Hill Rehabilitation and Care
- Campbellsville University
- Community Trust Bank
- Don Franklin Ford
- Limestone Bank
- JL Gate Co.

- | | |
|----------------------------------|-----------------------------------|
| • Access Cable | • Foster-Toler-Curry Funeral Home |
| • Colton's Steakhouse | • Lindsey Wilson College |
| • Cowherd & Parrott Funeral Home | • Lisle Cheatham |
| • Green County Library | • Los Agaves |



Education Starts With Newspapers

Greensburg Record-Herald
102 West Court Street • 270-932-4381