Keep safe during season of holiday 'spirits' For the record

The weeks between Thanksgiving and New Year's Day are some of the most festive times of the year. Family and friends socialize and exchange gifts while many people take inventory of their good fortunes. Many things are enjoyed in abundance during the holiday season, and that unfortunately can include alcoholic beverages

Record/State

A 2018 survey conducted by OnePoll on behalf of the supplement company Morning Recovery revealed that, among 2,000 American respondents, the average person consumes twice as many alcoholic drinks over the holidays than any other time of year. That uptick in drinking likely has something to do with the holiday social scene. In normal, nal justice market, ofnon-holiday weeks, Americans attend just one social event, but that number climbs to three when the holidays arrive.

The National Institute on Alcohol Abuse and Alcoholism, a division of the National Institutes of Health, warns that the holidays can be a time when some people are more likely to drink to excess in the name of merrymaking. Despite the known dangers of excessive consumption of alcohol, many people still overindulge. Perhaps some sobering statistics can be just what people need to avoid drinking too much this holiday season. SCRAM systems, which make alcohol monitoring software systems for the crimifer these statistics.

 Seventy percent of holiday drunk driving deaths are caused by drivers with a bloodalcohol level of 0.15 or higher.

• In December 2017, 885 people were killed as a result of alcoholimpaired crashes.

• A BAC between 0.08 and 0.14 causes noticeable impairment of coordination and driving skills. It is illegal to drive at this level in all 50 states.

• One in eight drivers who consume alcohol say they've driven when they thought they were close to or over 0.08 BAC in the past year, according to AAA.

• The NIAAA reports that 40 percent of traffic-related deaths during Christmas and New Year's involve drunk drivers.

Alcohol lowers people's inhibitions and affects their judgment, potentially contributingtorecklessdecisions. Many people think that a cup of coffee is all that's needed to sober up and get home safely. The NIH says even after someone stops drinking, alcohol in the stomach and intestines continues to enter the bloodstream, resulting in impaired judgment and coordination for hours after one has had his or her last drop.

Impaired driving and other activities can make for unsafe conditions this holiday season. Celebrants should be aware of their alcohol intake and have responsible ways to get to and from social occasions.

Greensburg Police

Department Dometric D. Jones, 35, 140 Hwy. 936, Magnolia, was arrested Nov. 19 at 102 N. Second Street by Officer C.R. Davis. Jones was arrested subsequent to a traffic stop, on a Green County Circuit Court Indictment Warrant for Burglary 3rd Degree.

Steven Crask, 40. 103 Texas Street,

Greensburg, was arrested Nov. 23 on US Hwy. 61 by Officer Matt Matney. Subsequent to responding to a Reckless Operation complaint, the officer arrested Crask for Operating Motor Vehicle Under the Influence .08, 1st Offense, Possession of Controlled Substance 1st Degree Methamphetamine, Failure to Notify of Address Change.

Crossword Puzzle Answers														
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Free service will help teens stop vaping

The Kentucky Department for Public Health (DPH) within the Cabinet for Health and Family Services (CHFS) is launching a free service aimed at helping teens quit vaping, smoking, and using other tobacco products. The service is called My Life, My Quit and will go live across the state on Tuesday, Nov. 12.

Teenagers who want to stop using e-cigarettes or other tobacco products can text or call the toll-free My Life, My Quit number: 1-855-891-9989. They will then be connected to a "quit coach" who will provide, free, confidential, real-time support. Each teen can get five sessions of personalized support through live texting, phone, or online chat.

The goal of the My Life, My Quit coaching sessions is for the teen to build a plan to quit tobacco. The quit coach will help them develop strategies to cope with

Quitting vaping can be challenging because almost all e-cigarettes contain nicotine, the same addictive chemical found in cigarettes and other tobacco products. One JUUL pod contains as much nicotine as an entire pack of cigarettes. The U.S. Surgeon General says nicotine exposure is particularly dangerous in adolescents because it can "prime the brain for addiction to other drugs such as cocaine."

My Life, My Quit is operated by National Jewish Health, which also operates Quit Now Kentucky and the toll-free number 1-800-QUIT-NOW which helps Kentuckians quit using tobacco. 1-800-QUIT-NOW is available to all ages, but the creators of My Life, My Quit say teens told them traditional quit lines geared toward adults did not resonate with them.

My Life, My Quit was designed with the input

them via channels they are comfortable with, and to support them through their quit journey."

My Life, My Quit launches as the CDC and other public health officialsworktoaddress an outbreak of severe lung injury associated with vaping. More than 2,000 people across the country have experienced serious respiratory issues and other symptoms as a result of using e-cigarettes, though the exact cause of their injuries remains unknown. Many of those affected are young people, probably because they are more likelytovapethanother age groups. High school students in Kentucky are more than twice as likely as adults to use e-cigarettes.

According to the 2018 Kentucky Incentives for Prevention Survey, nearly one in four of Kentucky's tenth graders and 14 percent of eighth graders had tucky's free services like 1-800-QUIT-NOW by visiting Quit-NowKentucky.com.

