

Bowling team keeps improving

ANGELINA ALCOTT
SPORTS WRITER

Each week the bowling team travels to and from Campbellsville where they practice for a number of hours.

The overall young team is dedicated to improve as individuals and as a team.

Coach Tammy Cooper is pleased with the strides the team continues to make.

"It's still early in the season however, we are seeing a lot of improvement, cohesiveness in the team, and great attitudes," said Cooper. "This bunch has a lot of potential."

A team goal they set early in is to continue to do their best and keep improving. A number of bowlers have already set new high scores for themselves from previous seasons.

One bowler who has continued to tweak his technique is Ryder Dotson, a freshman.

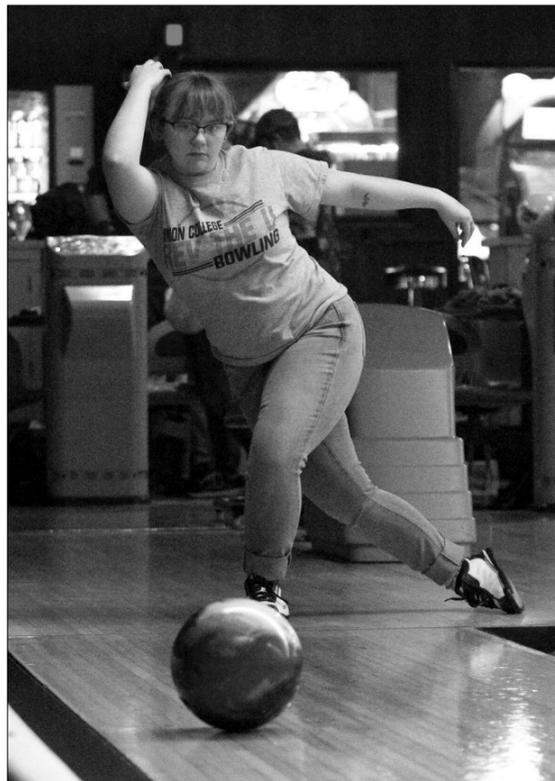
"My personal goal is to beat my high score of 184," said Dotson. "A goal we have for the team is to work together and never give up on each other."

Heaven Cooper, a senior and Union College bowling verbal commitment has led the team thus far in season but

has been forced to step away from the lanes while her injury heals.

Senior teammate Haley Johnson and Cooper both have stepped into leadership roles this season as scorers and mentors to their teammates.

Saturday, the bowling team travels to Elizabethtown and matches up against North Hardin. Match will begin at 9 a.m. CST.



Slow repetitions for Heaven Cooper as she is recovering from an injury that recently sidelined her from the lanes. The senior led the team in scoring until her injury forced her to take a few weeks off.



First year bowler Taylor Adkins, a ninth grader practices her technique. Adkins is one of many new bowlers who joined the team.



Ryder Dotson works on his finish form during a Monday evening practice.

Photos by Angelina Alcott

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Loy wins basketball contest

Robert Loy is the winner of the Nov. 27 basketball contest. He missed three games.

He wins two Green River Live tickets

to the Heart of Kentucky Band, a buffet from Creekside Restaurant, a Phillips Lane gift certificate and a dinner from Lee's Famous Recipe.

He may call the Record-Herald office to arrange for prize pickup.

*Please include a return address on all entries.

GC school lunch menu Dec. 5-11

The Green County school lunch menu for Dec. 5-11 is:

Thursday, Dec. 5: Chicken noodle soup and grilled cheese or pizza, fresh broccoli cup/ranch, corn, mandarin oranges, banana and choice of low fat milk.

Friday, Dec. 6: Chili cheese dog or

chicken nuggets, potato smiles, baby carrots/ranch, pineapple, apple, sidekicks and choice of low fat milk.

Monday, Dec. 9: Boneless chicken wings, bread or hamburger on bun, cheesy potatoes, peas, mandarin oranges, apple and choice of low fat milk.

Tuesday, Dec. 10:

Nacho, beef, cheese or pizza, lettuce, tomato, refried beans, apple-sauce, orange, jello and choice of low fat milk.

Wednesday, Dec. 11: Mini corn dogs or breaded chicken tenders, breadstick, potato wedges, garden spinach salad, pears, grapes and milk.

December Financial Aid tips

High school seniors should keep track of deadlines for applying for college financial aid. Here are some tips from the Kentucky Higher Education Assistance Authority:

File the Free Application for Federal Student Aid as soon as possible.

Check with the financial aid offices of the schools to which you've applied to determine if they require any forms other than the FAFSA.

Look for scholarships using KHEAA's "Affording Higher Education" and a free online scholarship search. You can find a link to a free search site under the "Paying for College" tab on www.kheaa.com.

Attend any college fairs and financial aid seminars offered at your high school or in your area. If a company charges a fee for helping with applications, remember that you can do that yourself

for free. If you decide to pay for help, make sure the company is reputable by checking with the state Attorney General's office or the Better Business Bureau in your area, as well as the area where the firm is located.

KHEAA is the state agency that administers Kentucky's student financial aid programs, including the Kentucky Educational Excellence Scholarship (KEES). Its sister agency, the Kentucky Higher Education Stu-

dent Loan Corporation (KHESLC), offers low-cost Advantage Loans to help students and parents pay for college or to refinance student loans. For more information about Advantage Loans, visit www.advantageeducation-loan.com.

For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926, ext. 6-7214.

Basketball Contest Rules

To enter the contest, contestants may use either this page or an identical page obtained at no charge at the Record-Herald office, 102 West Court Street, Greensburg. You do not have to purchase a paper or anything else to be eligible to win. Only one entry per person. Contestants must circle their winning teams on the page. Should contestants get the same number of games correct, the tie will be broken by the tie-breaker. All entries must be MAILED to the Greensburg Record-Herald, P.O. Box 130, Greensburg, KY 42743. All entries must have an automated postmark no later than FRIDAY, 5 p.m., of this week. To be eligible for the Grand Prize and bonus, an entry must be received by Saturday morning. **Mark all envelopes BASKETBALL CONTEST.** NO ENTRIES WILL BE ACCEPTED IN PERSON at any participating stores or at the Record-Herald. The grand prize will be awarded when a contestant picks the winners of 26 different games. For each week that no one wins, the amount will increase by \$25.

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