Additional information is available at http://chfs.ky.gov/.

> FANTASTIC LAND BUYING OPPORTUNITY 137.5 ACRES—15 TRACTS—137.5 ACRES CROPLAND—PASTURE—COUNTY WATER 2 BEDROOM FRAME HOME—TOOL SHEDS

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STOCK BARNS—SILO—WOVEN WIRE FENCE PUBLIC BANKRUPTCY

HARNED AUCTIONEERS, LLC

WED., WED., DEC. 11 @ 3:3 OCATION: Larue County, KY—Hodgenville Community —From the square in Hodgenville—take US 31E @ 3:37 PM EST south approx. 3.4 miles to the intersection of McDowell Rd and US 31E—farm fronts on US 31E and McDowell Rd near the intersection, signs posted. NOTE: Sale will be held at 195 ee Oak Drive, Hodgenville, KY 42748 (right

REASON FOR SALE: By order of the Honorable Judge Alan C. Stout—United States Bankruptcy Court—Western District of Kentucky, Donald McDowell, Debtor in Possession—Chapter 12– Case #19-31474-acs has commissioned Harned Auctioneers to sell the following described property under the hammer! REAL ESTATE: Selling an outstanding 137.5 farm in one of Larue County's most sought after agricultural and tourism areas—adjacent to Abraham Lincoln ational Park, fronting US HWY 31E and

stress, address symptoms of withdrawal, and navigate social situations.

"We know how difficult it is for young people to find effective help quitting tobacco products, especially help that is tailored just for them," said the Kentucky Department for Public Health's Elizabeth Anderson-Hoagland. "But we also know that with help and support, young people can successfully quit tobacco, including vaping.'

of young people, and employs quit coaches trained in cognitive and psycho-social development. My Life, My Quit was launched in July and Kentucky will be the thirteenth state to offer it.

"The teen quit experience is very different from the adult experience," said Thomas Ylioja, PhD, clinical director of Health Initiatives at National Jewish Health. "This program allows us to meet teens where they are, communicate with

used an e-cigarette in the last month. Last year, the U.S. Surgeon General and other public health officials began officially referring to youth e-cigarette use as 'an epidemic.' E-cigarette companies have been accused of marketing their products toward youth by using sweet flavors and sleek designs that can be hidden from adults easily.

For more information about My Life, My Quit, visit MyLifeMy-Quit.com. Learn more about Quit Now Ken-

Malone Realty & Auction Co. A Malone Realty & Auction Co. Saturday, November 30 • 9 a.m. CT Selling: Nice 1986 Fleetwood Home 14'x60' (2BR, 1 Bath) -MOVE IN READY - Central Heat/Air - Storage Budlding - 1 acre lot (M/L) Located at 5143 Edmonton Road, Greensburg DIRECTIONS From Campbellsville side of Greensburg, take Hwy 685/Main Street all the way through Edmonton Road/Hwy 685. Follow approximately 5 miles to auction site. SIGNS POSTED!

INSPECTIONS Real Estate may be inspected by contacting selling agent/broker, Paul Malone, at 270-465-4688 or 270-789-8720.



Selling a nice 1986 Fleetwood singlewide home 14' x 60' with open concept living room & eat-in kitchen (vaulted ceiling), 2 bedrooms, 1 bath. MOVE IN READY! Home has laminate, tile (kitchen & bath),

carpet (1 bedroom) and hard wood (1 bedroom) flooring. Central heat & air. Washer & dryer hookups. Replacement windows. Front & rear decks. Unattached storage building. Lot is 1 acre (m/l).

Check out our website for additional pictures: maloneauction.campbellsville.net THERE WILL BE A 10% BUYER'S PREMIUM ADDED TO THE LAST BID TO DETERMINE THE FINAL SALES PRICE. TERMS & CONDITIONS There will be a 15% Non-Refundable deposit due on day of auction, with signing of the Sali Purchase Contract. The balance on Real Estate is due on or before December 30, 2019. Property taxes will be paid by the seller for 2019. POSSESSION WITH DEED. NOTICE #1: THERE ARE NO CONTINGENCIES FOR THIS AUCTION, INCLUDING, BUT, NOT LIMITED TO, FINANCING, TERMITE AND/OR HOME INSPECTION, ETC.! NOTICE #2: REAL ESTATE is selling "As Is" with no guarantees, nor warranties, expressed nor implied, by sellers nor Malone Realty & Auction Co., Inc. and/or its agents. Bidders should satisfy themselves as to condition, quality, measurements, description, etc. NOTICE #3: Bank letter of credit is required for buyers unknown to Malone Realty & Auction Co., Inc. staff. AUCTIONEER'S NOTE: This is a Nice Home, with great potential, and it can be yours at a very affordable price! Ready to move-in. So, if you are looking for owner occupied or rental investment, then, mark your calendar for Saturday, November 23rd, at 10:00 a.m. Eastern Time, to bid & buy, Our Way - The Auction Way! SEE YA AT THE AUCTION! Paul & Staff

GOING ONCE, GOING TWICE AND THREE TIMES...TO THE HIGHEST BIDDER! Amouncements made day of auction take precedence over all previous advertisements. Malone Reatly & Auction Co., Inc. and/or its agents are not responsible in case of accident or stolen items.



McDowell Rd, only 3.4 miles from Lincoln square in Hodgenville, approx. 10 miles east of Elizabethtown via Lincoln Parkway.

mprovements include a 1 1/2 story vinyl sided home consisting of spacious living room, large country kitchen w/dining area, full bath, large master bedroom, aundry room, additional large bedroom upstairs, vinyl



INSPECTIONS:

SUNDAY, DEC.

1ST 1 TO 3 PM

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SUNDAY, DEC.

8TH 1 TO 3 PM

EST

0 11.3 ACRES

& carpet flooring, painted walls and central heat & air; a 62' X 71' stock barn; 64' X 44' tool shed (w/64' X 16.8' shop included); 100' X 38' tool shed (plus 11' X 100' overhang) total roof coverage 50' X 100'; 112' X 50' hay or machinery barn (enclosed on 3 sides and is in like new condition); 39' X 60' stock barn; 20' X 50' silo w/unloader and 59' mechanical feeder trough (plus 59' X 34' covered feeding area, with additional 20' X 59' shed; and approx. 18,840' of like new top quality fencing. Land consists of 137.5 acres in all—20.27 acres on the northside of McDowell

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Rd (approx. 18 Ac cropland w/balance in pasture and farmstead areas) while the southside of McDowell Rd and the eastside of US HWY 31E has approx. 117.45 Ac. in all approx. 61 Ac cropland, 50 Ac in pasture, and approx. 6.45 Ac in scattered woodland) Top quality cropland consists of 42.6 Ac of Bedford soil, 39.1 Ac of Crider and 34.9 Ac of Cumberland, all with 2 to 12 percent slopes. Farm has approx. 1887' road frontage on McDowell Rd and 1545' road frontage on US HWY 31E, is served by county water a long all road frontage, and will sell in 15 tracts.

THE TRACTS: Tract #1—7.586 Ac—Approx. 371' Road Frontage (R.F.) on McDowell Rd Approx. 6 Ac cropland—balance pasture. Tract #2—6.182 Ac—280' R.F. on McDowell Rd—all cropland. Tract #3—6.502 Ac—474' R.F. on McDowell Rd—Approx. 6 Ac cropland—balance scattered trees & pond. Tract #4—7.608 Ac—574' R.F. on McDowell Rd—all in grass –fenced for cattle—50' X 100' toolshed. Tract #5—9.031 Ac—52' R.F. on McDowell Rd all in grass, top of the hill, farmstead site. Tract #6—8.603 Ac—55' R.F. on McDowell Rd all in grass, begut first reference Tract #6—8.603 Ac—55' R.F. on McDowell Rd all in grass—beautiful rolling pasture. **Tract #7—**19.646 Ac—171' R.F. on McDowell Rd all in grass—good homesite near McDowell Rd. **Tract #8—**10.861 Ac—125' R.F. on McDowell Rd all in grass—80% fenced—2 bedroom frame home—64' X 44' tool shed—62' X 71 stock barn—great farmstead. Tract #9—11.381 Ac—252' R.F. on US shed—62 X 71 stock barn—great farmstead. **Tract #9**—11.381 AC—252 R.F. on US 31E—mostly cropland—all in grass—partial fencing—great farmstead area. **Tract #10**— 11.494 Ac—146' R.F. on US 31E—all in grass—mostly cropland. **Tract #11—**5.849 Ac— 344' R.F. on US 31E—all in grass—50' X 112' hay or machinery blding. **Tract #12—**5.021 Ac—182' R.F. on US 31E—all in grass—pond—100' long feeding area. **Tract #13—**5.10 Ac—232' R.F. on US 31E—all in grass—pond—2 barns—silo. **Tract #14—**5.005 Ac—233' R.F. on US 31E—all in grass—goes great w/Tract 13. **Tract #15—**17.853 Ac—52' R.F. on US 31E—Top quality cropland –all in grass –some fencing—use of access Rd adjacent to property property

TERMS: REAL ESTATE: 20% down day of sale in the form of cash, cashier's check or personal check with current bank letter of credit addressed to Harned Auctioneers, LLC — Balance on or before 30 days w/ delivery of deed. A ten percent (10%) buyers premium will be added to all winning bids. **TAXES:** Pro-rated to delivery of deed. **POSSESSION:** w/deed. **OWNER:** "Donald McDowell"

FOR COMPLETE DETAILS CALL **BILLY FRANK HARNED** 502-349-9707 OR 502-348-5025 V.BILLYFRANKHARNED.COM



Dial 1-800-222-5555 to report a reckless driver to the Kentucky State Police

